

Neighbors

Angela Burgess —

by Alana Forrester-Verge

The dance is everything

Angela Burgess, a Russell resident since September, 1979, conducted a Creative Dance Program at the Community Centre on Saturday mornings from last October to June 1980.

Angela's love for the dance includes classical and jazz ballet and acrobatics. Her years of formal training and experience as a teacher entitle her to dual membership in the Canadian and American Dance Teachers' Associations.

And what a vivid backlog of memories she has as a performer. Programs on Parliament Hill for the 1967 Centennial, Tulip Dances for Spring Awakening Festivals, T.V. numbers; kicking and screaming through Cancan routines and slipping on a polished floor in the Museum of Man to recover her balance without missing a beat. All moments to remember and share with students growing up with the same love for dance in all its varied forms.

Although most little girls who have taken dance, acrobatics or gymnastics lessons dream of the big time, Mrs. Burgess never entertained professional designs. Her height as a teenager was against her and she soon accepted it as a fact of life. Whereas most ballerinas measure between 5'3" and 5'5", she stands 5'8 1/2".

Instead of joining a professional company after the usual years of formal lessons, Mrs.

Burgess continued teaching at the school where she had begun her training. When she was four years old she registered at the Ingrid Bolf School in Ottawa mostly at her own insistence because a playmate had begun lessons there. By the time she was 10 her training included acrobatics and the Cecchetti method of classical ballet. When she turned 13 Angela began studying jazz ballet which brought her lessons to seven hours a week.

Her ongoing training as a student and her initiation into teaching pre-beginners at the age of 14 brought the rewards of scholarships. Still in her mid-teens she turned to her first assignment as a choreographer for Immaculata High School's production of Finian's Rainbow.

After 12 years of teaching at the Bolf School of Dance, Mrs. Burgess branched out on her own. Over a period of three years when she ran her own program in Ottawa her classes averaged 60 students annually.

Upgrading her dancing skills is now more difficult for the mother of three children. Dancing cannot occupy all her time but it remains a deep part of it. With the moral support of her mother, who figured largely in her continued enthusiasm for dancing as an adolescent, and the help of her husband Greg, who records music for her recitals and is on hand during dress rehearsals, she is

satisfied with her present involvement in her chosen art form.

As a teacher her satisfaction expands with her students' growing confidence. As a performer she draws energy and exhilaration from performing alone and with her students during recitals. The company of her youngest students she finds particularly enjoyable. Because three year olds are remarkably supple, they can be shown some movement and repeat it effortlessly. But as soon as one year later, many children have already become conscious of their audiences and their bodies have begun the stiffening up process.

She sees her Creative Dance Program as an opportunity for corporal movement and free expression. Her classes are helpful to any child who needs an outlet for energy. And, if by some chance a boy or girl shows real promise as a professional, Mrs. Burgess can direct them to a proven teacher in an academy.

With only 18 students registered during the Winter/Spring classes at \$36 a term, Angela's initial Creative Dance Program in our community managed to break even. She credits Paul Wylie who



Angela Burgess and family

suggested that she go through Russell's R.A. that her program made it financially.

As fall arrives and our children register for various activities at school and at the R.A., Mrs. Burgess will be offering her Creative Dance again for one hour a week. Under her tutelage our younger children are provided with a physical outlet and our older ones with some training in flexibility and grace.

Once a child is registered, Mrs. Burgess expects a certain level of

commitment from parents and their children. The success of classes always depends on the constant interest and attendance of the students.

There is also the possibility that a Dance Exercise Program will be offered for adults one evening a week this fall. "Shape up and slim down while disco dancing" may become the motto. At a reasonable cost what do we have to lose? Probably only pounds or inches!

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RUSSELL

Preliminary List of Electors For

THE CORPORATION OF THE TOWNSHIP OF RUSSELL

The preliminary list of all electors prepared as required by the Municipal Election Act of 1977, will be publicly posted in the office of the Municipal Clerk on the 9th day of October, 1980.

Electors should examine the list to ensure that their names and relevant information are correctly shown.

The last day for filling applications is October 22, 1980.

The Revision of the list will take place in the office of the clerk, and will start Monday, October 27, 1980 at 9:00 a.m.

J.G. Bourdeau,
Clerk-Treasurer,
P.O. Box 570,
668 Notre-Dame St.,
443-3066
Embrun, Ontario.

NOMINATIONS

Notice to Municipal Electors
TOWNSHIP OF RUSSELL

TAKE NOTICE that persons may be nominated as candidates in an election between 9 o'clock in the forenoon and 5 o'clock in the afternoon of nomination day, Monday, October 20, 1980, but nothing in section 35 of *The Municipal Elections Act, 1977* prevents a person filing a nomination paper with the clerk during his normal office hours during the four days immediately preceding nomination day.

OFFICES FOR WHICH PERSONS MAY BE NOMINATED

REEVE	(1)
DEPUTY-REEVE	(1)
COUNCILLORS	(3)
EMBRUN VILLAGE TRUSTEES	(3)
RUSSELL VILLAGE TRUSTEES	(3)
BOARDS OF EDUCATIONS:	
PUBLIC	(1)
SEPARATE	(1)
SECONDARY	(1)

Electors are hereby required to take notice and govern themselves accordingly, and further take notice that the manner in which said nominations shall be filed is set forth in section 36 of *The Municipal Elections Act*. Nomination forms and full particulars of procedures to be followed, may be obtained from the undersigned.

If a greater number of candidates than required to fill the said offices are nominated and make the required declarations, notice of the time for the holding of the poll, including the advance poll and notice of the last day for making application for a certificate to vote by proxy will be given forthwith.

AND FURTHER TAKE NOTICE that where the number of candidates for an office who are nominated at the end of nomination day is not sufficient to fill the number of vacancies to which the candidates may be elected, subsection 1 of section 40 respecting acclamation applies to those candidates and, on the Wednesday, following nomination day, October 22, 1980, the clerk may, between the hours of 9 o'clock in the forenoon and 5 o'clock in the afternoon, receive and certify additional nominations for the remaining vacancies in the office in respect of which there was an insufficient number of candidates.

Given under my hand this 6 day of OCTOBER 1980

J.E. Bourdeau Returning Officer
IMPORTANT

There will be a general meeting of Candidates at the Embrun Recreation Centre Monday October 20, 1980 at 8 P.M.

If there is a general election, there will be a general meeting at Embrun Recreation Hall Monday November 10, 1980, when the clerk will officially declare the final result of the election, also the candidates will want to address the general public.