

# Gazpacho


## A Soup for Summer

By David Larkin

With the arrival of the tomato season, this recipe for a cold soup is a great way to make the most of the excellent County produce stands. Mind you, when my son and his then wife were running the Milford Bistro/Coffee Gallery they had one fractious customer who insisted on having it served hot!

- 1 small onion, chopped
- 1 cup peeled and diced fresh tomatoes
- 3 cups vegetable juice (Garden Cocktail or V8 preferred)
- 1/2 cup diced green pepper
- 1/3 cup French dressing
- 1/2 cup diced celery
- 1 Tbsp. lemon juice
- 1/2 cup diced cucumber
- Salt and cayenne to taste
- 1/2 clove garlic (at least)
- Tabasco Sauce

Place all vegetables and garlic in blender with 1 cup vegetable juice or equivalent. Blend until mixture is smooth. Add French dressing, lemon juice, salt and cayenne with remaining tomato juice. Chill thoroughly. Serve very cold with small bowls of cubed tomato, celery, green pepper and cucumber, to be sprinkled over soup. Serves 5-6.

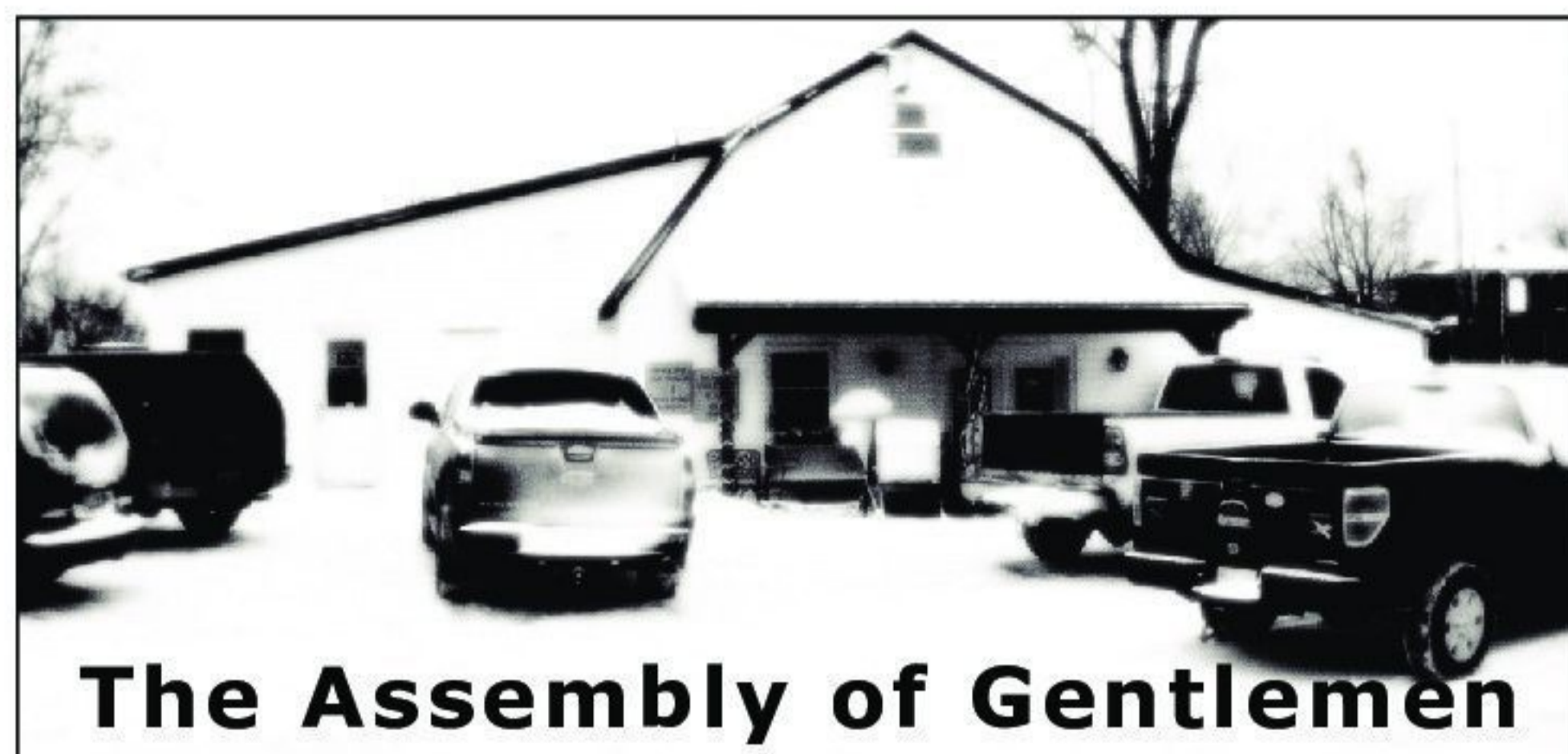


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## The Assembly of Gentlemen

The announcement that the County's Community Development Department had initiated a shuttle bus service between Sandbanks Provincial Park and the downtown cores in Wellington, Bloomfield and Picton was met with approval by the AoG. According to one of the group's spokespersons, "a guy from the County came by one of our meetings, looked at the map of our proposed transportation route in the June Mirror and said, 'Ya know, this might work' then left. The next thing you know, there are buses taking people from the park to every which where and to the beer and liquor store too."

Queried as to whether the group was offended by not getting credit for developing the idea in the first place, the spokesman continued, "Well, it's going to take some time to build what we have planned, so it's good that the County has started the service as a stop-gap. They may put our name on the side of a bus or something. Anything to reduce the number of cars in that goofy mini-mart liquor store parking lot would be helpful – some days it's so crowded you can't even get your tailgate down! "



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