Pedalling for Parkinson's Comes Back to South Marysburgh August 20-22

pledges. Riders are encouraged to try to get pledges of at least $500, if they can.

"Every cent of the money we raise through the ride goes directly to research to find a cure for Parkinson's disease," Krista said. "We hope to raise another $100,000."

But riding in place didn't fulfill the need for the camaraderie that comes with getting together. Now that 2021 is here, the ride is back on. Krista and Jim are expecting about 100 riders, a lot of them people with Parkinson's. They have developed a variety of ride routes each of three days of varying lengths – 40 to 120 kms. Some might stay within the South Marysburgh boundaries, others might venture

Krista and Jim help organize the Pedalling for Parkinson's event in Prince Edward County.

further afield to areas such as Waupoos.

Each day the rides start and stop at the Mount Tabor Fairgrounds. The ride is not a race. Riders can choose their own speeds. Lunch is available back at Mount Tabor each day. COVID-19 protocols and courtesy to the community will be in place. "We are so grateful to this community for welcoming the Pedalling for Parkinson's event and for helping us to keep it alive. People here have been amazing and we've had a warm welcoming from Mayor Steve Ferguson and Councillor John Hirsch," she said.

How Can South Marysburgh Help

"We would love to have volunteers," Krista said. "It would be great to have people along the ride routes and at Mount Tabor."

If you want to volunteer, contact Bruce Dowdell at 613-476-8891 or email vidvar@kos.net

If you want to learn more about Parkinson's or donate, go to Pedalling for Parkinson/Prince Edward County.

Finally, and most certainly on the August 20th weekend, watch for cyclists in South Marysburgh and environs and give them a friendly wave and as wide a berth as you can.