



**Suzanne Schroeter**  
**Scrapbook**

**"Just Call Me Superwoman"**

At least I know how to get rid of a persistent nasty smell; I can calculate how many BTU's I'd need to air condition my home and I can change a lightbulb.

The source of these enlightening skills is a recent Penguin paperback by Shirley Conran entitled Superwoman or Everything you Need to Know about Running a Home in Canada Today.

Ms. Conran, a former Women's Editor on leading British newspapers aims to win us all in to more efficient, organized homemakers so we'll have more simplicity, pro-economy, pro-life, She considers herself pro-simplicity, pro-economy, pro-conservation, pro-reality and very pro-fun. And I might add somewhat anti-liberation as well.

It is unfortunate that the author or publisher decided upon such a gimmicky title for the book. In doing so, they have alienated a valuable market for their book — namely males! Men and women alike could equally benefit from many of the time-saving, problem-solving hints contained in this handy consumer guide.

For instance, in the chapter entitled "Cleaner Faster" we are instructed in methods to help save time and money, ie: DON'T keep pets, DON'T dry dishes, DON'T shop with a friend or get the groceries when you're hungry. Clues are also given on ways to cut down on housework. Helpful descriptions and uses of household cleaners are listed

and we are even supplied with recipes for making our own cleaners and polishers.

Subsequent chapters deal with such budget-boosters as "How To Buy The Best And The Cheapest", "How To Be A Famous Decorator", and "How To Move."

Far from turning the reader into a SUPERWOMAN, this book will enlighten young and old, male and female alike. In particular it may be most useful to young marrieds or singles setting up their first apartment. Almost anyone can benefit from reading the sections how to handle gas and electricity and Money, Money, Money (What to do if you are a cashaholic!).

Superwoman is a valuable addition to the home library. It belongs right up there with the Family Medical Dictionary, The Dynamics of Bureaucracy and Monty Python's Flying Circus — even if you have to put a plain brown wrapper over the cover.

My copy of Superwoman is minus page 268. I'm carrying that page around with me at all times now. In 10 easy steps it outlines How To Deliver A Baby.

The Russell Village Women's Institute have decided to make a donation to the Children's wing of the Winchester Hospital in recognition of International Year Of The Child. In addition, throughout 1979 guest speakers will focus on various aspects of the child in our society.

**Library News**

From Ina Kincaid

**HOURS**

Mon., Fri., Sat.: 2:30 p.m. - 5 p.m.  
Wed.: 12 p.m. - 1 p.m.

Tues., Thurs.: 7 p.m. - 9 p.m.

The library is offering a service to anyone who finds it difficult to come to the library to choose books. Telephone your request or have the librarian choose books for you. They will be sent and returned by mail in special bags at no charge.

