

ST. PHILIP'S ANGLICAN CHURCH
 INVITES YOU TO
**CANOE BLACK
 RIVER**
MONDAY
MAY 22, 2006

THE TRIP STARTS
11.00 a.m. at
GUERNSEYS
(Chapman Crescent)
and ends at
COLLEEN COTTAGE
for Hot Dogs
and Lemonade
All Welcome



Express Magazine - Continued from page 1

Included in this upcoming issue of upfront is an interview with Kingston singer/songwriter Georgette Fry, who initiated Shout Sister!, a phenomenally successful women's choir with chapters in both Kingston and Picton. "This is the type of story that works for both of our communities," says Renaud "and I know that there are other stories out there as well."

Another reason for the change, however, is more personal. "I've been wanting to change the name for some time," admits Renaud "because - and this may sound strange - but I never truly liked the name express, though it almost feels like a part of me at the same time. But our new name, upfront, better reflects what we're trying to do, which is to give people an upfront seat, if you will, to some of the places and events, as well as the exceptional people in Prince Edward County."

The magazine is celebrating its 5th year of publication and this May/June features on the Birding Prince Edward County Festival, Long Dog Vineyard and Winery, a visit to Sahayoga retreat and the latest on the County's changing restaurant scene. As always, there will be book, music and film reviews, and the popular events calendar. "Things are warming up in the County - a time of change," says Renaud, "so what better time for a new name and broader horizons?"

**NEW AT
 COUNTRY SHEARS**

2058 County Road 17, Milford
 Phone 476-2110

**Just in Time For
 Summer Shorts Season**

(1) WAXING

Full Leg \$35.00
 Half Leg \$20.00
 Eyebrow -Lip-Chin \$7.00
 Service provided in a private relaxing area

**Save 20% off
 Waxing May 1st
 to May 27th**

(2) The Ultimate Scalp Massage

Total relaxation describes this treatment, a soothing massage that will stimulate circulation, soothe the nerves and promote healthy hair and scalp.

Massage is followed by Biolage Hydra Therape Cera-repair Pro - a unique complex of protein, ceramide and citrus botanical to nourish the hair. Formulated with Vitamin E acetate and botanicals of algae and aloe vera to immediately moisturize hair. \$30.00.

(3) Paraffin Hand Treatment

Soothe and comfort dry skin with a paraffin treatment. Hands are cleansed and prepared with a rich hydrating cream, then wrapped in warm scented paraffin followed by a relaxing hand massage, paraffin removes dry dull skin cells leaving hands feeling soft and looking good. Also great for arthritic hands. \$12.00

Walker's Greenhouse

**Open House
 Sunday,
 April 30th**



Many Great Gifts for Mother's Day!

Open 8am to 7pm Mon. to Fri. Sat & Sun 8am to 5pm
 County Rd 17 1 km East of Milford Phone 476-1118