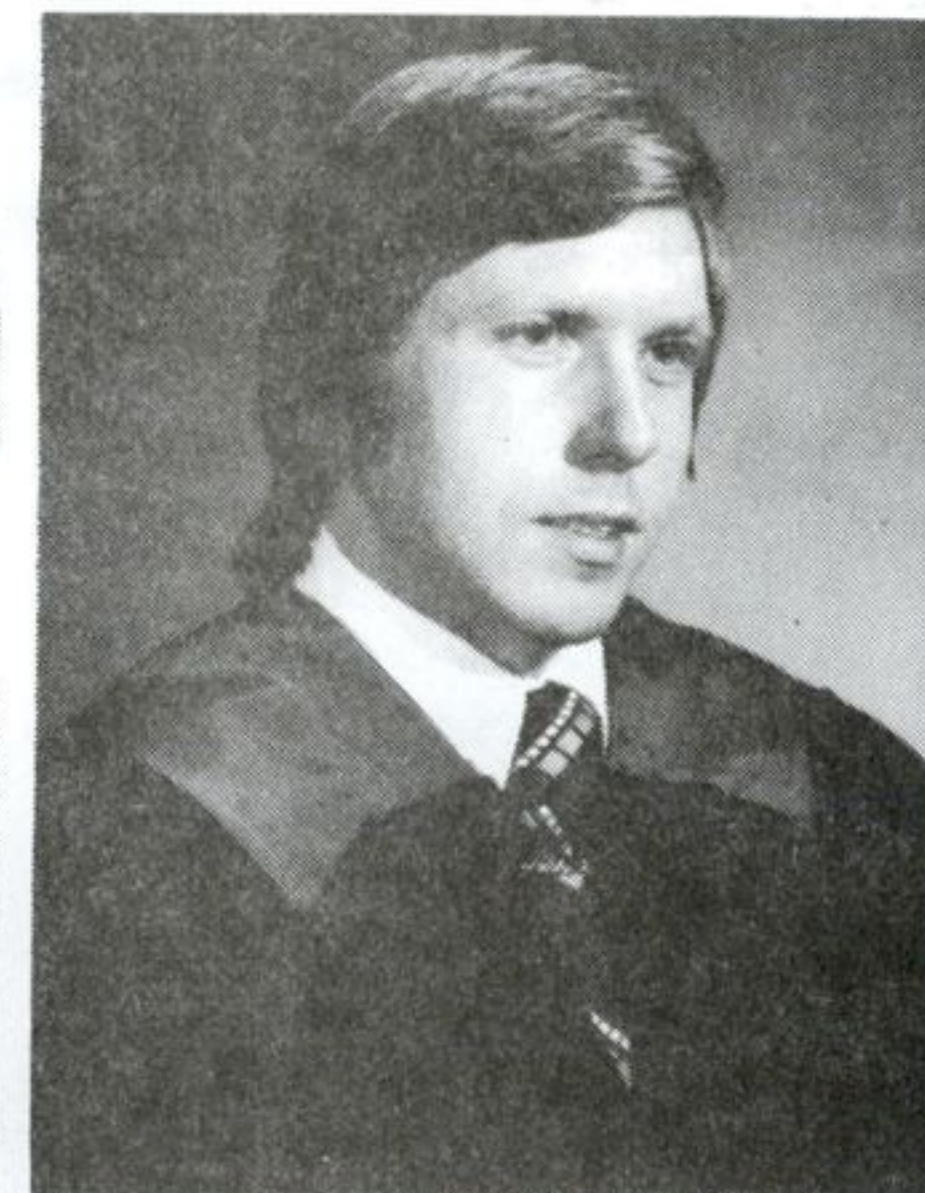


# Church News

## Russell Summer Playground Program



James Campbell, son of Mr. and Mrs. Kenneth Campbell, of Russell, Ontario, recently graduated from the University of Ottawa Law School where he received his Bachelor of Laws degree. A former graduate of York University and North Dundas District High School, Mr. Campbell is currently articling with the law firm of J. W. Baribault, Embrun, Ontario.

**UNITED CHURCH**  
 Minister: Rev. L. S. Woolfrey,  
 B.A., M.P.S. — 445-2866  
 Sunday Service — 11:15 a.m.  
 Sunday School — 10:15 a.m.  
 Jun. Choir — Sunday, 9:30 a.m.  
 Sen. Choir — Thursday, 8 p.m.  
 Bible Study — Wed., 10 a.m.

St. Andrew's and St. Paul United Church, Russell, has a babysitting service for preschool children. Parents wishing to attend morning worship may leave their children with capable adults in the Church Hall.

**BAPTIST CHURCH**  
 Rev. Walter Gawa — 821-2144  
 Sun. Service — Russell 10 a.m.  
 Sunday School — Kenmore  
 11:15 a.m.  
 Sunday Service — Kenmore  
 7:30 p.m.

