

PURE COUNTY BOTTLED WATER



Our purification
system includes:

Filtration process
Sediment filter
Softened
Carbon charcoal filter
Reverse osmosis
Ultra-violet light
Charcoal buffer filter

For information on home delivery
phone 476-1376

17 MacSteven Drive
Picton K0K 2T0

Hicks' General Store



Milford
476-5258

Groceries
Gasoline - Ice
Video Rentals
etc., etc., etc.

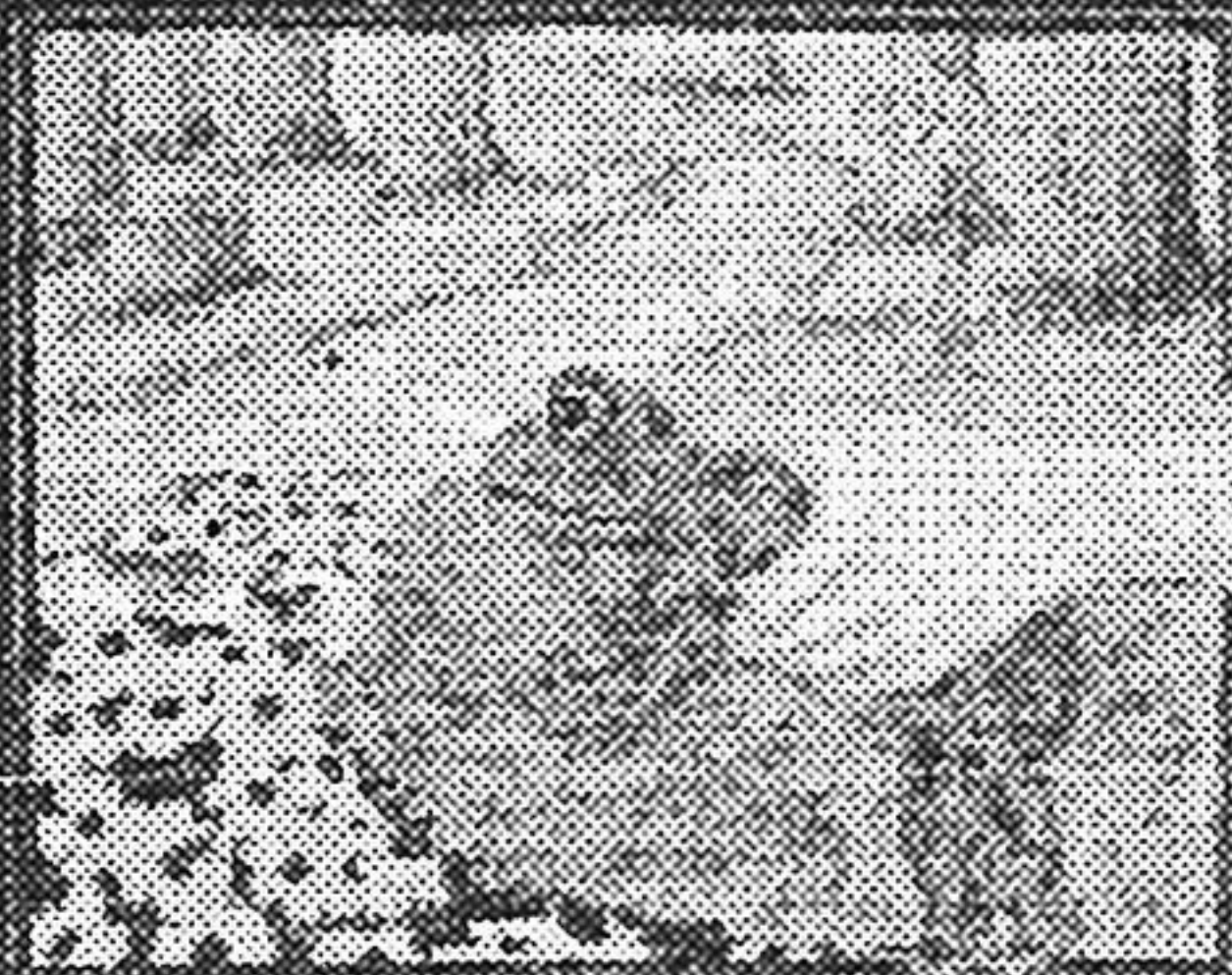
STORE HOURS

Mon - Sat - 7:30 am to 7:00 pm

Sunday - 9:00 am to 6:00 pm

Interac, Visa, MasterCard accepted

Tom E. Toad
Looking for a Safe Place



Children's book,

TOM E. TOAD

\$7.50,
and

**60-page
fun-filled
activity book,
\$5.25**

Teacher's edition - \$8.75

with lots and lots of information
about toads, nature, and the environment

may be ordered directly
from the author, Grandma K,
by calling 393-1412
or emailing ksbc@sprint.ca.

Free delivery locally can also be arranged.
Karen I. Smith

One Day at a Time - Continued from page 13

Dr Robert Schuller often talks about the *power of positive thinking*, and those of us who have read his books on this subject know instinctively that he has touched on one of life's great secrets. The positive approach (cup half full) is fifty percent of the battle. Smiling often and helping others to smile is a priceless gift, because in smiling we are helping our own Spirits to be positive. Remember, a smile is worth a million dollars but it doesn't cost a cent.

Life is for living. Let's get on with it and forget all about this 'age' stuff. Remember, you are only as old as you allow yourself to feel! Let the past take care of itself and ensure that you live only for the present, taking it just one day at a time.

Life is not measured by the number of breaths we take, but by the moments that take our breath away.

Pastor Ian ☺
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