

COLE'S PAINTING

16 Years Experience
Versatile & Reliable
Free Estimates

Lyle Cole
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Ontario, K0K 2P0

Phone: (613) 476-8013

Remember: "It's a small world -
until you try to paint it!"

THE MILFORD MIXED BAG

ART AND CRAFT MARKET

NOW OPEN

3033 County Road 10 in Milford
(at Video Variables)

Featuring: pottery - knitting - books -
jams and soup mixes - woodworking -
art - wooden puzzles - bead work

Many excellent gifts for
Father's Day - June 15

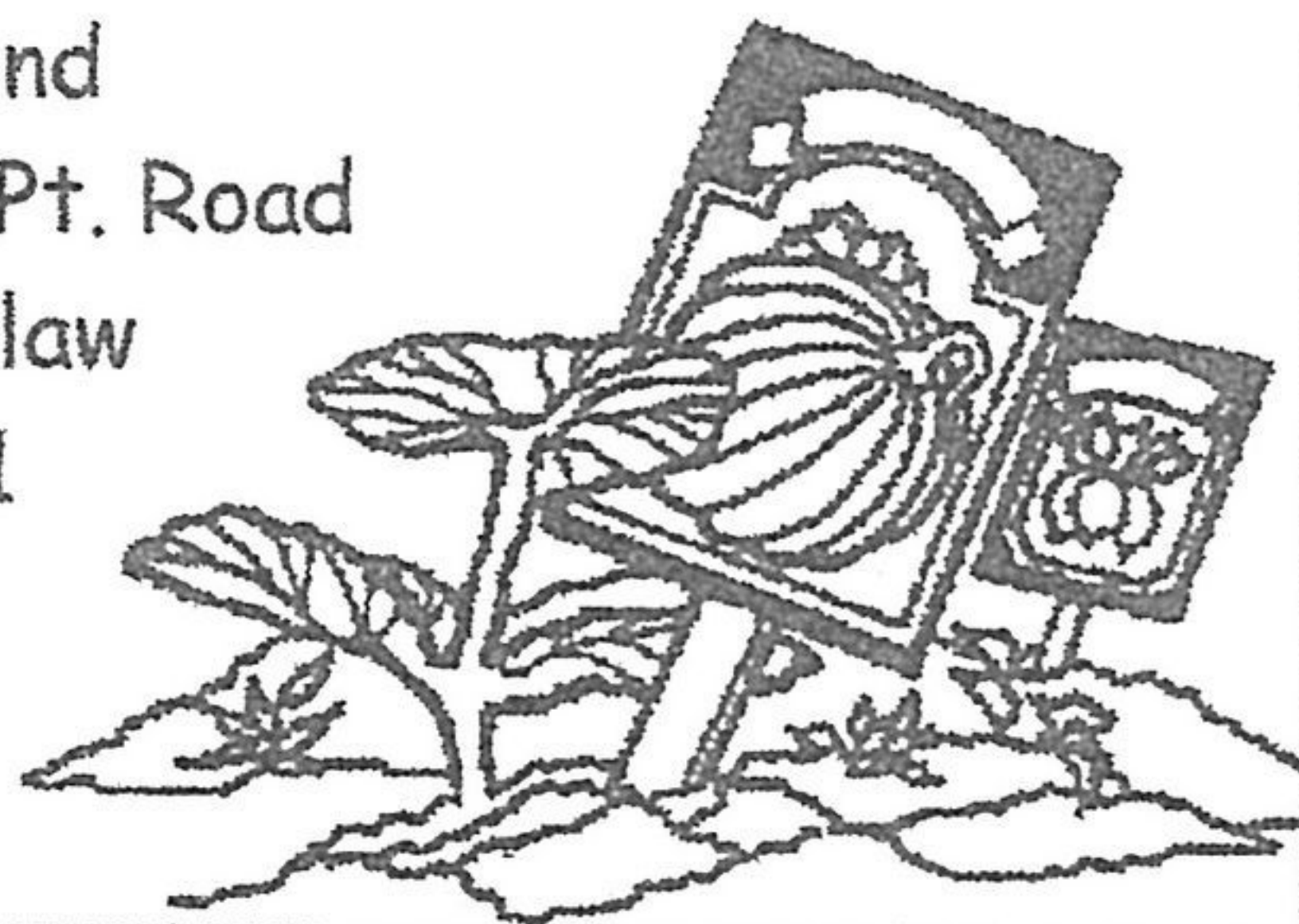
Local artisans who would like to sell their work at
The Milford Mixed Bag should contact

Lenie or Bruce
at 476-8891

Vicki's Veggies

Potted and fresh herbs, unique old
fashion Heirloom seedlings, Green
Garlic Pesto and Salad Greens now
available.

Roadside stand
81 Morrison Pt. Road
Call Vicki Emlaw
at 476-7241



Tim's Amazing Salad Dressing

- 1/2 cup olive oil
- 1/8 cup balsamic vinegar
- 1 heaping tsp Dijon mustard
- 1 tbsp. maple syrup
- 1/2 tsp sesame oil (hot)
- 1/2 juice from a lime

The secret to this recipe is to pour it
over a bag of fresh picked mixed
greens.

- Recipe from Tim Noxon