

# Druella Acantha Malvina's Column

Gem Of The Month - People who wake up and find themselves successful haven't been asleep.

## Dillicious Lemon Chicken

Combine together in a small bowl:

- 1 cup low fat sour cream
- 1 T minced fresh dill
- 1 tsp lemon pepper seasoning
- 1 tsp lemon zest

Spray a medium casserole dish with non-stick spray. Spoon ¼ of sauce over bottom. Arrange 4 boneless, skinless chicken breast halves in a single layer on top. Spread remaining sauce evenly over chicken. Bake at 425 degrees uncovered for 30-35 minutes or until chicken is tender. Serves 4.

**News from medicine:** Folks who take naps on a regular

A little girl asked her mother for a dollar to give to an old lady in the park. Her mother was touched y the child's kindness and gave her the dollar. "There you are, my dear", said the mother. "But tell me, isn't the lady able to work anymore?" "Oh, yes", came the reply. "She sells candy." (So you see, it pays to be kind D.A.M)

basis lower their risk of dying from heart disease by 37%. (Reader's Digest)

## Some thoughts to lighten your winter

- I fer in-

Q – What do the Toronto Maple Leafs and the Titanic have in common?

don't suf- from

A – They're both fine until they hit the ice

sanity. I enjoy every minute of it.

- I used to have a handle on life, but it broke.
- Earth is the insane asylum for the universe.
- Out of my mind. Back in five minutes.
- The gene pool could use a little chlorine.
- Consciousness – that annoying time between naps.
- Ever stop to think and forget to start again?
- Being over the hill is much better than being under it.

**Exit line** – Reason for an accident – I pulled away from the side of the road, glanced at my mother-in-law, and headed over the embankment.

Three little pigs went out to dinner on night. The waiter comes and takes their drink order. "I would like Sprite," said the first little piggy. "I would like a Coke," said the second little piggy. "I want lots and lots of water" said the third little piggy. The drinks are brought and the waiter takes their orders for dinner. "I want a nice, big steak," said the first little piggy. "I would like the salad plate," said the second little piggy. "I want lots and lots of water," said the third little piggy. After they finished their meals, the waiter asked if they'd like something for dessert. "I want a banana split," said the first little piggy. "I want a root beer float," said the second little piggy. "I want lots and lots of water," said the third little piggy. "Pardon me for asking," said the waiter, "but why have you only ordered water?" The third little piggy said "Well, somebody has to go 'wee, wee, wee

## Pat's Jams

### MAPLE IN THE COUNTY

MARCH 29 & 30, 2008  
 JAM TASTING, HAND KNITS  
 OVER 130 KINDS OF JAMS,  
 CHUTNEYS, RELISHES  
 FREE COOKIES FOR KIDS  
 WITH WRISTBANDS  
 BAKE TABLE AND QUILTS  
 BY SOUTH BAY U.C.W.

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