

Sports

Peter Van Dusen

Downhill Can Be A Bummer

Mom, Dad, sister, brother, put down what your doing because what you're about to read could drastically change the whole course of your life.

I'm gonna tell you a little story about danger, excitement, about a man putting his life on the line to prove something to himself. To prove that, "yes", I am indeed a lunatic. Yes my friends, this story is about yours truly and how I mastered the unfriendly, perilous, treacherous, life-defying, unnerving, man-making (can you think of any others) slopes of the famous ski hill, Vorlage.

It was about seven years ago on a cold winter morn' when my father and brother and me headed out for a day of sun, fun and ski in Wakefield. We had a big breakfast before leaving the house and we put on our heaviest clothing to prepare for the descent of the massive peak.

When we arrived my mouth fell agape, my eyes widened. There before me in all her majesty stood Vorlage. It must have been 30 thousand feet high. Well it was a couple of hundred feet anyway.

We strapped on our pines, our timbers, our boards—whatever—and began the ascent. We categorically refuse to use ski lifts because it's a question of man versus nature without machine. Seven days later when we reached the peak (well it seemed like seven days. I saw the same guy pass me

six times on the lift which means he got six trips down the hill while I was still climbing up.), we looked down over the town, spread beneath us like a toy village.

Then it was time. We prepared to descend. As I adjusted my goggles, (actually an old pair of sunglasses), visions of movie titles began to dance through my head; "One Flew Over the Ski Chalet", "The Underside of the Mountain", "The Bozo Who Skied Down Everest", "Catastrophe Now", "Blazing Idiots."

Well I had my courage up and headed down. I went about 30 feet and decided to sit down. I couldn't control my speed so I used my rear brakes or rather my rear for brakes. It didn't work. I went all the way down the hill on my behind. What a bummer. After dodging other skiers all the way down, screaming, praying and losing breath, I finally came to a stop scarily a few feet from the ski shack. It had been a close call. But that is the price you pay when you battle a giant slope. Now I know how Sir Edmund must have felt.

Incidentally, I haven't had any desire to strap on a pair of downhill skis since my Vorlage experience. I find enough pleasure and challenge just staying upright on my cross-countries. But you are welcome to pass this tale of adventure and peril on to your children.

Recreation News

With Paul Wylie

A special Thank-you goes out to the businessmen and Service clubs in Russell and area for their generous contributions to the children's Fun Fair this summer. I might add at this time that the eighty children who took part in the playground and morning program had a great deal of fun under the supervision of Miss Gayle Chaters and a host of super volunteers. A special thank-you to all of you.

The ice season has started and the R.A. and staff sincerely hope that this year is an excellent success for everyone taking part in all our programs. At this time we would like to extend a warm welcome to all who are new to the area and welcome back the people who have been here for years. Please use the facilities and should you have any suggestions or complaints feel free to talk to our staff.

Programs and Special Events

A number of new programs are being offered for you, the residents of Russell and area and again everyone is invited to participate. Should you desire other programs please contact me, Paul Wylie, at 445-2050 between 9 a.m. and 5 p.m. Monday through Friday.

Events & Programs

Children's Hallowe'en Party — Russell Arena, Wednesday, Oct. 31, 7:30 p.m. — 9 p.m.

for children 2 yrs. — 13 yrs.

Lots of Prizes, Spook House, Costume Judging — Games. Come on out and have some fun!

Old Time Music — Dance Fri. Oct. 19, 1979, Dr. F. Kinnaird Community Centre, 8 p.m. — 1 a.m.

Mom 'n Tot Skating—10-11 a.m. Tuesday morning. Everyone welcome.

Family Skating — Sunday, 1 - 2 p.m., Cost .50¢ per person. This time is allocated for families only and those over 18 years of age accompanied by a child.

Open Skating — Monday through Friday, 4 p.m. - 5 p.m. No charge.

Morning Break Program — Thursdays from 10 a.m. - 11 a.m.

This program consists of exercises for women with a co-op babysitting program for the children. Each mother will take their turn to look after the children.

Program Cost: \$12.00 October to January
\$12.00 February to May

Quilting Program — Monday evenings 7 - 10 p.m.

Program commences Oct. 29/79.

Registration will be held at the Arena on Monday, Oct. 22 from 7-8:30 p.m.

Program consists of 10 lessons of 3 hours at a cost of \$35.00 per person. All materials will be the responsibility of the participant to purchase.

Creative Dance — This program has commenced and is held at the Russell Arena Saturday mornings from 10 - 12 a.m. If you wish to register, we will be starting another program in February. Advance advertising will be done through the Castor Review.