**NEW BOOKS**

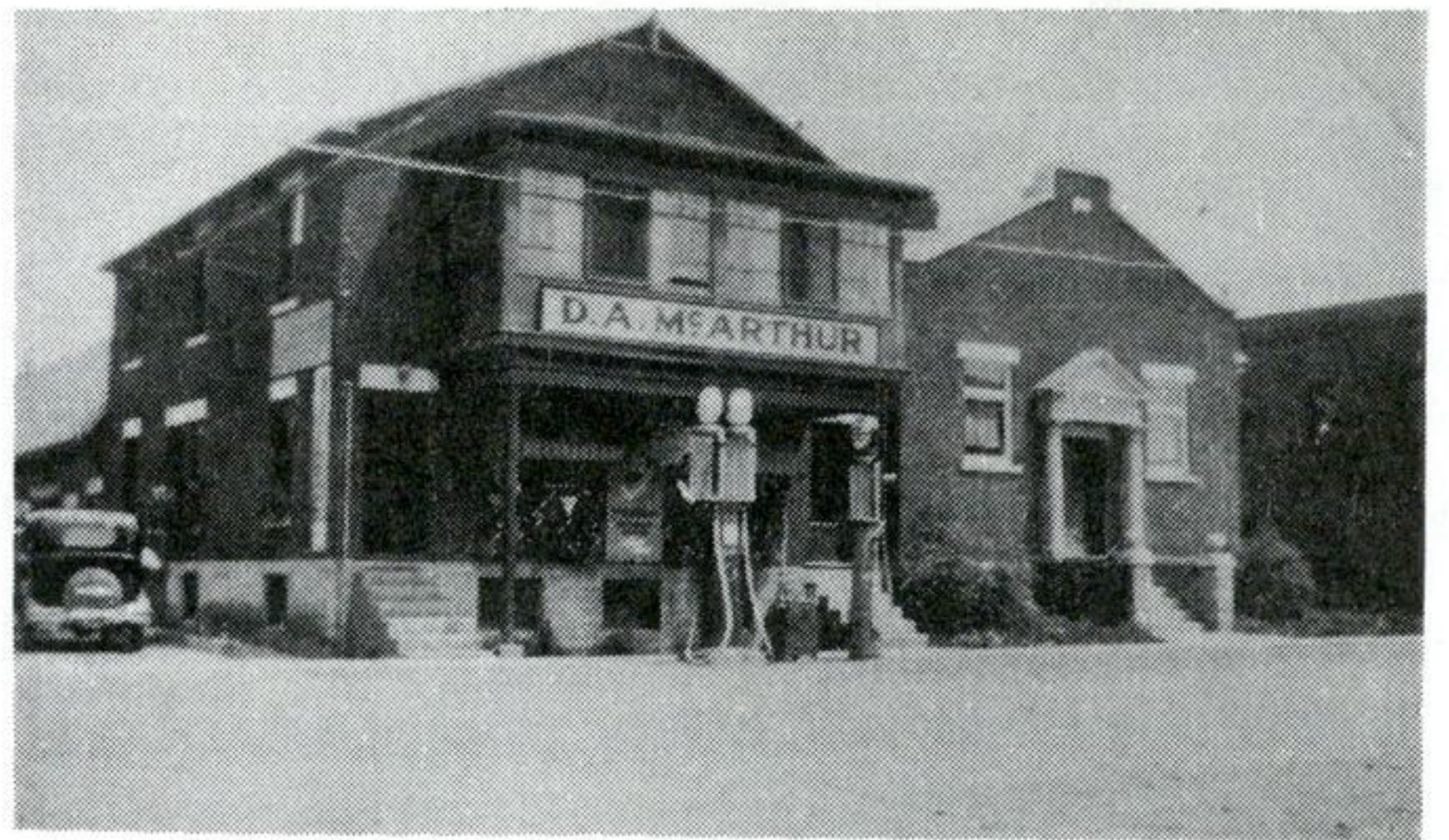
Karsh Canadians, Yousuf Karsh; The Developers, James Larimer; Evergreen, Belva Plain; A Time of Heroes, 1940-1950, Stephen Franklin; How Life Began, Irving Adler; Gods and Demons, A. M. Leghtner; Tales to Take your Breath Away, Alfred Hitchcock; The Wilder Shores of Love, Lesley Blanch; Inventors and Inventions of the Ancient World, Gordon Baldwin; The Valkyrie Encounter, Stephen Marlowe; Uneasy Friendship, Jules Archer.

**Big day planned for Guides**

By Anne Fleming

In an effort to make everyone aware of what brownies, guides and rangers do, our district girl guides are planning a district guiding day. This is to be held Feb. 17 from 1 p.m. to 4:30 p.m. in the Russell Public School. Each pack and company will be putting on a demonstration of approximately one half hour. The program will start with Russell Brownies Pack Two which will present a play, "The Four Good Turns." It will be followed by Casselman Brownie Pack One with a crafts and dancing display; the First Russell Guide Company with two short plays on guiding and Russell Brownies Pack One with a singing and dancing display.

**Backtrack**



WHEN PUMPS WERE HIGH, PRICES LOW

That's right, these old gas pumps in front of McArthur Chev-Olds in 1930's Russell may have been lofty but, the prices were more down to earth. In fact as the pumps got squatter, prices seemed to go up accordingly. This was at the corner of Concession and Castor Streets. The building now houses apartments. (Photo courtesy of Edgar Loucks)

**Griffith**



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**Mad Monk**

No, Russell Red and White owner George Tyo hasn't given up storekeeping to join the clergy and no, he wasn't conducting a seance with Hope Eney. Mr. Tyo donned the monastic robe to help out at the wine cellar, part of the Russell Winter Carnival. Who broke the candle, George?

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