

Russell Centre for Women in Distress

"A Place To Go" is a unique service in the Russell area. Mrs. Diane Lillie (President) and Mrs. Joan K. Portal-Foster (Executive Director) are opening their home to provide supportive accommodation and help to women in emotional and emergency situations on a short-term basis. They are qualified to give counselling and advice in areas such as divorce trauma, and

marital or parent-child difficulties. Their aim is to provide an unstructured atmosphere to provide time to think and rest from stresses and pressures. Recreation facilities include an indoor heated pool and sauna, table tennis, billiards, piano, organ and many outdoor activities such as hiking, skiing and bird-watching. Weekend accommodation includes single or

shared bedrooms and two gourmet meals per day for \$50. The daily fee is \$21.

"A Place To Go" is located southeast of the village on the third concession. For more information or if you wish to visit "A Place To Go", contact Mrs. Portal-Foster at 445-2891 or write "A Place To Go", R.R. 3, Box 358, Russell, Ontario.

Place Your

Classified

Action

Ads



Mrs. Joan Portal-Foster has already welcomed visitors from the United States to "A Place To Go"

ST. MARY'S ANNUAL

Plant Sale

St. Mary's Church Hall

Sat., May 7

A good selection is promised so do come in and look around ADMISSION FREE

Time: 2 p.m. — 4:30 p.m.

PLUS

Join your SENIOR CITIZENS in their DROP IN CENTRE in ST. MARY'S HALL BASEMENT for a cup of tea, and some delicious goodies. There will be home baking, and novelties for sale.

Drawing for Quilt at 4 p.m.

ADULTS: \$1.00

CHILDREN: .50c under twelve

TIME: 2 p.m. to 4:30 p.m.

Craft Work Shop at Russell W.I.

A very interesting work shop Curry, read a interesting letter on decoupage and covering coat hangers was held at the home of Mrs. Herb Maluske. Mrs. Russell Phair on Tuesday, March 1. Twenty-one members of Canadian Industries, gave her and nine visitors attended this motto, "Spend a thought before meeting.

Gamble welcomed members held on April 5th, at the home of and guests including 4 members Mrs. George McCaffrey. of the Leonard Branch.

The secretary, Miss Edna meeting.

from the Provincial President,

Mrs. Russell Latour, convener you spend a penny."

The president, Mrs. Robert The annual meeting will be

A social hour followed the

445-2008

MORTGAGES

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NEW COMMERCIAL HOTEL

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PIZZA TAKE OUT

	Ex. Small	Small	Medium	Large
TOMATO & CHEESE	2.00	2.50	3.50	4.50
PEPPERONI	2.75	3.00	4.00	5.50
ALL DRESSED	2.75	3.00	4.00	5.50
PEPPERONI & MUSHROOM	2.75	3.00	4.00	5.50
BENNY SPECIAL	2.50	2.75	4.00	5.50
EACH EXTRA INGREDIENT	.25	.25	.75	1.00

OPEN 6 DAYS A WEEK

from 4 p.m. to 11 p.m. Friday & Saturday - 12 a.m. to 12 p.m.