

knowledge and abilities under simulated emergency or distress situations. Areas covered will be first aid, rescue breathing, and a number of common problems associated with camping, hiking, biking or around home and school. The boys should get a lot out of it.

Regular Monday and Tuesday night meetings are now being held outdoors as much as possible, with canoeing skills being practiced for the up-coming June canoe trip on the Mississippi River, and the Rideau Area Scout Sports Day which will be held in Russell again this year.

Dick Sherwood

RUSSELL SWIMMING POOL

Another summer is coming and your Swimming Pool is in urgent need of interested adults to serve on an operating committee. If you have a child or teenager who benefits from the existence of the Swimming Pool, please consider volunteering for a season. Much work has to be done to get the pool ready for use and staff must be hired for the summer. If you are willing to offer your time, or if you have expertise to offer, please contact Mr. Dick Sherwood, or the President of the Recreation Association, Mr. Bernard Pelot. Your help is urgently required.

N E W S

Russell Minor Hockey held its annual banquet April 4th, 1975 in the Catholic Church basement. Two trophies were presented for each division by the Russell Minor Hockey Association.

	MOST VALUABLE PLAYER	MOST IMPROVED PLAYER
Bantam Division	Claude Patenaude	Paul Boland
Pee Wee Division	Allan Frappier	Frank Bols
Atom Division	Ronnie Bowhuis	Kevin O'Reilley
Novice Division	Kenny Carscadden	Jeffrey Groot-Lipman

The Beric League presented a trophy to the top scorer of the PeeWee division. Paul Bourdeau was the recipient.

A trophy was presented to Paul Labelle of the PeeWee division for the most valuable player during play-offs. This trophy was donated anonymously.

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The Russell Invitational Volleyball Meet saw the Russell boys take it for the second year running over Martintown. The team involved were Scott Cameron, Greg MacLaren, Kirk Rothenberger, Alex Hayward, Bruce Otto, Mike Larocque, Kim Eadie. The Martintown girls won for the third year running. We understand their win over the Russell girls was upsettingly close.

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PUBLIC SPEAKING - The public speaking contest was held at the Russell Public School recently and for the third year running Pamela Smit won top honours. Chris Coates was second, and Paula Cleroux third.

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The Grade 8 students of the Russell Public School are planning a trip to Moosonee. The departure is arranged for 8 a.m. June 17th at the Public School. Their return is expected June 19th at 7 p.m. The students have been conducting a number of fund raising projects. i.e. (Hot dog sale every Friday).

There are several purposes for this particular destination, one of which is educational value. The students will have an opportunity to see first hand, areas they have