

## Russell District Women's Institute

Navan Women's Institute hosted the Annual Meeting of Russell District Women's Institute (inaugurated 1932) in Navan Community Centre on May 25. Attractive and informative displays were set up by all five Branches in the District (Cumberland, Leonard, Navan, North Russell and Russell Village) and also by the District Public Relations Officer.

The morning programme featured reports of the year's work from the Branches, summarized by the District Conveners.

An impressive memorial service, in memory of members who had passed away during the year, was presented by Mrs. Richard Morrow, of North Russell.

Mrs. Robert Russell, District Public Relations Officer, reported on the recent officers' conference at Waterloo. She emphasized good Public Relations and communications, including tips on reporting Women's Institute activities to the press. Miss Helen Aucoin, Home Economist, reported on very successful 4-H Club work, thanking the W.I. for their support. She also warned that low attendance at Senior Training Schools might very well curtail those programmes.

Mrs. Stuart White of Ottawa, reported from the Ottawa Winter Fair, and asked for our continued support in serving tea and cookies at it.

Mrs. Harland Smiley, of Osgoode, spoke on Women's Institute exhibits at the Central Canada Exhibition.

Mrs. G. E. McCaffrey, of Russell, Provincial Board Director for Subdivision 1, brought her report of the Federated Women's Institutes of Ontario Spring Board meeting. A gift was presented to Mrs. McCaffrey as she has completed her three-year term as Board Director, and also to Mrs. Percy Findlay, of Cumberland, who has been Alternate Board Director.

During election of officers for Russell District, Mr. Ronald Edwards, of Cumberland, was re-elected President. She succeeds Mrs. Lorne Bradley, of Navan. Other Officers elected were:

1st Vice-Pres. — Mrs. Peter Romme, Russell W. I.; 2nd Vice-Pres. — Mrs. Keith Dugdale, North Russell W.I.; Secretary-Treasurer — Mrs. Clarke Rathwell, Navan W.I.; Federation Representative — Mrs. R. W. Gamble, Russell Village W.I.; Alternate Federation Representative — Mrs. Francis Wood, Leonard W.I.; District Delegate — Mrs. Ronald Edwards, Cumberland W.I.; Alternate District Delegate — Mrs. Peter Romme, Russell Village W.I.; Public Relations Officer — Mrs. Robert Russell, Cumberland W.I.; Auditors — Mrs. Lloyd Hay, of Russell and Mrs. James Bertrand, Russell.

Conveners of Standing Committees: Agriculture & Canadian Indust-

ries — Mrs. Leo Bekkers, Russell Village W.I.; Education & Cultural Activities — Mrs. Ed James, Cumberland W.I.; Citizenship & World Affairs — Mrs. Francis Wood, Leonard W.I.; Family & Consumer Affairs — Mrs. Robert Booth, North Russell W.I.; Resolutions — Mrs. M. S. Bradley, Navan W.I.; Tweedsmuir Curator — Mrs. W. Wm. Birch, Leonard W.I.; Assistant Curator — Mrs. Martin Burns, Navan W.I.

The afternoon programme began with entertainment by pupils of Mrs. Lorne Bradley, Meadowview School, Navan. They presented a play, which they had composed and directed, "As The Little Red Schoolhouse Turns", complete with their own commercials. They also entertained with square dancing and singing.

Mrs. R. W. Gamble presided over a meaningful presentation of "Pennies for Friendship" as each Branch W.I. presented their contribution to the Associated Country Women of the World.

Mrs. Gamble was presented with a gift in appreciation of her four years as District Secretary-Treasurer.

### Horticulture: Your Flower Garden

The goal on most spare-time gardeners is to have flowers blooming throughout the growing season. Starting a garden need not be hard on the budget if you concentrate on Annuals, Perennials and Bulbs. Your own bulbs and perennials will multiply so mark the spot where they are planted. Your garden will be aglow all summer with these flowers: Tulips for early spring, Daffodils, Narcissus, not forgetting the Lilac, Iris (many varieties and colors), the Peony, Lily of the Valley, Roses and Petunias.

Naturally, flower beds should be located where there is plenty of sun. Good loamy soil is important but remember that poor soil can be improved with humus or peat. Avoid places where there is poor drainage. A background in the form of a fence, strong shrubs or wall, will shelter the flowers from wind and help prevent breakage.

Plant flowers where you can see and enjoy them — from the living room, dining area or better still, the kitchen window. Special care: Do not permit flowers to go to seed. This weakens the plants and stops blooming period.

Fertilizing: Barn yard manure is excellent, but do not use near the bulbs or roots because they will rot. Work your flower beds well and do not overcrowd. Give the plants room to breath.

My sympathy goes to all who have lost their Roses. I have one left, so that will mean starting all over again. If your flowers are not coming as nicely as you would like, apply fertilizer and water with warm water. Keep up the good work. Good Luck!

# BINGO

## June 16, 1976

8:00 p.m.

## Limoges Centre

### Jackpot \$300.00

50 Numbers

Early Birds 7:45 p.m. 50/50

15 Regular — \$15.00

3 Special — \$30.00

1 Special — 50/50

1 Free Game

Permit No.

Admission \$1.00

137250

### Russell County Dairy Princess Addresses Russell Village W.I.

The regular meeting of the Russell Village Women's Institute was held at the home of Mrs. Leo Bekkers. Twenty-four members and two guests were present. The members agreed to give a donation to the Miss Helen McKercher Scholarship Fund.

Mrs. John Achtereekte, past president, was honoured with a presentation card for a Women's Institute cup and saucer.

The subject of the meeting was agriculture with Mrs. Leo Bekkers as convenor. She gave her motto "Farmers feed you, three times a day". Miss Dorothy Bouwhuis, Russell County Dairy Princess was welcomed by the President, Mrs. Robert Gamble.

She gave a talk and demonstration books and pamphlets on various topics. These are available to every one free of charge at our new agriculture office in Embrun. A way to lose weight she said, is to drink a glass of milk before each meal, it is not fattening, but filling, so you won't eat as much.

Mrs. John Achtereekte gave a report of the convention in Waterloo which she recently attended. Mrs. Andre Cousineau will be the hostess for the July meeting.

P.S. Every one is welcome at our meetings, which are held every first Tuesday of the month.

### Betty Lynn Morrice visits Russell

Miss Betty Lynn Morrice, daughter of Doug and Helen Morrice of Edmonton, Alta, and granddaughter of Robert Morrice of Wednesday, was in town of Russell, May 19. She is part of a team of young students from the University of Alberta, promoting "Klondike Days" for the City of Edmonton. She was one of the eight chosen out of hundreds of applications, and will be working all summer on the Project for the City of Edmonton.

Betty Lynn attended the monthly dinner of the Friendship Circle Senior Citizens and gave a short talk on her Klondike Days costume, in spite of the very inclement weather.

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