Druella Acantha Malvína's Column

Gem Of The Month - Flattery is like chewing gum. Enjoy it, but don't swallow it.

Easy Cheese and Ham Soufflé News from Medicine - Smoking during pregnancy can 8 eggs, separated harm the baby in ways that extend far beyond preterm de-In large bowl whisk together livery or low birth weight. It causes changes in brain de-8 egg yolks velopment that can last a lifetime. Prenatal exposure to 1/4 tsp each saly & pepper nicotine is known to alter areas of the brain critical to 1 cup milk learning and memory. (Reader's Digest) pinch ground nutmeg 1/4 cup chopped fresh parsley <u>, Îlean în contra cont</u> 3 T. all purpose flour A couple was having some trouble, so they went to see a marriage counselor. After several visits, the counselor said he knew wha the problem was. He stood up, went over to the woman, asked her to stand up and gave he a hug. He turned to the husband and said, A couple was having some trouble, so Stir in 1 cup shredded Swiss or Cheddar cheese and 1/4 cup chopped ham. In a separate bowl beat egg whites until several visits, the counselor said he knew what stiff peaks form. Fold into egg yolk mixture. Pour mixture into oven proof dish. Bake in centre of oven at 350 the woman, asked her to stand up and gave her degrees for approximately 30 min. or till mixture is puffed, dark golden and top is firm to the touch. "This is what your wife needs every day." The man thought for a moment and said, "Okay, what time do you want me to bring her in Two elderly gentlemen met on the way to the funeral of one of their long-time buddies. The tomorrow?" deceased was thought to have accumulated Some simple home remedies: much wealth. On the way to the cemetery, one 1. If you are choking on an ice cube, simply pour a cup of old fellow asked the other, "How much did he boiling water down your throat. leave?". The other fellow replied, "All of it." 2. Avoid arguments with the Mrs. about lifting the toilet seat by using the sink. А 3. For high blood pressure sufferers - simply cut yourself to bleed and reduce the pressure in your veins. Remember few peculiarities of the English language: to use a timer. 1. Two longest one-syllable words - screeched, strengths. 4. If you have a bad cough, take a large dose of laxative. 2. No word rhymes with - month, orange, silver, purple. Then you'll be afraid to cough. 3. Dreamt is the only word that ends with "mt". 5. Drive carefully. It's not only cars that can be recalled by 4. The only four words that end in "dous" - tremendous, the maker. horrendous, stupendous, hazardous. 6. If you lend somebody \$20 and you never see that person again, it was probably worth it. Pat's Jams Tail Ender - I have never killed a man but I have read many obituaries with great pleasure. Jams Chutneys Relishes Diabetic jam also Gift Baskets available from \$10 Ready-made or made to order NOTICE

> All enquiries regarding use of the Milford Town Hall should be directed to the County offices at 476-1159

113 Morrison Point Road Phone 476-6929

Visit our jam house!

Wedding favours