Tourney A Success

By Jack Tyo

Shooters to the left of us, shooters to the right, shooters ahead and behind us charged the Valiant 50!

No, this was not a war but a good shoot out for the first Russell Open annual golf Tournament held at the Metcalfe Golf Course.

There was a good showing as some 50 golfers teed off. A meal and refreshments were served up at the Russell Curling Club shortly after the tournament ended.

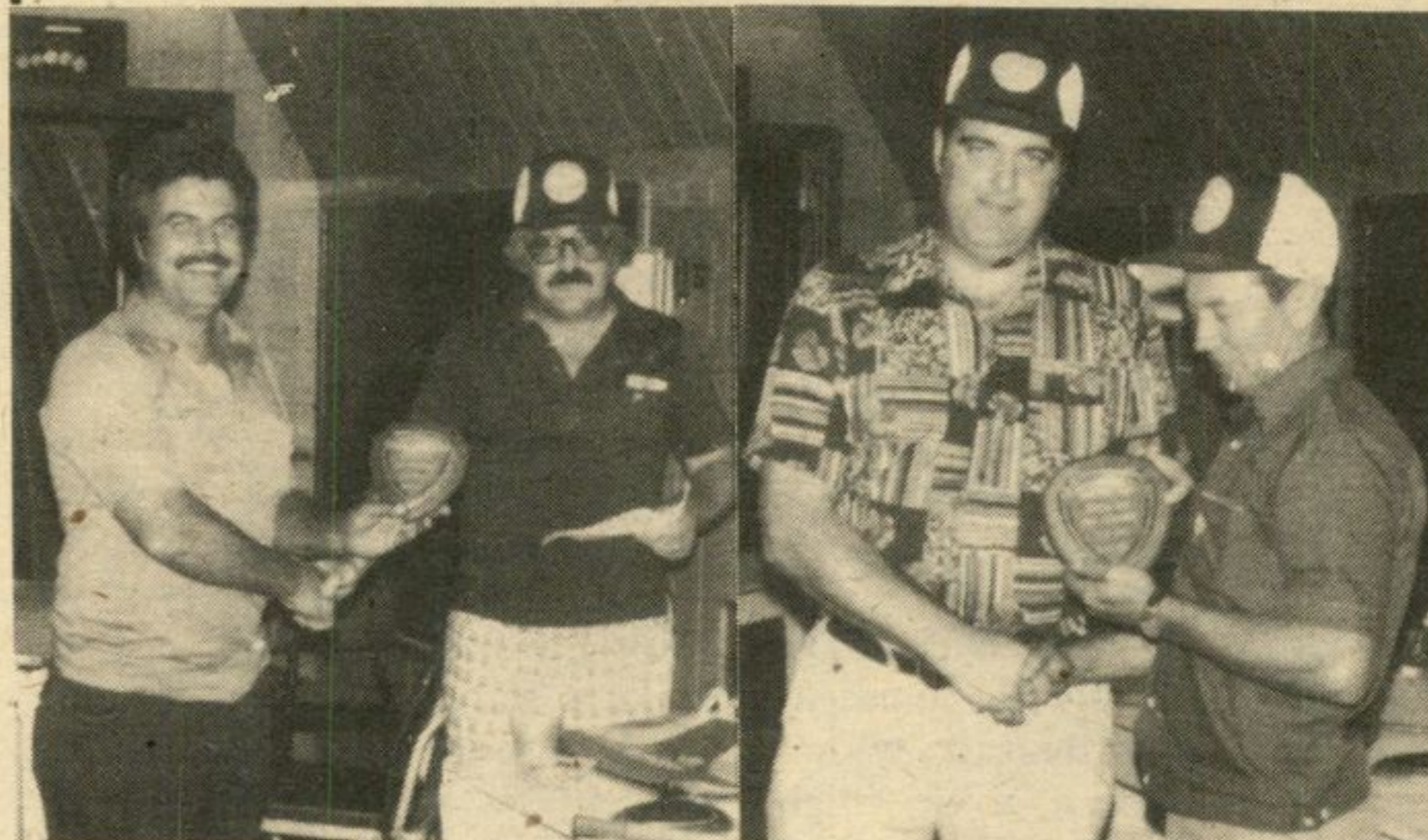
Organized by Gerald O'Reilly, Gordon "Whirly Bird" Saunders, Jack Tyo, Jim Sullivan, Barry McVey and Barry Carscadden, the event went off fairly smoothly. The weatherman was on our side as the day was warm and sunny but the golfers were hot and cold.

