

Druella Acantha Malvina cont'd

broth and simmer, covered for 15 minutes.

1 cup egg noodles - cooked according to directions
Drain and add to soup. Let sit for a few minutes to let flavours mingle.

Obesity-related diabetes has surged in children. The advice doctors recommend to prevent this is an active lifestyle and healthy weight.

One of King Arthur's lesser-known knights was Sir Kugel, a poor man who couldn't afford a horse. He was forced to ride around on a rented St. Bernard. One pitch-black night, Sir Kugel was riding along when a storm caught him. He turned the dog around and approached a nearby Inn. He

knocked on the door and asked for shelter.

"Do you have a reservation?" asked the Innkeeper.

"No," answered the poor knight.
"Sorry, but we're filled up."

The Innkeeper then noticed that Sir Kugel had a St. Bernard for a mount.

"Oh, well," he relented. "Come on in. I wouldn't turn a Knight out on a dog like this!"

In the course of a sermon, our minister referred to the Old Testament story of Balaam and his talking donkey. He explained that God made the donkey tell Balaam how better to accomplish "His (God's) business." "You might say," he added, "That the donkey was God's Better Business Burro."

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Remember: "It's a small world -
until you try to paint it!"



O.P.P. Special Constable
K. M. (Kevin) Tucker
Local Community Service
Officer of the O.P.P.

will be available regularly in the
former Township Hall in Milford.

Please call 476-2151
for the dates and times.

If you have any problems
or concerns relating to policing in the
community

Constable Tucker will be pleased to
discuss them with you.