

Boutique La Couturiere

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July - August Special
All knitting worsted wool 25% off
Juillet-Août spécial
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25% de rebais
528 rue Notre Dame

HOURS Mon. to Thurs.: 9-6; Fri.: 9-9; Sat.: 9-5

Embrun

443-3113

King of the road

Spinal meningitis hasn't stopped Morewood's John F. King.

The disease has slowed him down a bit maybe, but he still gets around.

Mr. King, 52, was left blind in one eye and could no longer drive a car. But he can cycle, and that he does with a vengeance.

He bought a Raleigh racer about six years ago and in summer, it's his chief transportation. In winter, he walks.

The Raleigh has carried him several hundred miles and uses a set of tires per season, Mr. King says.

He peddles as far afield as Cornwall, Iroquois,

Casselman, and Osgoode. Each community is about 60 kilometers one-way from Morewood.

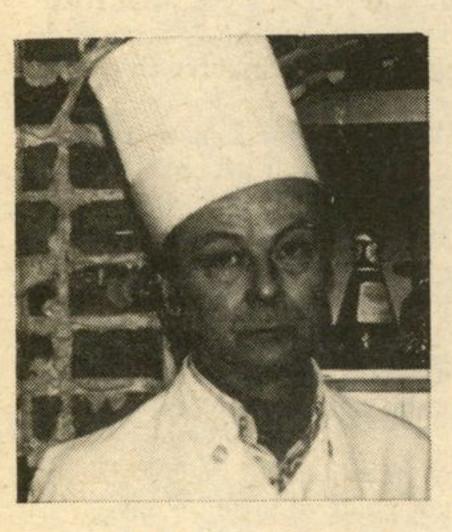
"I like the country and I like to see what's going on. A lot of the time I do it for pleasure, but if I need a can of paint or some screws, I'll take the bike to Chesterville."

Sometimes, he says, people he knows will pick him up on the road and he saves some muscle power. But he would just as soon get the fresh air and exercise.



King and his Raleigh (Suzanne Veh photo)

CHATEAU 417



CHEF PEPPI

NORTH OF HWY. 417, LIMOGES EXIT

RESERVATIONS FOR ALL OCCASIONS

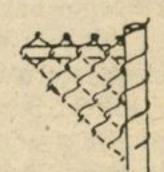
- -SMALL WEDDING RECEPTIONS
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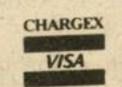
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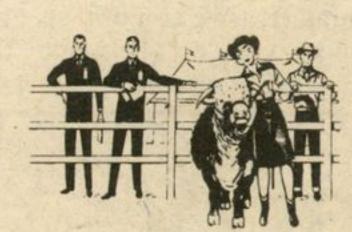
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445-2037 445-2030 Gordon Fleming





RUSSELL FAIR AUG. 8 - 9 - 10



PROGRAME

FRIDAY, AUG. 8
4-H Show, Judging
of Exhibits in Agriculture Hall
Friday Evening Opening
Cooper Brothers in Concert
8:30 p.m. \$3.50 at door



Saturday Evening 8:00 p.m. \$5.00 in advance \$6.00 at door

Julie Lynn — Dallas Harms
Terry Carisse and Tracks
Ron McMunn (Silver Fox)
Neville Wells & Sweetwater

CRAFT FAIR SAT. & SUN.

SUNDAY, AUG. 10

Sheep Show
Western Horse Show
Mini Tractor Pull
Firemen Tug of War
Chain Saw Competition
Chicken Bar-B-Q
Draw for your Meat Supply 7 p.m.

SATURDAY, AUG. 9

Cattle Show
4 Dairy Breeds
Saddle & Harness Show
Hunter & Jumper Show
Heavy Horse Show
Heavy Horse Pull
Fashion Show 2:00 & 3:00 p.m.
Sponsored by D. Latremouille
Chicken Bar-B-Q

MIDWAY SUPPLIED BY PETER MARCH MIDWAY
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