

*Druella Acantha Malvina cont'd***Did You Know?**

- (1) The skeleton is made up of 206 bones. These are made up mostly of calcium, collagen (protein) phosphorus and water.
- (2) Old bone is continuously being removed and replaced by new bone. Bone-building requires exercise, and a diet rich in calcium, protein, phosphorus and magnesium.
- (3) Healthy adult bones are as strong as pre-stressed concrete.
- (4) Bones are strong enough to carry many times their weight and protect our major organs from damage but light enough to be moved by small muscle contractions. (Reader's Digest)

Did you hear about the big fight Cher, Madonna, Jewel and Fabio had? They're no longer on a first-name basis.

Visiting Australia, a Texas rancher strikes up a conversation with an Aussie who raises cattle. The Texan brags that his spread is far larger than the Australian's and his cattle are twice the size of the ones raised Down Under. Then the Texan sees a herd of kangaroos in the distance. "What are those?" he asks. The Aussie replied, "Don't you have grasshoppers in Texas?"

It is not giving children more that spoils them: it is giving them more to avoid confrontation.

St. Philip's A.C.W.
invites you to their
**Christmas Tea &
Bazaar**

Milford Town Hall
November 25th, 2000 - 2 to 4 p.m.

Potpourri (*Gift Items*)
Christmas Tree (*Decorations*)
Pins & Needles (*Sewing & Knitting*)
Country Kitchen (*Baking*)
Gourmet Delights (*Jams,
Pickles, & Vinegars*)
Sugar Plum Shop (*Candies*)

Tea & Cookies - \$2.50
All Welcome!



**O.P.P. Special Constable
K. M. (Kevin) Tucker
Local Community Service
Officer of the O.P.P.
will be available regularly in the
former Township Hall in Milford.**

**Please call 476-2151
for the dates and times.**

**If you have any problems
or concerns relating to policing in
the community
Constable Tucker will be pleased to
discuss them with you.**