Meditorial

By Rev. Jim Paul

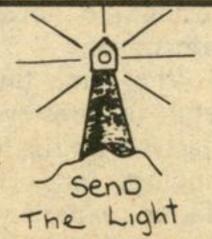
Tears, we are told, are different in their chemical make-up. Those tears shed in anguish have a different chemical composition from those shed in response to irritations such as cold, wind or dust. William H. Frey, a biochemist at St. Paul-Ramsey Medical Center in Minnesota, explains that such tears may be a safety valve that rids the body of chemicals produced in distress, and thus harmful to the person (The Calgary Hearld Feb. 9, 1980).

If this theory be true, then many instances recorded in the bible and in our own lives of weeping and tears can be partially understood. Genesis 23:2 recounts the tears that Abraham shed for Sarah at the time of her death. After the many years they spent together, is it any wonder why Abraham's grief could not go unexpressed. This great man of faith's tears not only display his deep sense of loss, but also provided a way in which his body could be rid of extreme stress. In our own lives, when we suffer the loss of a loved one, I believe our tears operate in the same way. They not only represent your broken heart, for they also represent the first step in the mending of your heart. Tears are cleansing.

When one studies the three instances of our Lord shedding tears in the New Testament, an interesting truth is revealed. One finds that by the end of Jesus' public ministry His tears had broadened from weeping over the man Lazurus (John 11:35), to crying over the rebellious city of Jersualem (Luke 19:41), to a final shedding of tears over a lost world (Heb. 5:7). Jesus' tears testify of His love of man. His weeping displays His unconditional love for us, in that He could cry over a sinful, stubborn and blind city, such as Jerusalem, with the same intensity that he cried over His friend Lazurus.

Dear friend, I'm convinced that during the dark hours before the cross Jesus wept for you. The struggle that tore apart His soul that night was for your benefit. In spite of Satan's devious attempts to discourage our Lord from dying on the cross as the perfect sacrifice for sin, He won the battle thru much prayer and tears. Would you not respond to this great love a place your life at His feet?

Castor Valley Baptist Church



Minister-Rev. James Paul, ph. 821-2144 Meeting in the Russell Public School

10:00 a.m. Family Worship Service A nursery Service is provided Summer hours of service **Ends September 7th**

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Taking stock of the Bluegrass Festival

By Brenda Stewart

Now that it's all over, the time has come for the Carruthers family to take stock of this year's Boundary Bluegrass and Country Festival at Morewood.

"We were quite pleased with the results," said Jean Walker, one of the Carruthers sisters. "For our first attempt, we can't complain".

"Over 2,000 people attended on Saturday. We were told by the bands who played at the festival that this is a good turnout. There were less people on Sunday, but we feel that people were deterred by the weather, since storm warnings had been issued."

Due to poor weather forecasts for Sunday and the resulting poor turnout, income did not quite cover expenses. But it was so close that the family is optimistic about the future of the festival.

Camping facilities were offered, but the "day" people outnumbered the campers by more

Katimavik

is coming

The Katimavikians are invading

the Castor. During the next nine

months, Casselman and Embrun

will host 99 participants of the

federally-subsidized Katimavik

former cabinet minister Barney

Danson, Katimavik is aimed at

helping young people discover

Canada through volunteer work

to accommodate three groups of

33 participants during separate

three-month visits. The houses are

at Casselman, Embrun, and

by the volunteers will be renova-

tion of the New York Central

Railway Station moved recently

by Russell Township from Ber-

wick to Embrun, said coordinator

aged 17 to 21 from across Canada

one third of whom are French

speaking, Ms. Veilleux explained.

program, they'll engage in a

creative lifestyle and hopefully

develop culturally and educa-

tionally while learning about the

While living in the area, they'll

become involved in community

projects but only on a non-profit

different regions of Canada.

During their involvement in the

Katimavikians are young people

One project to be undertaken

Three houses have been rented

in various communities.

Larose Forest.

Diane Veilleux.

scale.

Initiated four years ago by

project.

ticipated. "Quite a few people came Fri-

than the Carruthers had an-

day night without knowing what Bluegrass was all about," said Isabel Carruthers. "They were curious. But they ended up coming back to the gate to pay for the weekend. There were a fair number like that."

Friday night, the festival was officially opened by the Dairy Princess of Dundas County, Connie Vanderlaan.

On Saturday evening, the Star of the Bluegrass quilt and an afghan were raffled off. Dianne Harkin of Winchester won the Dorothy Moore of Arnprior. Proceeds came to \$700 and were donated to the Burn Unit of the Children's Hospital in Ottawa.

"The Gospel Hour on Sunday went well," said Jean. "Our brother, Ken runs school buses in Morewood and he arranged to br-

ing about twenty senior citizens to the festival on Sunday. They seemed to enjoy it very much. When it began to rain they continued to watch and listen from the bus."

Step dancer Cindy Thompson and her two sisters were favorites quilt and the afghan was won by of the crowds at the festival. Cindy also played the fiddle, the banjo and the guitar.

> The first Carruthers family enterprise appears to have been a success. Many favorable comments have filtered back from faithful festival goers.

Gary R. Barnes

B.A. LL.B. Barrister, Solicitor & Notory.

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Number one. I work all day.

Even if you do, a few hours a week is a help.

Number two. I'm not a parent.

You don't have to be to care about the safety of children. Retired citizens and single people can be block parents.

Number three. I'll always help, sign or not.

Most children are taught to be wary of strangers. Our sign lets them

know you're a stranger they can trust because you've been checked out by the police.

Number four. I don't want to open my home to strangers.

You don't have to. All you're doing is giving sanctuary to a frightened child and contacting the proper authorities.

Number five. There are enough block parents already.

There aren't. Every block parent isn't available all the time. So the more, the better.

So why not contact your local elementary school or police department or call 000-0000 about being a block parent.

Even when they're not busy, they're working. We can never have enough of them.