

## Druella Acantha Malvina's Column

Gem of the Month - Biscuits and sermons are improved by shortening.

One of my neighbours went to a beauty consultant for advice on how to improve her looks. The consultant suggested low-wattage lighting.

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Kitchen Tip - Put your ground meat in a heavy-duty plastic bag plus whatever ingredients you want in a meat loaf. Seal the bag, mix all ingredients and form the loaf. Slide the loaf into a pan - presto - no dirty dish or dirty hands.

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### Mini Crustless Quiches

1 Tblsp. butter - melt in small sauce pan  
1/2 cup red bell peppers, finely chopped  
1/4 cup chopped green onion  
Saute in butter 5 mins.  
Cool slightly.  
Combine together in bowl, mix well  
3 eggs  
2 Tblsps. milk  
2 oz. cheddar cheese, coarsely grated  
1/4 tsp. salt  
1/8 tsp. pepper  
Stir pepper-onion mixture into above.  
Spoon about 1 tbsp of mixture into greased mini muffin pan cups. Bake at 425 F for 8-10 mins. till centers are set. Serve hot. Makes about 18 tiny muffins.

### TAKE A MINI VACATION

Take a mini vacation in the hurried world today,  
To smell the flowers in the garden, to see a child at play.  
For often we look to the future and all the joys it brings,  
Missing today for tomorrow, in search of eternal spring.  
Today is a moment of splendour, a time that is here and now,  
Be careful! Do not waste a second, we cannot repeat it somehow.  
Take your mini vacation - aware of what you now know,  
It's the mini vacations we have in life that allow our souls to grow.

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A couple (who shall remain nameless) were desperate to conceive a child and went to their priest to ask him to pray for them.  
"I'm going on a sabbatical to Rome", he replied, "and while I'm there, I'll light a candle for you."  
When the priest returned 3 years later, he went to the couple's house and found the wife pregnant, busily attending to two sets of twins. Elated, the priest asked her where her husband was so he could congratulate him. "He's gone to Rome", came the harried reply, "to blow that candle out."

### HUGS

It's wondrous what a hug can do.  
A hug can cheer you when your blue;  
A hug can say "I love you so"  
Or "Gee I hate to see you go",  
And "Great to see you" or  
"Where've you been?"

A hug can sooth a small child's pain  
And bring a rainbow after rain.  
The hug, there's just no doubt about it,  
We scarcely could survive without it.  
A hug delights and warms and charms,  
It must be why god gave us arms.  
Hugs are great for fathers and others,  
Sweet for sisters, swell for brothers.  
And chances are some favorite aunts

Love them better than potted plants.  
Kittens crave them, puppies love them,  
Heads of state are not above them.  
A hug can break the language barrier  
No need to fret about the store of `em  
The more you give, the more there are of `em  
So stretch those arms without delay,  
And give someone a hug today.