

CLASSIFIED ADS

PREGNANCY TEST — In total confidence. Metcalfe Pharmacy Ltd., Metcalfe, 821-1224.

FOR SALE — Four burner Beach Gas Range in good condition, 445-5470.

REWARD — will be given to the person who is able to locate our year old Hereford heifer. It has been at large for over two weeks.

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Federated Women's Institute of Canada Convention

Theme of the Convention "FOCUS": Facing our challenge — Unity is Strength.

Mrs. John A. McLean (Ellen) Eureka, Nova Scotia was elected President of the F.W.I.C. in 1973, and was the presiding officer at the Convention. Mrs. Olive Farquharson elected president of the Associated Country Women of the World in 1971 hails from a small country village in Essex, England. She was the keynote speaker at the Convention, her topic being "Facing our Challenges".

The Federated Women's Institutes of Canada is national in character. It co-ordinates the work of the various Provincial Units and initiates nation-wide projects.

It is formed by the federation of the Provincial Women's Institutes in Alberta, British Columbia, Manitoba, New Brunswick, Nova Scotia, Ontario, Prince Edward Island, Quebec, Homemakers' Clubs of Saskatchewan, and the Jubilee Guilds of Newfoundland.

The Federated Women's Institutes governed by a Board of Directors, elected by the provinces. Federal and Provincial Departments of Agriculture assist in Organization, programs and projects.

The Federated Women's Institutes has a membership of approximately 90,000 women, with a total of 4,000 branches. The Federated Women's Institutes of Canada is a constituent society of the Associated Country

Women of the World, which now comprises Women's Institutes and similar organizations in over 30 countries, with a membership of approximately seven million women.

The first Women's Institute was organized February 19, 1897 at Stoney creek, Ontario by Mrs. Adelaide Hoodless and Mr. Erland Lee. The movement soon spread to other provinces, and now is world wide.

500 Women's Institute members from all parts of Canada registered with 135 visitors each day. The largest delegation being from Ontario.

It was three days of Workshop-Discussion Sessions, Resolutions, business. Studying Current Issues and Concerns. One day was set aside and called Prince Edward Island Day. A visit was made to Green Gables, the home of L. M. Montgomery books and also to Woodleigh Replicas. In the evening at Confederation Centre there was a performance of "Anne of Green Gables".

Mrs. G. E. McCaffrey, Provincial Board Director for Subdivision 1 Province of Ontario was a voting delegate from Ontario. Mrs. Lloyd Steele, and Miss Grace Webster attended the Convention.

The new F.W.I.C. President is Mrs. J. Bielish, Warspite, Alberta and in three years the National Convention will be held in the Province of Saskatchewan, the city to be chosen at a later date.

Some Summer Recipes

Old Fashion Short Cake

- 2 cups flour
- 1 tsp. salt
- 4 tbsp. sugar
- 4 tsp. baking powder
- 3/4 cup milk
- 3 tbsp. shortening

Sift flour, baking powder and salt. Add sugar, cut in shortening. Add Milk and stir quickly and lightly. Divide into individual bun and place on cookie sheet. Bake for 20 minutes at 400 degrees. To serve, cut in half pat with butter and cover with strawberries and whipped cream

Rhubarb Short Cake

- 1 1/2 cups finely chopped fresh Rhubarb
- 1 cup shortening
- 1 egg
- 3/4 cup sugar
- 1/2 cup of milk
- 1 1/2 cups flour
- 1/4 tsp. salt
- 1/4 tsp. soda
- 3/4 tsp. baking powder

Cover rhubarb with boiling water, let stand five minutes and drain. Cream sugar and shortening, add egg and beat well, sift dry ingredients and add to creamed mixture alternately with milk. Fold in drained rhubarb and pour into 8" square cakepan and bake at 350 degrees for 40 minutes. Serve warm cover with rhubarb sauce.

Sauce

Cover 3 Cups Rhubarb with water; boil, drain, add 1 cup of sugar and 2 tbsps. flour, cook

until thickened, add 2 tbsps. of butter and serve.

