

Spring Full Moons

- Shelagh Kendal

Any full moon can be a time to wonder about our place in the natural scheme of things. While looking up at the perfect orb and watching the path of its reflection streaming across the land, or the water, it is easy to understand how primitive people viewed a similar sight with awe. But in modern times, the three full moons in spring have taken on particular significance.

Since 1945, meditating groups all over the world have made all full moons their special time for concentrating attention on the need to heal and strengthen planet earth. Through sending out thoughts of love and light at these times, many are confident that in some way they are strengthening the power of good of the Great Masters of the Universe - God, Yahweh, Allah, Buddha - whatever they are called.

A full moon is an opportunity for seeing clearly, for channelling universal energy in a positive direction, and so for seeding new patterns of cooperation among all peoples. And the full moons of the months of Aries, Taurus and Gemini are the most powerful. What is sown in spring can be harvested in the fall. This year they will occur on April 15, May 14 and June 13.

It is said that at the end of World War II, with the exploding of the atom bomb, the Great Masters were aware that because our planet was in danger of destroying itself, extra help was required to teach us how to live on harmony. So each year the Forces of Restoration release three new energies in spring to raise our consciousness. What we do with them is up to us.

The Aries full moon heralds a western festival, which is the beginning of a new cycle representing the resurrection and renewal of the Christ consciousness in all human

beings. It is a wake-up call to the need for rebirth and time to begin again. Traditional Easter is always celebrated on the following Sunday. But this year Easter has unusual importance as it is also a lunar eclipse. That means it is a time for heightened sensitivity and an opportunity to recognize and forgive past mistakes, our own and others, so we can begin the new cycle with a clean sheet. A bit of spiritual spring cleaning now will make the future so much easier.

The second stream of energy, or consciousness, is sent out with the Taurus full moon. This is the Wesak (pronounced wee-sack) festival sacred to the East and associated with Buddha who brings enlightenment as well as love. It is perhaps the most collective, showing the need to direct our personal and community power with greater wisdom and objectivity. Although it is celebrated all over the world, the central drama is played out in a remote valley of Tibet, so it is said, where many prophets and holy initiates gather to welcome the spirit of Buddha which returns briefly to bless the Earth.

The third festival is universal and comes at the time of the Gemini full moon, which will be four minutes past midnight, June 13. This Festival of Goodwill specially concerned with improving communications so that all love and wisdom gained through the Easter and Wesak moons can be spread around with the Gemini facility for words. It is the time to remember that all words and thoughts have energy, and what we say and think have repercussions in ways which we need to be aware. Conveying our news with integrity and concern helps the messenger deliver the messages clearly and with love. When we are prepared to do a little rethinking to see how futile and destructive sharp arguments,

untruths and negative thoughts can be we may learn the wisdom of positive thinking and apologising or staying silent. If so, this festival will be a time of revival and optimism.

People who meditate or pray regularly may like to know that doing so at the time of these three full moons adds strength to their efforts. But anyone can join in by sending good feelings towards our wounded planet and its confused inhabitants. Just wishing it luck will help. And we can all do with a bit of that. What we send out is due to come back like a boomerang in six months time.

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