Gupboards

by Margot McCallum

No chatter for you this month. Just recipes, as promised. With wishes for a Merry Christmas and a Happy New Year.

TOMATO JUICE FRAPPE

1 pint 2-ounce can tomato juice 1 small onion, sliced

Few celery leaves

Dash of Tabasco sauce

1/2 teaspoon salt

1 teaspoon unflavored gelatin

1 tablespoon cold water

Combine tomato juice, onion, celery leaves, Tabasco, and salt in saucepan. Bring to boil and simmer about 5 minutes. Strain.

Sprinkle gelatin over cold water and let stand 5 minutes. Add to hot tomato mixture and stir until dissolved. Cool.

Pour into refrigerator tray and freeze to a mush, stirring occasionally. Serve in sherbert glasses. Serves 6.

by Dorothy Marquette

Gwynfor are spending a few

weeks with relatives in England.

Mrs. David Roberts, Elwyn and

Mr. and Mrs. Robert Gamble

Mrs. Hilda White of Oshawa

Mrs. Donald Hay visited her

brother and sister-in-law Mr. and

Mrs. Norman Boyd of Cleveland,

daughter, Mrs. John Pop of Kit-

chener, were weekend guests of

by Elma Sutherland

of Greely-Manotick Station

Women's Institute, members and

guests visited Pirjo-Liisa Fashions

where the ladies bought clothing,

with a discount being refunded to

met at the home of Mrs. May

Harper, where the hostess and

Mrs. Milton Payne demonstrated

cooking skills learned at the adult

training workshop "Food for All

Seasons." The ladies were shown

how to make egg noodle dough

which was cut into noodles and

made into ravioli pockets which

were stuffed, boiled, sauced and

and friends attended the Orpheus

Christmas meeting to be held

December 15th at the home of

FEDERATED W.I.

is thoroughly attempted" said

Janet Hiepleh, President of the

Federated Women's Institute of

Ontario at the annual meeting in

Toronto. With this purpose in

mind the Delegates representing

the 27,000 members in Ontario

passed a resolution requesting the

Governments to help home

owners, farmers, and small

businesses refinance their debts by

making loans available at a lower

interest rate.

"Nothing is achieved before it

On 24th November, members

The next meeting will be the

eaten with much enjoyment.

production of "Brigadoon."

Mrs. Ann Loughlin.

On 23rd November, members

the branch.

Instead of the regular meeting

Mr. and Mrs. Atkinson and

and Mr. Ronald Stewart of

Toronto, were guests of Mr. and

visited friends in Boston and

Gloucester, Mass.

Mrs. Edgar Loucks.

Mrs. Robert Atkinson.

Ohio.

More party fare: Goodies for Christmas

PARTY SANDWICH LOAF

Prepare the following sandwich fillings: ham salad, cottage cheese and crushed pineapple, deviled eggs, and chicken salad.

Remove crusts from an unsliced loaf of enriched bread and cut lengthwise into five slices. Spread each bread slice with softened butter. Spread ham salad between first and second slices of bread;

Mrs. Gordon Robinson of Win-

Mr. and Mrs. James Morrow of

Mr. and Mrs. Hubert Mac-

Donald and Keith were Sunday

guests of Mr. and Mrs. M. Steele

Mr. Bruce Carscadden of Sud-

Mrs. Eric Honey spent a few

bury was a weekend visitor of his

mother Mrs. William Carscadden.

days with her parents Mr. and

Mrs. Aubrey Nesbitt of Carleton

Chapin, of Ottawa, were Sunday

evening guests-of Dennis and Jude

Honourable Lorne Henderson,

Minister of Agriculture and Food

congratulated the women for the

leadership in their communities

and spoke of the need for a better

understanding of the farmer and

Women's Institute of Canada

should ask the members across

our Country to promote

Consumer-Relations programmes

It was fitting that the Federated

Bozica Costigliola and Henry

Windsor visited the formers sister

Mrs. William Carscadden.

chester visited her daughter Mrs.

Donald McLaren.

of L'Orginal.

Place.

McGann.

his production.

at this time.

Women's Institute

Food for all seasons

Visiting

Friends from all over

cottage cheese and pineapple between second and third slices of sugar bread; deviled egg between third and fourth slices; chicken salad between fourth and fifth slices.

Press loaf firmly together. Wrap in waxed paper and chill in pecans refrigerator for an hour.

Frost top and sides of loaf with cream cheese softened with cream. Sprinkle with chopped nuts and mixing well after each addition. place sliced radishes on top of loaf. Garnish platter with watercress. Cut into thick slices when serving.

