What recreation do you want?

By Greg Rokosh

From time to time the Castor Review receives information about some of the interesting and unusual recreational activities involving some of our friends and neighbors. Activities such as riding, swimming, reading, painting, skiing, acting, quiltmaking, bridge, running — the variety is endless. The one aspect making all of these activities recreational is that they are usually done in leisure time and satisfy a need which is not related to making a living, but rather to enriching the quality of one's life.

As a service to the communities in the Castor area and to give our staff more ideas for stories and features, the Castor Review is conducting a survey to determine what kinds of recreational activities interest and engage it's readers.

Horse Bits

The column this month is bor-

rowed from The Corinthian which

published the information on

horse stable contracts after receiv-

ing the letter from Lola. She has a

copy of a sample contract she'll

Lola Wood of Pinetree Stables in

"I have been looking in vain for

a workable contract for boarding

stables. I want something that

show anyone interested.

Russell, Ontario writes...

Question:

Public

speaking

A contract for protection

We will publish the results in our next issue and will also communicate with various community organizers to pass along information which may help them in making up their recreation plans.

This survey should give us an idea first of all of the degree of interest there is in recreation in each community. Secondly, it should indicate which specific recreational activities people are doing, the kind of activities they would like to see available, and what they would be prepared to do to see these activities developed.

Recreational activities are, by their very nature, voluntary. They can be engaged in alone — things like painting, walking, reading, model building, or bird watching — and some forms require the participation of others — things like team sports, chess, checkers,

could be altered slightly for an in-

dividual stable but would still

stand up in a court of law. I'm

sure other stables would be in-

terested if they understood the

David Shortill is the ideal per-

son to answer this particular ques-

tion as he is not only a lawyer but

also a knowledgeable and ex-

perienced horseman who has own-

ed and showed horses most of his

life and thus has considerable in-

sight into the business end of

boarding stables. In 1968 David

was one of the founders of THE

CORINTHIAN. He still writes as

a guest columnist from time to

Very few stables have actual

boarding contracts as many horse

people are nervous about signing

them and also most stable owners

do not operate their stables true to

have what David refers to as

'WAIVER OF LIABILITY

CLAUSES' - forms which help

to protect stable owners against

some of the "risks involved"

boarding horses that you mention.

A limited number of stables do

standard business procedures.

risks involved.

Expert

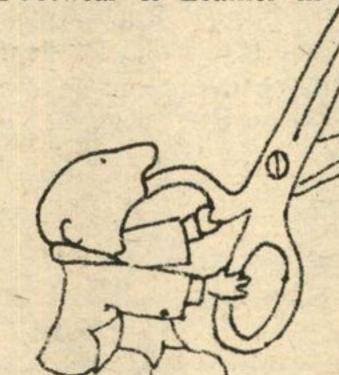
time.

Answer

or card playing. Whatever the activity, they all become more enjoyable if we can share stories and experiences with someone having similar interests and from whom we can perhaps learn about new and interesting techniques or variations to keep the activity entertaining and meaningful to us.

Thank you in advance for your participation in this survey. As an incentive, we are offering a year's free subscription to one lucky individual whose returned form is drawn at random from those received. How can you resist?

Please return your completed form to The Castor Review, Box 359, Russell, Ontario or drop it off before April 7th to Maria-Bianca's, Tyo's Red and White, Wade's Footwear & Leather in Russell.



Here's what I think:

(optional) Community: _ No. in household:_ Ages: 0 - 5 yrs.____ adult males adult females_ 5 - 12 yrs.____ senior males 13 - 16 yrs.____ 17 - 19 yrs.____ senior females_

What forms of recreation are you and members of your household presently involved in:_

What forms of recreation would you or members of your household like to see in your community:_

What specific recreational skills or interest which you or members of your household have would you be willing to share with others in your community:

Would you be prepared to volunteer some of your time and energies to help organize or support the recreational activites of yourself or someone else in your household or in your community?

Mail to: Castor Review Box 628 Russell, Ontario KOA 3BO

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Festival

The 6th Annual Richelieu Arts Festival will be held at the Embrun Recreation Centre on Sunday, May 2. A number of prizes totalling \$1200 will be given to the winners of various artistic categories.

age and live in or attend school in Russell Township. Entry forms may be obtained from local schools or the Embrun Library.

Specific instructions will be given to the participants after the entry forms have been received and, because of the ever increasing number of participants, there is a possibility that the committee will institute some form of elimination prior to the festival date.

The Arts Festival is one of the rare events where our youngsters have the occasion to demonstrate their cultural and artistic talents so let us hope that, as in the past, participants, parents and teachers alike will give their full support.

Further information may be obtained by phoning Gaetan Legault in Embrun at 443-3104.

Richelieu Arts

Participants must be of school

METCALFE PHARMACY LTD.

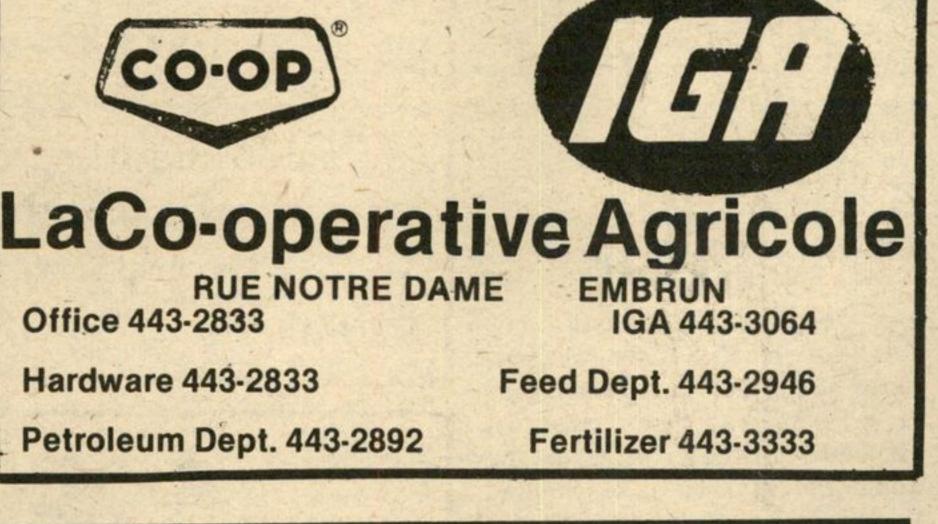
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contests A public speaking competition sponsored by Club Optimiste

d'Embrun was held recently in Embrun. Entrants gave a 5-minute speech in French on "Vous et Moi et le Futur" (You and Me and the Future) which they had written themselves. There was 3 entries from Ecole

St. Joseph in Russell and five from Ecole St. Jean in Embrun. Winner in the boy's category was Stephane St. Denis from Ecole St. Joseph and the winning girl was Claudine Provost from Ecole St. Jean. Congratulations, Stephane and Claudine.

Andy Kingsbury, of Metcalfe, has won the Carleton Board of Education's Public Speaking Award.

The Metcalfe Public School student competed with Michael Neill, of Stittsville Public, and Tammy McKee, from Sir Winston Churchill Public School, at the Cable 12 Television studio.

Russell skate-a-thon held

The Skate-a-thon organized by l'ecole St. Joseph in Russell was a resounding success with \$2,222.72 raised by pupils to help finance educational trips, student incentive awards, films, and so on.

All who took part thank the many individuals who supported their efforts. The following students raised the most toward the objective: Greg Bols, Chris Cousineau, Rhonda Carscadden, Nicole Oullette and Brian Fleming.