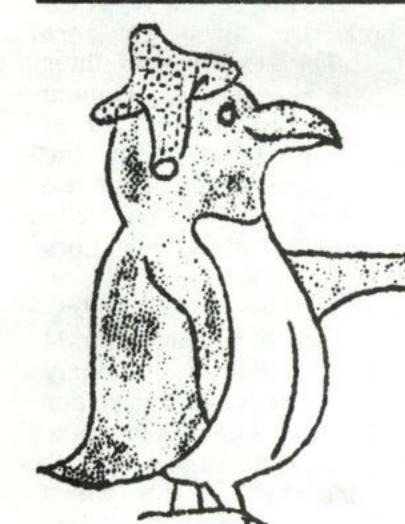
Russell Review

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"You make the News"

February 5, 1977



RUSSELL WINTER CARNIVAL

Feb. 17 to 20

Calendar of Events

THURSDAY, February 17th

8:30 p.m.: WINTER CARNIVAL QUEEN in the R. A. Centre, sponsored by the Russell Lions Club. Admission \$1.00 (See Ad). Program to consist of contestants modelling a variety of fashions from the JO-ANN SHOPPE IN Winchester. Special guest M-C will be Larry Robinson, All-Star defencemen of the Montreal Canadiens, and guest judges Brian Kilrea of the Ottawa 67's and his wife Judy. PRIZES: Queen — \$100.00 gift certificate

2 Princesses — \$50.00 gift certificate

Also featured will be THE BROWN DERBY BOYS, an act which has been in constant demand since its debut at the Curling Club, and the Lion Can-Can Dancers. Door prizes and refreshments.

FRIDAY, February 18th

6:00 p.m.: RUSSELL LIONS 1ST ANNUAL WINTER CARNIVAL MIDGET "A" HOCKEY TOURNAMENT. (2 games tonight balance next day).

8:00 p.m.: LIONS CARNIVAL CASINO in the Arena Hall. Fun games of chance and gambling. Admission: free - Refreshments.

8:00 p.m.: SOUTH CARLETON INTERMEDIATE HOCKEY: N.D.H.Q. VS. Russell Raiders.

10:00 p.m.: MIDGET HOCKEY: Admission for the whole evening is only \$1.00, hockey games included.

SATURDAY, February 19th

7:30 a.m. to 7:30 p.m.: CARNIVAL MIDGET "A" HOCKEY TOURNAMENT. This tournament was put together to bring some of the best Midget Hockey in the area. Such teams competing are The West Ottawa Golden Knights, who represented Eastern Ontario at the Wrigley Tournament in Moncton N.B. last week of January. The Wrigley is the Stanley Cup of Midget Hockey; Brockville Warriors, semi-finalists in the Ottawa International Hockey Tournament, held during the Christmas break; S. Ottawa Canadians who have just been selected to represent the Ottawa "A" League to play the Russian National Midget Team; Nepean Raiders, who have two local boys on their club; Pembroke Lumber Kings, Hawksbury Midgets, Kingston Midgets, who have proven themselves throughout the season. University and Junior "A" scouts will be in attendance at this tournament. Admission: \$1.00.

7:30 to 10:00 a.m.: CARNIVAL SKATE PARTY AND DANCE

Music by Ralph Gemmell and his Orchestra.

Admission: \$2.50 per person— Tickets available from any Lion member or call 445-2107.

12:00 a.m.: 50-50 Winner draw.

12:05 a.m.: North-South Pueter Cup Challenge.

SUNDAY, February 20th

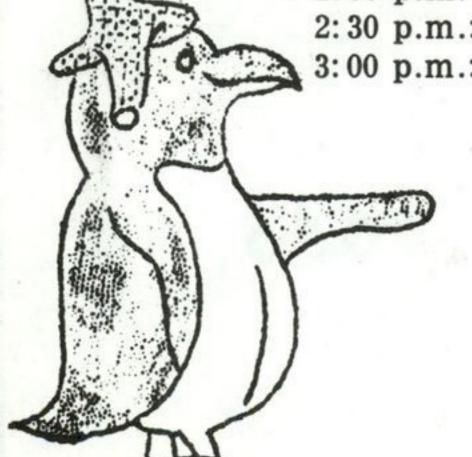
8:30 to 10:30 a.m.: ANGLICAN CHURCH PANCAKE BREAKFAST. Adults, \$1.50; Children, \$1.00; Family, \$5.00

1:00 p.m. CARNIVAL PARADE: Contact Parade Marshal, Hugh Latimer, 445-2007 for information.

2:00 p.m. Minor Hockey Showdown.

2:30 p.m.: North and South Castor Tug of Wars.

3:00 p.m.: Races and Costume Judging.





Sidewalk Talk

by Mark Van Dusen

"Winter Can Be Rosy"

Winter need only be as long and as hard as one wants it to be.

Complaining about the cold and the snow for the whole three months can only make the season seem like an endless white hell.

Yet there are those who, while cursing the wretched powder beneath their feet and damning the frost nipping at their noses, venture outside in the winter only as a last resort.

They hurry the few steps to their cars like people possessed and slam the door. Later, they charge back in as if too much exposure to such a "hostile" environment will turn them to pillars of salt.

And so winter lingers on for the hangers-on who languish inside fattening up like snowmen.

Spring comes and they emerge bloated and breathless but convinced that the only reason they survived was because they stayed inside watching television while the furnace chugged relentlessly.

That they did survive is undeniable, they are the living proof. But there are also those who made it through without being cloistered like monks.

Yes, there are some people who dare to step outside in the winter voluntarily. What's more they do it for fun!

Instead of letting themselves be intimidated by every snowflake that falls, people of this ilk meet Nature head on and make the best of it.

These are the survivors who spend their free time on the ski slopes, the toboggan slides, the skating rinks and the snowmobile trails.

Survivors in this group are identifiable by their rosy complexions, friendly dispositions and slim shapes. They feel that the best way to beat winter is to join it.

Russell residents are lucky in living within an easy drive of some excellent winter recreation sites. Camp Fortune and other resorts in the Gatineau Hills are little more than an hour away with Highway 417 and Autoroute

Upper Canada Village is no farther the other way with its ski and smowmobile trails through scenic Crysler sugar bush and its toboggan slide at Crysler Farm battlefield.

But Russell residents need look no farther than their own doorsteps from which extend acres of wide-open fields spotted with picturesque woods, all interspaced by miles of back roads which only occasionally see a car.

Russell is at the heart of a winter playground.

Cross-country skiing is just one of the winter past-times enjoyed by Russell residents. it is one of the most beneficial and exhilirating exercises one can perform. Some studies rate it above jogging, tennis and swimming in calorie combustion.

After the original outlay for equipment, cross-country skiing costs next to nothing.

One group of Russell residents joined by Walter "Slats" Nibogie, of Metcalfe, and friend recently made a day of cross-country skiing.

A tour along the Castor River and races at a ravine west of the village were followed by hotdogs roasted over an open fire.

It was a family outing -Amanda Jane Rokosh, six months old and barely visible beneath her bunting, was towed along in a sled.

There will be time for a few more trips but before one knows it another long hard winter will have passed — in a flash.



Mrs. Carrie Hall retires as Postmaster

Mrs. Carrie Hall, Postmaster of the Russell Post Office retired December 30th, 1976 after 21 years in that position. Mrs. Hall began working at the Post Office

in 1947 and has received her 25 year badge for service. Mrs. Hall is presently recovering in the Winchester Hospital. We wish her a speedy recovery.



A VALENTINE HELLO . . .

This friendly little rhyme has come for just one special reason, It's meant to say I hope your day is Positively Pleasin'!