CASTOR CUPBOARDS

COTTAGE CHEESE SALAD

By Dorothy Marquette

1 double lemon or lime jello

1 1/2 cups boiling water

1 lb cottage cheese

Mix well, using blender, if possible.

Add:

2 large carrots, grated

3 stalks of celery, cut fine

1 cup milk mixed with three-quarters cup miracle whip Note: Green onions and radishes cut fine may be used instead of celery. Makes a large salad.

Fleuriste Nation Flowers

Elmirador Shopping Centre, Exit 417, Limoges

Monday to Thursday: 9:00 to 5:00 Friday: 9:00 to 9:00 Saturday: 9:00 to 5:00

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RUSSELL FOOD MART

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Gary R. Barnes wishes to announce that he has separated from the firm of HALL, RAY & BARNES and that he will be carrying on the practice of law in Russell under the firm name of:

Gary R. Barnes B.A., LL.B.

Barrister, Solicitor & Notary 85 McGill Street, No. 3. P.O. Box 496 RUSSELL, Ontario K0A 3B0 445-2177

OTTAWA OFFICE: 325 Dalhousie Street Suite 900

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RUSSELL 445-5409 Evenings

Visiting

Miss Jean Gray, of Ottawa, was a weekend guest of Mr. and Mrs. Lorne Wade and Ian. Mr. Douglas Bruce, of Richmond Hill, Mrs. G. Pierce and son Dylan visited their grandmother Mrs. J.L. Steele.

Mrs. J. Pettegree, of Ellesmere, Eng., Mrs. Simon Codrington and Alexander of Montreal visited Miss Florence and Miss Dorothy Marquette.

Mr. Donald Hay spent a week with his daughters Mrs. Phillip Cooper and family, of Calgary, and Mr. and Mrs. Larry Droppo and family, of Camrose.

Mrs. A Hansen, of Denmark, is spending a couple of months with her son, Mr. and Mrs. Paul Hansen and family.

Mrs. William Carscadden visited her daughter Mrs. John Power in Oromocto, New Brunswick.

Mr. and Mrs. Robert Gamble and Mrs. John Twiname were dinner guests of Mr. and Mrs. William Black, of Ottawa.

Mrs. Walter Brown and granddaughter Kelly Hutchinson, of Lindsay, visited the former's daughter Mr. and Mrs. Paul Hansen and family.

Mrs. Milton Walker of Ottawa was a luncheon guest of Mr. and Mrs. Walter Kinkaid.

Mr. and Mrs. Melvin Black, of Oxford Station, were dinner guests of Mr. and Mrs. Hubert MacDonald.

Mr. and Mrs. Lorne Wade spent a few days with Miss Margaret Boyle at her cottage at Renfrew.

Mr. and Mrs. Ron Veh, Erika and Peter accompanied by Mrs. Veh's Mother, Mrs. Bodker, of Toronto, and nephews Jason and Justin Alford of Harrow, Ont. enjoyed a vacation at Cavendish Beach, P.E.I.

Mr. and Edgar Loucks visited relatives in Northern Ontario.

Dr. F.A. Kinnaird visited her brother Col. Jack Kinnaird and niece Miss Catherine Kinnaird in Halifax.

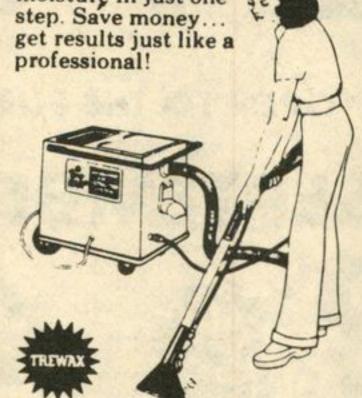
Mr. and Mrs. Hubert Mac-Donald and Keith were guests of Mr. and Mrs. Melbourne Craig at Dunrobin.

Miss Kim Robertson, of Dundas, spent a week with Miss Kim Rombough.

Mrs. William Rombough,

DO IT YOURSELF! **CLEAN YOUR** CARPETS... THE PROFESSIONAL WAY. Rent the fantastic new Up & Out Hydro-Mist Machine for superior carpet clean-

ing. Loosens and removes dirt, previous shampoo residue. and up to 90% of the moisture in just one professional!



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With Dorothy Marquette

Christine, Rose Marie and Mark visited Mr. and Mrs. Wayne Rombough and daughters at Kapuskasing.

Mrs. Robert Campbell spent holidays with sisters Miss Pearl Granger and Mrs. Curtis Dunlap in Rochester, Minnesota. Mr. Walter Dunlap accompanied Mrs. Campbell and Miss Granger to Little Britain, Ont. visiting Mr. and Mrs. James Stirling.

