

# Neighbors

By  
Alana  
Forrester-Verge

## Creating happy atmosphere

Final farewells have been offered to Gilles Racine, former principal of Ecole St-Joseph. The new principal, Reynald Boulrice, has already proven himself to be an accessible man who is eager to undertake whatever project will help promote a unified school spirit.

After ten years of teaching grades 7 and 8 in Casselman at St-Paul and Ste-Euphemie schools, Mr. Boulrice received his first posting as principal of the Separate School in Russell. What makes a fascinating footnote is that new principals sent to St-Joseph have been untried on their arrival and have remained for 5 to 6 years.

Mr. Boulrice tries to see that a happy environment is created to help students learn effectively. He supervises recess breaks to chat with students, taking special care to approach those in grades 7 and 8, with whom he has particular experience.

He has visited all the classes to get a feel for the learning process that the children are experiencing. He is also involved in tutoring students with difficulties in special areas such as reading.



Reynald Boulrice

A happy atmosphere is very important to stimulate learning. As Mr. Boulrice phrased it: "If they are happy, they'll learn more easily. A second language (for English students) does not become a painful experience."

With the increasing number of children from anglophone homes, the quality of French education is a primary concern. Mr. Boulrice

considers it his duty as principal to insure that all the children receive the best instruction possible, with due consideration given to all circumstances.

Mr. Boulrice would like English-speaking parents to give their children enough elementary-school years in French to develop their communication skills for high school level. Former anglophone graduates of St-Joseph, who have attended French high school in Embrun, have adapted well. Their preparation at the primary level has been effective.

Mr. Boulrice has settled into his school quickly. The school-in-the-community concept is of special interest to him. He was pleased that the school board suggested a programme of evening courses be held at St-Joseph for the local inhabitants.

### Russell girl winner of poster prize

Nancy Bekkers, daughter of Mr. and Mrs. Leo Bekkers and a student at St. Joseph's Separate School in Russell, won top prize in the Eastern Ontario Fire Prevention Poster Contest.

The contest at all fairs in Eastern Ontario for pupils of Grades 5 to 8, was sponsored by the Grenville Patron Mutual Fire Insurance Co. of Spencerville, Ont.

Nancy was judged the winner from all the first-and second-prize winners of the district. She won a 10-speed bike. Runner-up was Trishia McMillan, daughter of Rev. and Mrs. McMillan of Cumberland. She won a clock radio.

### Russell sheep club meets

A new executive was installed at a meeting of the Russell Area Sheep Club in early January: President, Robert Bellingham, Kemptville; vice president, Joyce Baas; Secretary-Treasurer, Nancy Matthew.

The outgoing executive, Jim and Rosemary Ruddle, Carole McIlhagga and Nancy Matthew received a vote of thanks for outstanding work during the year.

Balance on hand at December 31 was \$315.86. Memberships brought in \$157. Income from the Russell Fair was \$390 and expenses \$262. Jack James, director of the Eastern Ontario Sheep Association spoke on changes in the constitution of the association and a discussion followed.

# Meditorial

By Rev. Jim Paul

Recently, on the CBC Radio program, As It Happens, the thorny problem of worry was solved. Peter Gzowski interviewed Paul Douglas, a professional worrier from Oakland California, who claimed to be able to free his clients from worry. This Californian's business has blossomed over the past few months but not through expensive and time consuming psychiatric counselling, nor through carefully administered chemo-therapy. Paul Douglas simply takes his clients worries for a small fee and begins to worry on their behalf. As of now this professional worry-wart has been commissioned to fret over 250 different types of phobias. He has become so popular that he cannot give his clients personal attention any more. If you came to Paul Douglas today worrying about your marriage he could only fret over your situation when he worries for all those who came to him with marriage problems.

You have to admire Paul Douglas' American ingenuity, but no one can worry on behalf of hundreds of human beings at one time. It takes an all-mighty, all-knowing God to be able to carry the worries of mankind. Apostle Peter referring to this All-Mighty God exhorts us to "cast all our cares upon Him for He careth for you" (1 Peter 5:6). The Greek verb used here for the care of God is in the present active tense. This verse could then be translated, "cast all your cares upon him, for He constantly cares for you". You see my friend this is the reason why we can confidently place our life in God's hands. He is not some doting grandfather in heaven so bound by weakness that he cannot help us in our need. God entered this worry-bound world in His son Jesus Christ and provided a way whereby we can come to know Him personally. Instead of going to Paul Douglas or any other human being with your worries, why not go to God and find rest for your soul.

## LORRY'S SHOP

Need a Haircut, Style or a Perm?

Come and see Lorry at 42 First Avenue, Russell.  
Call 445-5691 or 445-2099

Hours: Mon. - Fri. 5:15 - 9:30 p.m.  
Sat. 9:00 a.m. to 1:00 p.m.

## scotiabank

# THE BANK OF NOVA SCOTIA

RUSSELL  
445-2880

'Grow With Us'  
Scotia Bank

## RUSSELL FOOD MART

Tyo's Red & White Store

"your friendly grocer"

Selected meats, produce and groceries

MEAT AND CHEESE TRAYS

Personal Service — Best Value

92 Mill St.

445-5557

## METCALFE PHARMACY LTD.

Metcalfe — 821-1224

REGULAR HOURS  
Monday through Friday: 10 a.m. to 6 p.m.  
Saturday: 10 a.m. to 5 p.m.

## Castor Valley Baptist Church



Minister—Rev. James Paul, ph. 821-2144

Meeting in the Russell Public School

9:30 a.m. Family Worship Service

A nursery service is provided!

11:00 a.m. — Family Bible School

There's a class for all ages!

7:00 p.m. — Evening Fellowship in the Kenmore Church

## VALENTINES DAY

FEB. 14

ROSES

\$20 \$25 \$30 DOZ.

Special Mixed Arrangements

ORDER EARLY from \$15

Country Flowers & Gifts

Regional Rd. No. 8 Edwards

821-2573

SERVING DAILY

OTTAWA, METCALFE, RUSSELL, EMBRUN,  
VARS, CARLSBAD SPRINGS, GREELY, VERNON,  
KENMORE, WINCHESTER

We accept Master Charge and Visa by phone

## WARD MALLETTE

COMPTABLES AGRÉÉS  
CHARTERED ACCOUNTANTS

C.P. 128 (P.O. Box 128), Embrun, Ontario, Canada

KOA 1W0 (613) 443-5201



Eastern Ontario Graphics Ltd.

Hwy. 43 By-pass  
CHESTERVILLE  
Ontario

CUSTOM PRINTING RUBBER STAMPS 448-2137

WEDDING INVITATIONS MAGNETIC SIGNS

OFFICE SUPPLIES