# Sportlight By Garey Ris

#### Russell's Reid Heads Citizen Games

When the first athletes drive from the starting blocks at the Ottawa Citizen Indoor Games, Russell's Pat Reid will breathe a little easier.

The months of planning-and worry will be over for Reid as director of the third annual track and field meet at the Civic Centre, Feb. 2, when the starting pistol cracks at 7:30 p.m. There will be nothing left for him to do-barring any unpredictable hitches-than to watch with the other anticipated 10,000 spectators as the world-class athletes do their stuff.

The games have been consistently popular since The Citizen agreed to a request from Mr. Reid and Clare Marshall for \$70,000 to an indoor track and field meet in Ottawa in 1978. Ken Twigg of Toronto was nominated as adviser for the competition because of his involvement in the Toronto Star Indoor Games.

Mr. Twigg, meet chairman for the first two years, was phased out of the operation once the games established their credibility in the indoor track circuit.

Mr. Reid didn't intend to stay on with the games. Being a sports consultant for the federal government, he was to be down in Lake Placid for the 1980 Winter Olympics but was able to arrange some time to be involved with the track meet.

He is required to search for international-calibre athletes and convince them to attend, while also co-ordinating volunteer committees or organize the games.

"There are always some problems when undertaking an event of this magnitude. Europeans don't relish travelling to North America for competition in a Olympic year.

"Due to the achievements and the high quality management of the Citizen games, athletes look forward to coming to Ottawa," Mr. Reid said.

Mr. Reid coaches Brigitte Bittner, also of Russell and assistant meet director this year. Because of



Citizen Games Director Pat Reid

(Estelle Yaternick Photo)

her position she will not be competing at the games although she is the current national champion in event is the sub-masters 1500 women's high jump at 1.86 metres. She intends to compete in the 1980 Summer Olympics in Moscow.

One of the many attractions is the women's high jump. Andrea Matay of Hungary, who holds the world indoor track record of 1.98 metres (6 ft. 5 in.) in the high jump, has confirmed her appearance in this year's event.

Although the full field of competitors has not yet been determined, Mr. Reid said that the games last year attracted international athletes from as far away as Trinidad, Jamaica, East Germany, Kenya and Tanzania.

Besides international events,

there are local secondary and elementary school races. Another metre race for men over 35 years of age. Elimination races for all local events can be seen Jan. 26 at the Coliseum indoor track at Lansdowne Park. The races are free to the public.

The Ottawa Citizen Indoor Games is a non-profit event with a money contribution to assist amateur track and field in the Ottawa area. Mr. Reid estimates the cost of the games at more than \$100,000. The Citizen absorbs this cost, much of which is advertis-

Mr. Reid said he will consider another term as director, a position which is held on a year-toyear basis.

#### HORSE BITS

With Lola Wood

LOCATING LAMENESS

MOREWOOD CARNIVAL

Feb. 1, 2 and 3 Bean Supper

**Monte-Carlo Nite** Broomball

FUN FOR ALL!

## METCALFE MUSIC AND SOUND STUDIO

## UMMRY 5512

#### **Technics Organs by Panasonic**

Model SX-1800 Reg. 1375.00 Sale 1103.00 Save 272.00

Model SX-2800 Reg. 1795.00 Sale 1443.00 Save 352.00

Model SX-3800 Reg. 1995.00 Sale 1607.00 Save 388.00

Full 2 year parts and labour warranty.

#### Yamaha Guitar Amplifier

Reg. 425.00 Sale 325.00 Save 100.00

15% off all guitars. Lessons on guitar and organ.

Phil McVey store 821-1258 home 821-2553

#### RISRAP With Garey Ris The amazing Philadelphia Flyers broke the North American

professional sports record by going 35 games without a loss. The previous record-holder was the Los Angeles Lakers basketball team which went for 33 games without a loss.

The UCLA basketball team holds the college record at 88 consecutive victories while Oklahoma Sooners had 49 straight wins in football.

The Flyers have lost only two games this season (to January 12th) and have done a marvelous turn-around after a couple of disappointing seasons. They aren't the Broad Street Bullies like the Flyer teams of 1974 and 1975. The Flyers have one of the top power-plays in the league along with great goaltending. I wouldn't be surprised if they win the Stanley Cup this season.

Although the Flyers went 35 games without a loss, they won 25 and tied 10 games. Had there been overtime in the tie games, the contest could have gone either way and Philadelphia might not own the record it now owns. The NHL should seriously consider implementing a ten minute overtime period to curtail the increasing number of tie games in the league.

The Minnesota North Stars continue their quest to make the playoffs and are currently in second place in the Adams division and third overall. Much of their success can be attributed to Bobby Smith, Steve Payne and Tim Young, all former Ottawa 67's. Last season the Stars finished with 28 wins and twelve ties in 80 games and 68 points. Things are looking up for the Stars and point to a great finish in the 1979-80 season.

The National Football League has its big finale this weekend. Once again the Pittsburgh Steelers will be there thanks to a bad call by side judge Donald Orr. He ruled that Houston's Mike Renfro didn't have full control of the ball thrown by Dan Pastorini late in the third quarter which would given the Oilers a chance to tie the game 17-17. The Oilers settled for a field goal but lost 27-13.

The NFC champion is the Los Angeles Rams courtesy of a 9-0 win over the Tampa Bay Buccaneers in what amounted to nothing more than a dull, boring affair. The Rams will have to come up with more than field goals if they have any hope of winning the Super Bowl.

Indication of shoulder lameness: lifting the head when leg is advanced, foot lifted only slightly above ground, short stride, stumbling, restricted movement of shoulder joint, swing the leg outward to bring it forward without moving the shoulder.

Lameness indicator (warms out of lameness, suspect): muscular structures, tendons ligaments and cartilage, arthritic joints, bone spavin, ring bone, stringholt, navicular.

Worsens with use, suspect: splints, curb, azoturia (metobolic toxin), worm larvae interfering with circulation, cases of long standing may react differently.

The following is a list of lameness indicators with suspected problem areas in brackets: drops head when left front foot contacts ground (right front leg), drops head when right front foot contacts ground (left front leg), drops head when left hind foot contacts ground (left hind leg), drops head when right hind foot contacts ground (right hind leg), drops right hip (left hind leg), drops left hip (right hind leg), walks on toe (navicular, ringbone on rear of pastern), walks on heel (founder, sidebones, ringbone on rear of pastern, rheumatism, seedy toe,

wall tumor, toe crack, dropped sole), has trouble backing (bone spavin, stifle, shoulder lameness), lame on hard ground (feet), lame on soft ground (shoulder or stifle), points toe (pointed toe or limb), short, mincing steps, usually carries head low, does not want to run (tender feet, may simply need to be shod. Some horses do this for a little while after the girth is tightened).

### Cochrane's Dairy Ltd.

LOCALLY OWNED AND OPERATED BY CANADIANS

> 821-3887 445-2959



#### HELICOPTER PILOT TRAINING

- Canada's newest school - Private & Commercial Licenses — We hire from our graduates
- We have four full-time instructors - Taught on most advanced equipment
  - Free Accommodation

For further information call: PAN-AIR HELICOPTERS LTD., Metcalfe, Ontario, (613) 821-3353