**ST. MARY'S ANGLICAN**  
 Rev. Lambie — 821-1922

**ROMAN CATHOLIC**  
 Pastor: Rev. M. Minvielle  
 821-2050  
 Regular services to be conducted

**RUSSELL-KENMORE BAPTIST CHURCHES**  
 There is a free bus service for family Sunday School at the Kenmore Baptist Church. For information call Mr. Hal Wahl at 445-2952.

### Russell-Metcalf Anglican Parish Summer Services

July 3 — Metcalfe, 10:00 a.m.;  
 Russell, 11:15 a.m.  
 July 10 — Vernon, 10:00 a.m.;  
 Greely, 11:15 a.m.  
 July 17 — Metcalfe, 10:00 a.m.;  
 Russell, 11:15 a.m.  
 July 24 — Vernon, 10:00 a.m.;  
 Russell, 11:15 a.m.



**LIBRARY HOURS**  
 Mon., Fri. & Sat.  
 2:30 p.m. — 5 p.m.  
 Wednesday  
 11:45 a.m. — 12:45 p.m.  
 Tues. & Thursday  
 7 p.m. — 9 p.m.  
 Telephone No.: 445-5331

### Russell Village W.I.

Russell Village Womens' Institute meeting was held in the Anglican Church Hall on June 7th. Miss Isobel Bell was hostess.

Roll call was answered by naming your favourite flower.

President Mrs. Robert Gamble gave a short report on District Annual Meeting which was held in Russell.

Mrs. Norman Inglis gave a report on the Waterloo Conference.

A bus load of district members are attending a rally in Pembroke, June 15.

Mrs. Norman Inglis and Mrs. Leo Bekkers auctioned off a number of potted plants and slips of flowers.

There were 26 members present and 2 visitors.

A social hour was spent. Mrs. George McCaffrey and Mrs. Ollie Walsh served a beautiful lunch.



Playground Staff from left to Right — Nancy Carscadden, Linda Weatherall, Kenna Paul and Diane Wouters.

This summer, from July 4 to August 19, children from the Russell area will be given the opportunity to attend a Play Program sponsored by the Russell Recreation Association and the Ontario Government. The theme of this program is "Canada — Our Country" and throughout the months various theme weeks and special events will be planned.

Nature hikes, sports, games, singing and outings are just a few of the many activities to be held at the summer play program.

Registration will take place on Monday, July 4 at 9:30 a.m. at the Community Centre. The children will leave at 11:45 for lunch, returning at 1:00 p.m. for an afternoon program until 4:00 p.m. The registration fee will be

\$1.00 per child and children five years of age as of July 1, up to the age of twelve are welcome to attend. We are looking forward to seeing your children participating in our fulfilled playground program this summer.

Playground Supervisors  
 Nancy Carscadden  
 Linda Weatherall  
 Kenna Paul

### CANADA DAY — (Continued from Page 1)

entails a recognition that what is currently going on in Northern Ireland is criminally stupid and unnecessary. The Canadian Lebanese must be appalled at what is happening in Beirut. Even pequisite French Canadians who are today denying this purely Canadian root are ill at ease.

In the community of Russell we must be ready to be effective and useful Canadians. This does not mean that Christians should become Moslems or white people should become black. It does mean that if francophones are feeling threatened then anglophones should go an extra mile to reinforce the use of French: that they should desist from throwing up their hands in derisiveness and helplessness every time someone suggests that a notice going to school children should be bilingual. It also means that because anglophones and everyone else are all feeling threatened by the uncertainties of today's world, that francophones must not push quite so hard and so fast, or hold to old grievances too tenaciously.

Perhaps the Generals Wolfe and Montcalm died of laughter on the Plains of Abraham having had a vision of the curious conundrum called Canadian that they had jointly sired. Curious conundrum it may be to be Canadian but if we are not that we are nothing else, just nothing.

Baird McNeill

## Freezing Fruit

Fruits and vegetables to be frozen should be as fresh as possible. Heavily waxed containers are recommended for packing. With both fruits and vegetables, leave ¼-inch "head space" in each container to allow for expansion.

FRUIT	PREPARATION	PACKING
APPLES	Peel, slice, blanch in steam for 1½ minutes.	Dry (no sugar or syrup)
BLUEBERRIES	Stem, wash, crush slightly	Sugar pack - 4 lbs. fruit to 1 lb. sugar.
CHERRIES, SWEET	Stem wash, pit	Cold syrup pack, 40 to 50% sugar syrup.
PEACHES	Peel, pit, slice	Cold syrup pack, cover with 60 to 70% sugar syrup.
RASPBERRIES, WHOLE	Clean, wash in ice water	Cold syrup pack cover with 65% sugar syrup.
STRAWBERRIES, SLICED	Wash in ice water, cap, cut in ¼-inch thick slices	Sugar pack - 4 lbs. fruit to 1 lb. sugar.
STRAWBERRIES, WHOLE	Wash in ice water, cap	Cold syrup pack cover with 65% sugar syrup.

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 Saturday: 10 a.m. to 5 p.m.

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