Mr. and Mrs. William Black and Mr. and Mrs. Ernest Adams, of Ottawa, were dinner guests of Mr. and Mrs. Robert Gamble.

Mr. and Mrs. Kenneth Hay, of Weston, visited Mr. and Mrs. Donald Hay and Mr. and Mrs. Alex Little.

Mr. and Mrs. Vincent Elmer, of Gloucester, Mass. spent a few days with Mr. and Mrs. Robert Gamble.

Mr. Donald McLaren was a dinner guest of Mrs. Elmer Campbell, of Winchester.

Miss Margaret MacPhail, of Ottawa, was a guest of Mrs.

Robert Atkinson. Mrs. Eber Robinson, of Ottawa, was a recent visitor of Mrs. Asa Sullivan.

Mrs. Howard Davidson, of Manotick, was a weekend guest of her sister Mrs. Shirley Rombough.

Mr. and Mrs. Malcolm Mac-Crimmon, David and Nancy, of Cumberland, visited the Misses Florence and Dorothy Marquette.

Mr. and Mrs. Eldon Paul, Mr. and Mrs. Bill Paul, Miss Lynda Paul, Mr. Russell Paul and Mrs. Audrey Graham attended Kenna Paul's graduation in Toronto.



GRADUATION

Miss Kenna Paul recently graduated from the Canadian Mothercraft Society in Toronto. She was Valedictorian for her class. Kenna now holds a certificate in Infant Childhood Education. She is the daughter of Mr. and Mrs. Eldon Paul of Russell Ontario (Photo)

Wedding Announcement

Mr. and Mrs. Ronald Sharp of Marvelville are pleased and happy to announce the marriage of their youngest daughter Barbara Gail Pitt to Jerry Wade Loveless, son of Mr. and Mrs. Earl Loveless, Deer Lake Nfld. The marriage took place at Fort McMurray, Alberta, on July 20 1979.

Births

VERGE-FORRESTER

Alana and Charles announce the birth of their third daughter, CHARLOTTE Rae Marguerite, on Sunday, July 29, 1979, at the Civic Hospital, Ottawa. Sister to Alexandra and Stéphanie. Third granddaughter for Mr. and Mrs. John Rae Forrester and Mrs. Marjolaine Bernard all of Montreal.

HAMILTON

Kevin and Katherine are pleased to announce the birth of a nameless daughter, 7 lbs. 15 oz., on Sept. 5, 1979. A sister for Leam and Shane.

HARPER

Dale and Lorraine (nee Ouellette) give thanks to God for the arrival of a baby boy, Cory Joseph Daniel, 7 lbs. 6 oz. on July 29, 1979.

TYPING SERVICES reasonable rates. 445-5253.

FOR SALE — Men's Bauer skates size 8 1/2. 1 yr. old. Good condition. 445-5239.

APPLE PRESS wanted to buy or rent-445-5737

TRANSPORTATION required to and from Sussex Drive in Ottawa. Will share expenses. 17 Second Ave., Russell

BABYSITTING: Experienced teacher and mother interested in babysitting a child (3 years and over) for a working mother. 445-5289.

BABYSITTER with experience required to care for 3 mo. old baby boy starting November, Monday to Friday. Call 445-3463.

COMING EVENTS

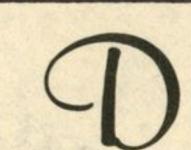
OTTAWA WINTER FAIR—Don't miss family night at the Ottawa Winter Fair, Oct. 4, 7:15 p.m., a salute to the International Year of the Child.

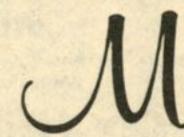
Are you interested in Interior Designing within your budget? There will be a workshop on working with backgrounds put on by the Home Economics Branch on October 9, 1979 at 7:15 p.m. in the St. Mary's Anglican Church Hall, Russell. Everyone is welcome. There will be no charge. Come equipped with a pencil and eraser.

Welcome one and all to the Silver Jubilee Dinner and Dance Sponsored by The Russell Ladies Auxiliary of the Royal Canadian Legion Branch 372. on Sept. 29, 1979. Dinner from 5:30 to 8:00 p.m. Adults \$3.00, Children under 12, \$1.50. Dancing until 1:00 a.m.

DON'T FORGET!

Everyone who attended the Scotch School Number 12 in the Township of Osgoode is invited to attend a reunion on Sept. 16th at 2 p.m. in the Metcalfe Public School Auditorium. Ladies please bring sandwiches, cookies or squares. Drinks will be supplied. Contact Harold Cowan 821-2430 or Doris McVay 774-3927.





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