

# Church News

**UNITED CHURCH**  
 Minister: Rev. L. S. Woolfrey,  
 B.A., M.P.S. — 445-2866  
 Sunday Service — 11:15 a.m.  
 Sunday School — 10:15 a.m.  
 Junior Choir — Sunday, 9:30 a.m.  
 Senior Choir — Thursday, 8 p.m.  
 Bible Study — Wed., 10 a.m.

**BAPTIST CHURCH**  
 Rev. Walter Gawa — 821-2144  
 Sunday Service — Russell 10 a.m.  
 Sunday School — Kenmore  
 11:15 a.m.  
 Sunday Service — Kenmore  
 7:30 p.m.

**ST. MARY'S ANGLICAN**  
 Rev. Lamble — 821-1922

**ROMAN CATHOLIC**  
 Pastor: Rev. M. Minvielle  
 821-2050

Regular services to be conducted

Anglican and United Church parishioners in Russell jointly offer a stimulating 8-week course. "Learning to Live", a Christian guide to Transactional Analysis, will be conducted by the Rev. Louis Elias of Algonquin College. The course begins Sunday evening, Oct. 3, at 8 p.m. at the Russell School. Registration: \$8 per person; \$15 per couple (cheques made payable to "Learning to Live"). This promises to be a worthwhile adventure in Human Communication. Plan to attend! Please mail cheques to: Mr. J. Jersch, Box 468, Embrun, Ontario.

## Letter To The Editor

Dear Sir:  
 You would think that an editor on the Daily Times Staff would be a little more intelligent than Catherine Ford appears to be. I'm just pleased to see that we have an intelligent (and witty) Russell Review editor.  
 Most English Canadians I know (and I know many!) are much more broad minded than Ms. Ford. . . Thank God!  
 I've pinned your "Go Suck a Lemon Quebec" to a wall in my office because of your thoroughly "a propos" and enjoyable comments. Thank you!  
 Mrs. G. Sauve

P.S. Apart from other things Ms. Ford seems to be unaware of the existence of French Canadians in provinces other than Quebec.

## Horticultural Society Garden Competition

Once again, it was a success. The Russell area had 33 participants in a garden competition for juniors between the ages of 10 and 14.

Some of the gardens were just about perfect. The boys and girls worked hard and kept their gardens free of weeds. We are sorry for some of the gardeners, whose gardens were flooded or hailed. Better luck next year. Our winners this year are: 1st — Sandra Corneau; 2nd — Helena Bols and Kelly Webster; 3rd — Mary Ann and Helena Nyenkemp. We hope all our gardeners will participate again next year.

Yollande Baillon,  
 Junior's Director

## Mrs. William Dow addresses Russell Village W.I.

The regular meeting of the Russell Village Womens Institute was held at the home of Mrs. Russell Phair, with 35 members and visitors present. Vice-president, Mrs. Richard Hamelin, opened the meeting, and presided for the business portion.

A donation was sent to the Muscular Dystrophy fund. Mrs. Walter Kinkaid introduced and welcomed the guest speaker and visitors. Mrs. William Dow gave an interesting talk on a patch quilt. She also showed a quilt made by her grandmother before 1865. It was made to be shown at the Metcalfe fair at that time.

The motto "Our fathers planted the seed, let us be worthy of the harvest" was given by the Tweedsmuir history curator, Mrs. Walter Kinkaid.

Mrs. Lloyd Hay will be hostess at the Oct. meeting.

## Craft Corner

Paper Bag Puppet

Materials: Paper bag (no. 6 size), construction paper, white glue, scissors, pattern of head of an animal (Make size large enough to cover bottom of paper bag), typing paper, crayons.

### Procedure

1. Cut head of animal from construction paper.
2. Draw a horizontal line lightly through mouth. Cut on line.
3. Paste top part of head to bottom of bag to that straight edge is even with fold.
4. Paste bottom part of head to side of bag even with fold.

5. Type, or mimeograph, a simple account of story of Noah and the Ark on a half sheet of typing paper. Include a memory verse at the end. Paste this to the side of the paper bag opposite the one on which the head was pasted.
6. Send animal puppets to children in a hospital, an orphanage or a convalescent home.

## Sirloin or Sludge?

Beefsteak from sewage sludge? What a disgusting thought! But in Australia, an enterprising cattle-farm manager matter of factly recycles into food nine-tenths of the sludge produced by the city of Melbourne (pop. 2,200,000). This is the sludge that feeds the land that grows the grass that fattens the Herefords that puts steak on Australian dinner tables.

At a study day held recently in Burlington, Ontario, James McPherson described to 50 environmental scientists how on the 27,000 acre Werribee Farm just outside Melbourne the local Board of Works raises cattle and sheep on sludge-fertilized grass, a two-and-a-half-million dollar a year operation.

The sludge goes directly into the land without requiring costly treatment. But . . . is the meat produced really fit for human consumption? "Certainly", says Mr. McPherson, showing color slides of beautiful fat-marbled T bone steaks to reinforce his opinion. True there was that brief unpleasantness back in the '30s when Warrabee cattle developed human-type tapeworms, but nobody's perfect. Today the cattle meet all health safety rules.

But. What about cadmium in the sludge? Environmental scientist know there is cadmium in human waste and strongly suspect it's a threat to health. Might not cadmium be taken in by the grass and concentrated in the beef?

"We're beginning to look at that", says Mr. McPherson, adding wistfully, "In the early times, everything went so well and nobody was worried."

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