Trophies for the 1st low net and 2nd low net and 1st and 2nd low gross were donated by Gerry O'Reilly Trophies and Awards. He is from New Brunswick and a past winner of the Maritimes Open.

Winners were as follows: 1st low gross, Claude Cousineau, 2nd low gross Gord Quaile, 3rd Tom Canham, 4th Ron Cruickshank and 5th James Middlemiss. In the low net category, 1st was taken by Vic Provost, 2nd by Mike Gebara, 3rd by Barry McVey, 4th Gord Saunders and 5th by Ron Gallinger.

Vic Provost won the award for the longest drive while Gaye Ford was closest to the pin. Barry McVey walked off with a golf cart won in the tourney raffle.

Everyone had an enjoyable time and plans are being made for next years tournament which will be held earlier in the season.



TOP GOLFERS

Russell Open Tournament co-organizer Jack Tyo, right, presents Low Gross award to Claude Cousineau. Photo at right, Gord Saunders, co-organizer, left, presents Low Net award to Vic Provost.

Raiders Getting Ready

After a most successful season last year the Russell Raiders are not standing pat and are expecting a few new faces in their line-up when the season opens at home Friday, Oct. 19th. High scoring Randy Blondin has returned along with Bob Woods, Loyal Hughes, Keith McRoberts, Lloyd Fawcett, Wray King and Danny Chamberlain. One veteran who has called it quits is Kenny Quaile who for so many years gave it 100% every game. Steve Morris will not be returning either. New additions to the team include Steve Blondin from last year's

Osgoode Braves, Glen "Butch" Wilson from the Kars Aces and Doug Harten following a two year absence.

Missing from the South Carleton League this year will be the Kars Aces team, after many successful seasons. The Osgoode team has moved to Manotick while all other teams from last year will be returning. The league should be very competitive and the brand of hockey exceptionally high. Home games are played every Friday night starting at 8 p.m.

Raider's Sked.

Upcoming Raider home games are as follows:

Oct. 19 against Manotick
Oct. 26 against Richmond
Nov. 2 against Stittsville
Nov. 9 against Glencairn
Nov. 16 against Manotick
Nov. 23 against Richmond
Nov. 30 against Stittsville

SUPPORT

Russell Warriors Intermediate "B" Hockey
Game No. 1 — Russell vs Stalbert
Sunday, Oct. 21 — 2 p.m.
Game No. 2 — Russell vs Cassleman
Sunday, Oct. 28 — 2 p.m.
Dr. F. Kinnaird Community Centre
Boost your Russell Team

Russell Minor Hockey News

Minor hockey in Russell is now underway at the Dr. F. Kinnaird Arena. All boys have now had several hours of ice time and should be getting back in shape. Hours of ice time are posted in the Arena and parents should take note of their boy(s) time when they next visit the arena.

I would like to take this opportunity to explain our fee structure for the 1979-80 season. Our total expenses this season are expected to be almost the same as last year, in excess of \$12,000. This means that if we had 150 boys registered, as previous projected, our cost to provide hockey would be \$80.00 per boy. Last year, as you know, our registration fee was \$20.00 per boy or approximately 25% of the cost of providing hockey for him. This meant that the executive had to raise, outside of registration, approximately \$60 per boy, which they did by way of extremely hard work on their part. They also raised an additional \$5,500 during last to cover the previous year's deficit. In assessing the situation this year it was felt that it was too much of a burden to place on an executive to raise 75% of the cost per boy but would be reasonable to attempt to raise only 50%. Accordingly the fee was raised to \$40 per boy leaving the Association to raise an additional \$40 per boy. These figures are, of course, based on 150 registered players. At the present time we have approximately 120 boys registered. We

are, therefore, obliged to raise an additional \$2,400.00 since the expenses remain constant.

If you have fathomed through the above figures you will realize that the \$40 you have paid for your boy's hockey this year should not be considered the end of your financial participation. Your Association will be holding various fund raising functions throughout the year which will require your participation. One such

find raising function will be an adult skate-a-thon and dance on Saturday evening December 8, 1979. Please support your boy by supporting us.

On another note I would like to advise that your Association's meetings will be posted in the Arena lobby. Please feel free to attend if you wish.

C.J. O'Reilly
President,
R.M.H.A.

GORD'S SKATE SHARPENING

TEL.

445-5541

PROFESSIONAL SKATE CARE CENTER
(CUSTOM RADIUS)

RUSSELL ARENA

Mon.-Fri. 7-10 p.m. Sat.-Sun. 9-2:30 p.m.