Join South Shore AGM June 8—

learn about Ostrander Point & Point Petre biodiversity

Protecting and preserving public lands in Prince Edward County's remarkable South Shore is why local, provincial and national organizations founded South Shore Joint Initiative (SSJI) in 2018. With public consultation concluding in March, work is well underway to create a new South Shore Conservation Reserve.

On Wednesday, June 8 starting at 7 p.m., SSJI's online Annual General Meeting (AGM) will feature some of the fascinating research into the South Shore's rare, fragile and interconnected natural ecosystems.

Our guest speaker this year is Susan Grigg, Senior Park Planner for the Ministry of Environment, Conservation and Parks (MECP). Susan will give a presentation about the work MECP has been doing to gain an understanding of the level of biodiversity in Ostrander Point Crown Block and Point Petre Provincial Wildlife Area. Everyone welcome. Visit the SSJI Events page on ssji.ca to RSVP online.

Get outdoors! Join a volunteer-led South Shore Stroll along Simpson Road June 11

Keen to step out and enjoy the South Shore? As always, our South Shore Strolls continue to be very popular and we know that early summer is one of the best times to enjoy our South Shore. Point Petre Provincial Wildlife Area will be busy with breeding birds. Summer wildflowers will be in bloom. Butterflies will be plentiful.

The Stroll on Saturday,
June 11 starts at 9 a.m. and
will investigate the more westerly part of the wildlife area
with a walk from Army Reserve Road to Lake Ontario on
the extension of Simpson
Road. Participants are reminded to wear sturdy footwear
and be prepared for sun. Visit
the SSJI Events page on ssji.ca
to RSVP for June 11 South
Shore Stroll at Simpson Road.

Pack a picnic for the Hudgin Log House Summer Social on June 25

The Hudgin Log House Restoration Committee looks forward to bringing community members together at this fun all-ages event. Everyone is

invited to visit Hudgin Log House at 191 Ostrander Point Road on **Saturday**, **June 25 starting at 11 a.m.** This free, bring-your-own-picnic event will celebrate early summer with music, face painting by Happy Faces, bluebird box painting and more!

Lemonade and cookies will be available for purchase and there will be a silent auction. We look forward to Laura Edge giving us a sneak peek at her upcoming Hudgin Family book and taking a walk to Lake Ontario. This is a great opportunity for the whole family to enjoy a wonderful afternoon in our South Shore and learn more about the restoration of Hudgin Log House!

Visit the South Shore Events page on ssji.ca to RSVP now for the June 25 Hudgin Log House Summer Social.



Osteopathy in the County

Osteopathy is a gentle, non-invasive manual therapy that treats patients as a whole, finding and addressing the root cause of the problem.

Osteopathy can treat ailments including back pain, shoulder pain, hip / knee pain, headaches, tennis / golf elbow and arthritis to name but a few.

- * I am a Manual Osteopathic Practitioner who gets excellent results with a holistic approach and personalized care.
- * I have been training and working in the Health and Wellness field for over 20 years.
- * I am passionate about working with individuals of all age to maximize vitality, and the freedom that comes from movement.

Call today to learn more!

Brad Puklicz, D.O.M.P.

Two locations to serve you:

2L—206 Main Street Picton 438-777-7272 Wellington Physiotherapy (between Dari Bar and Wellington Bakery on Highway 33) Wellington 613-399-1114

www.osteopathypec.com



Brad@osteopathypec.com