BLITZ TORTE

Serves 10-12

1 1/3 cups sifted cake flour

1 1/3 teaspoons baking powder 1/8 teaspoon salt

1/2 cup shortening

1 1/2 cups sugar 4 eggs, separated

5 tablespoons milk or cream

1 teaspoon vanilla

1/2 teaspoon cinnamon 1/2 cup shredded blanched almonds

Mix and sift flour, baking powder, and salt 3 times.

Cream shortening. Gradually beat in 1/2 cup sugar. Add egg yolks, one at a time, beating after each addition until the mixture is light and fluffy.

Alternately add dry ingredients with milk, starting and ending with flour and beating after each addition until smooth.

Add vanilla. Spread batter in two 9-inch greased pans.

Beat egg whites until stiff. Gradually beat in 1 cup sugar and cinnamon. Spread in equal amounts on top of each layer. Sprinkle thickly with almonds.

Bake in slow oven (325°F.) 25 minutes. Increase heat to (350°F.) and bake 30 minutes longer.

Remove cake from pans. Cool. Put layers together with crushed sweetened fruit and whipped cream.

Serves 12 if layered. Serves 18 if single layers.

SHERRIED BUTTER-NUT DROPS

1 1/2 cups softened butter or margarine

1 3/4 cups sifted confectioners'

1/4 teaspoon salt

3 1/3 cups sifted enriched flour 1/2 cup sherry or juice

1 cup finely chopped walnuts or

Cream butter and sugar thoroughly and add salt.

Add flour alternately with wine, Stir in nuts.

Drop by teaspoonfuls onto greased, floured cooky sheets.

Bake in moderate oven (350°F.) 20 to 25 minutes. Makes about 100.

HAWAIIAN PARTY

CASSEROLE

2 cans (12 ounces each) luncheon meat, coarsley grated 1 No. 2 can pineapple slices,

drained 5 teaspoons cornstarch

Juice drained from pineapple 1/2 cup sliced celery 1/2 cup finely chopped green pep2 pounds potatoes, pared and cooked

Reserve 3 slices pineapple and arrange layers of meat and remaining pineapple in 3-quart casserole.

Blend cornstarch with a little pineapple juice and add to remaining juice; cook until thickened, stirring constantly.

Add celery and green pepper to pineapple mixture and cook until crisply tender. Pour over contents of casserole.

Season and mash potatoes; place in 5 mounds around edge of casserole. Make a depression in each.

Arrange reserved pineapple slices in centre of casserole.

Bake in hot oven (400°F.) 35 to 40 minutes. Before serving dot potatoes with butter. Serves 6 to

HUMPTY DUMPTY

From a slice of whole wheat bread, cut an egg-shaped piece attached at bottom end to a small rectangle of bread. Spread eggshaped piece cut from enriched bread.

Decorate Humpty-Dumpty egg face with diamond shaped cucumber peel for eyes, a strip of raisin for the nose, pimento cut in half-moon shape for mouth, and a strip of pimento for belt.

To simulate a wall on which egg is sitting, pipe cream chesse across the rectangular section of bread, representing the cement between the bricks of a wall. Pipe cream cheese on the wall for Humpty Dumpty's legs.

Shaklee Independent Distributor

Products and People in Harmony with Nature

Tomorrow's products...today.

For people with a genuine concern for good nutrition and ecology. Shaklee Products are designed to be compatible with nature and to promote health.

For further information

445-2892

Dick and Lise Thom Box 293, 297 Church St., Russell, Ont. KOA 3BO



FOR COMPLIMENTARY FACIAL CALL:

(613) 821-1223 821-3010

MARY ELLEN WICKERS

INDEPENDENT BEAUTY CONSULTANT

Box 196, Metcalfe, Ontario KOA 2PO

Diames Hair Design and Cosmetic Salon

VICTORIA ST. METCALFE, ONTARIO

TELEPHONE 821-3010

- BUSINESS
- STATIONERY & CARDS.
- WEDDING STATIONERY • TICKETS • FLYERS
- SILK SCREEN PRINTING
- T-SHIRTS & CRESTS

RUSSELL 445-5409 Evenings

hateau 417 Best dining restaurant

in surrounding district

For your dining pleasure come and enjoy the cozy atmosphere created by popular organ music.

ALSO

Don't forget our lovely cocktail lounge with snacks available.

Reserve now for

Chef Peppi is fantastic in the preparation of birthday, anniversary parties, business meetings, etc.

Try our Luncheon Menu 11:00 a.m. - 5 p.m.

Christmas parties & New Year's Eve. Music. Free admission.

Make reservations now

Fully licensed

ROGER'S