Strawberry Whipped Cream Cake

Cake

- 2 1/2 cups sugar
- 1 teaspoon salt
- 3 cups egg yolks
- 1/4 cup egg whites
- 2 cups cake flour
- 1 teaspoon baking powder
- 1 cup milk
- 1/2 cup butter
- 1/2 teaspoon vanilla

Whip first four ingredients at medium speed for 25 minutes, or until batter peaks and falls slowly. Sift flour and baking powder twice. Melt butter into milk and add vanilla. Fold alternately flour mixture and milk mixture. Blend well, do not whip. Pour batter into three greased 8 inch round cake pans. Bake in 370 degrees F. oven until golden brown (15 to 20 minutes). (Cake should spring back when touched lightly with your finger.)

Strawberry Topping

- 1 qt. whipping cream, whipped
- 1 ounce cherry brandy
- 2 cups chopped and sugared strawberries (reserve a few whole berries)

Add cherry brandy to cream. Put strawberries into 1/2 of the whipped cream and spread cream mixture between 3 cake layers. Cover the cake with the remaining whipped cream and decorate with whole strawberries. Refrigerate before serving.

Bell Telephone . . .

The Other Side

TORONTO — If Canadians think they have expensive telephone service, they should take a look at what some European countries put up with!

Two cases in point were brought to our attention recently by Alf Williams, Installation Co-Ordinator, Toronto Area.

Alf received a postcard from a friend in Israel who had been a constant critic of Bell Canada's service. This gentleman wrote: "Telephones here are scarce. One of our hosts has been waiting six years. My present host didn't even ask for one because he figured he wouldn't live that long. He's 69."

Alf himself spent some time last year in Scandinavia as part of the 14th World Scouting Jamboree.

While there he discovered his host had waited a year and a half for a telephone — after paying a deposit of \$100 which was non-refundable!

The host didn't seem to think this was too unusual.

The same gentleman also paid about \$20 a month flat rate for his telephone which was payable every three months, plus a charge for every call.

This charge varied by the length of the call, time of day and distance, but still applied to all calls.

And horror of horrors — pay phones in Scandinavia Alf discovered had no return chute. So, no matter whether he got a wrong number, no answer to his call, misdialled, or found all circuits busy — he still lost his money.

And some people think Canadian service is expensive!

North Russell U. C. W.

The regular monthly meeting of North Russell unit of U.C.W. was held at the home of Mrs. Carman James on Tuesday evening, June 8th.

14 Ladies attended, Mrs. R. E. Morrow, leader. Following recital of the purpose, and theme hymn singing, the roll call was answered by a verse of scripture containing the word "mercy". Mrs. Wilmer Hamilton conducted the worship with verses from John 1, and readings on friendship and "Going to Rome", followed by a verse of "What a

friend" and prayer.

The minutes of the last meeting were read by the secretary Mrs. C. Hamilton, the financial statement was given by the treasurer, Mrs. C. James. As we are in the process of packing a bale of clothing for overseas, a timely leaflet on "The Tale of a Bale" was read by Mrs. E. Hamilton describing the work involved in packing and preparing these articles for freight to Korea, the main packing being done in Toronto. Readings were given by Mrs. Wm. Eadie and Mrs. C. Hamilton, plans were made re catering for the 60th Wedding Anniversary of Mr. and Mrs. Herbert James of Ottawa who will be honored at the home of their daughter and son-in-law, Mr. and Mrs. Clelland Hamilton on July 4, all are welcome. Grace was sung, sandwiches and coffee were served by Mrs. Hamilton and Mrs. James and a social half hour was enjoyed.

Mrs. A. E. Hamilton

Spool Toys

Materials — empty spools, heavy yarn, cardboard or felt, scissors, paint, brush.

Procedure

1. Make a face out of cardboard or felt. Design and make the face before threading the spools.
2. Punch hole in face where the nose should be. Thread yarn through the nose hole and knot one end several times so knot becomes nose.
3. Thread other end through spools and knot several times at last spool.
4. Make a fluffy tail by cutting several strips of yarn and tying them in the middle with yarn left over after making last knot.
5. Paint with dots and stripes etc.
6. Give spool toy to needy children or enjoy it yourself.

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