Druella Acantha Malvina's Column

Gem Of The Month -Some minds are like concrete, thoroughly mixed up and permanently set.

Researchers at Johns Hopkins University School of Medicine have found that a sibling's history of heart disese is a better predictor than parental statistics. (Reader's Digest)

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Waking, a woman told her husband, "I dreamed you gave me a diamond necklace for our anniversary. What do you think it means?"
"You'll know tonight," he said. That evening, the man came home with a small package for his wife. Delighted, she opened it - to find a book entitled "The Meaning of Dreams."

Everyone is interested in conserving energy and cutting costs. ne way is to use fluorescent bulbs in place of incandescent bulbs. They use 75% less energy, produce as much light as a 60 Watt bulb and can last up to five years. Over the life of one bulb you can save at least \$32.00 in energy costs and last up to 13 times longer than common bulbs. (Reader's Digest)

I had returned from a trip to Scotland and was eager to give the gifts I'd chosen to my husband and children. I had bought a tartan bow tie for 4 year old Tommy, who had never seen one before. He was normally obedient, but resisted my efforts to put it on him. Finally, one Sunday morning, convinces him to let me put it on. As I attached the tie to his collar, his tense shoulders relaxed and he heaved a sigh of relief.

"Oh, Mom," he said, "I thought you were going to put it in my hair."

Are you a smoker and want to quit? Here are a few facts that might help you. If you smoke a pack of 25 cigarettes a day and quit - after 2 weeks your circulation improves and you save about \$100.00. After one year your risk of heart attack is halved and you're \$2,555.00 richer. After 5 years you've saved \$12,775.00.

Lying in bed one night, a woman turns to her man, smiles and says, "I'm going to make you the happiest man in the world."

The man replies, "I'll miss you."

Creamy Chicken and Rice Bake

Mix together in 2 quart baking dish

1 can cream of chicken soup

1 cup water 3/4 cup regular long grain rice

1/2 tsp. onion powder

1/4 tsp. pepper

Stir in 2 cups mixed chopped vegetables of your choice.

Top with 4 boneless, skinless chicken breasts.

Cover and bake at 375% for 45 minutes or until chicken is cooked and rice is tender. If desired, remove lid, sprinkle 1 (one) cup shredded cheddar cheese over chicken, place under broiler till cheese is melted and golden.

From a Public School pupil:-

The people who followed the Lord were called the 12 oppossums.

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