

Sharing an Opportunity to Forge a Special Relationship



Gigi - Mirror Photo

grative energy worker through The Way of the Heart. She is also working to become a certified instructor through Harmony Horsemanship which teaches the practice of using a calming connection with horses rather than force to achieve a desired outcome.

It is that approach to her interactions with horses that led her to have Gigi, a retired thoroughbred racehorse that needs loving care as she transverse her senior years, join Marley at her stable. Then along came Sunshine and Leo, both of whom have suffered some trauma in their lives.

The affinity she felt for horses in her youth has led her

along a path to a relationship that she says is so incredible, she wants to offer the opportunity to others. Hollie is offering the chance to experience spending quality time with horses, whether it be grooming, leading or just hanging out. She is also hoping to be certified in Harmony Horse-

manship by Spring and will be offering those services as well.

Anyone interested in finding out more can connect with Hollie at reespiritholisticway@gmail.com, 613-503-5433.

Oh yes, and those panic attacks? A thing of the past.

(Continued from page 2)

nues she explored was Reiki, which is a therapy that uses the energy around a body and transfers it for healing purposes through the palms to other bodies. Hollie is now a Reiki master and also an Inte-

Back the Build

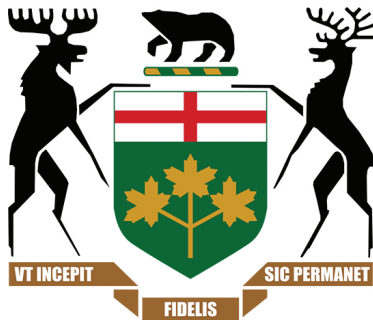
Give to Your New County Hospital



Local Maple Syrup for Sale

Wilbur Miller
119 County Road 16
Black River
613.476.8350

613-962-1144 ♦ toddsmithmpp.ca



I am pleased to assist you with Ontario provincial programs and services

MPP Todd Smith

Bay of Quinte

Constituency office: 5503 Hwy 62 S, Belleville, Ont. K8N 0L5 (Rossmore Plaza)
Monday-Friday 9:30 a.m. to 4:30 p.m. By appointment only during COVID-19