



RUSSELL WARRIORS

Back Row: Chris Fleming (Coach), Geoff Clark (Manager). Second Row: Bill Cherry, Wayne Cochrane, Leo Achtereekte, Mike Connelly, John Warnock, Bruce Cherry, Don Honey, Bryan Cochrane. Front Row: Edward Honey, Jimmy Boland, Pat Fleming, Mike Meikle, Gaye Ford, Bob Cochrane, Mike Miller.

Jack McLaren

Sports Ramblings



With the CDMHL Tournament coming up after Christmas I felt the following article which I gleaned from an Old Hockey Tournament programme might be more meaningful than any words I could conjure up at this time. I pass it along for your reading.

YEKCOH

Yekcok pronounced "Yekko" is a funny new game It's hockey spelled backwards, I will try to explain.

It's a game just for parents of young hockey men You'll hear them at rinkside time and again, They scream and they shout, they rant and they roar, No wonder their poor boy's too nervous to score. It's a game for the memory and it's not really tough, Any parent can do it if you practice enough. The rules are quite simple, the results are much better, If you will try to remember each rule by it's letter.

- Y — is for yelling, which you must not do with the exception of cheering, which we're coming to.
 - E — are emotions that embarrass the boy not exactly make team-mates just jump for joy.
 - K — is the kid who is trying to play. The program is his, to learn his own way.
 - C — is for cheering and in this way you show you have confidence in your boy, and just watch him go.
 - O — is for orders, which you never shout, Remember to to leave these for the coach to dish out.
 - H — is for home, which is where you should stay if you hinder the kid when he comes out to play.
- So that is the game and there's one basic theme, Remember the motto when tempted to scream. Though we're not really trying to put you back on the shelf "Parents need not wear glasses to make spectacle of self."

Metcalfe hockey news

The Metcalfe & District Hockey Executive are pleased to report a successful start with our hockey program. The house league schedule has begun with two weeks of scheduled games completed. We have three teams in each of Novice, Midget Wee and Bantam-Midget divisions, playing Saturdays from 9 A.M. till 2 P.M. at the Metcalfe Arena. Our "Learn to Skate" program is held from 8 a.m. till 9 a.m. Saturday mornings. There are still some openings if area youngsters wish to participate. Contact Keith Michaud, House League coordinator at 821-3079.

Our girls' team has been playing in the C.O.M.E.K. League and is hosting a Christmas Tournament at the Metcalfe Arena on December 27th from 7 a.m. to 5 p.m. Teams are expected from Chesterville, Osgoode, Metcalfe, Embrun, Kemptville, Arnprior, Ottawa and Massena, New York. You are invited to come out and support this tournament and encourage all the girls participating.

The Novice "A" team has played three exhibition games with one win and two losses. Metcalfe is being shown to have a schedule for the Novice "A"'s starting in early January, which we are pursuing at the moment.

Our competitive "A" and "B" teams have been showing well in the Carleton-Dundas Minor Hockey League, as shown by the following team statistics:

Team	Stdg.	G.P.	Pts.
Atom "A"	1st	7	14
Pee-Wee "A"	1st	6	9
Bantam "A"	2nd	6	6
Midget "A"	3rd	7	7
Juvenile "A"	1st	7	12
Atom "B"	1st	7	14
Pee-Wee "B"	5th	6	5
Bantam "B"	2nd	8	10
Midget "B"	1st	6	11

Our association will be holding two dances, January 13th at Greely Community Centre and March 31st at Metcalfe Community Centre. Keep these dates open. Everyone is welcome, so come out and lend your support.

Our Hockey Schedule Booklet is presently being printed and should be ready approximately December 15th. We would like to thank everyone who has supported our efforts to make it a success.

See you at the Arena!

Panthers get grant

The apparently disbanded Embrun Panthers hockey team is one group to benefit from latest batch of Wintario grants.

The club will receive \$2,448 to defray expenses of attending the Eastern Canadian Hockey Championships at Fredericton last year.

The Panthers grant is one of 23 approved for the United Counties of Prescott-Russell. The total outlay from the Ontario Lottery Corporation for the counties is \$76,604.

Other projects funded include \$2,388 to the Russell Agricultural Society to assist with installation of fencing around two ball diamonds, \$1,603 to Russell Township for improvements to the Russell Arena including construction of a skate sharpening room, \$3,649 to the Ligue de Balle Russell-Cambridge to assist with the purchase of trophies, and \$1,106 to the Ligue de ballon-balai feminine de Russell to help with the purchase of broomball equipment.

Air Canada Cup

The Air Canada Cup series, formerly known as the Wrigley Cup, will see the best Midget "A" teams in Canada facing each other next April in Winnipeg. Teams lucky enough to represent their District can look forward to this outlay of goodies.

The Championship team, in addition to receiving the Air Canada Cup and Air Canada Cup gold medallions, will also receive Bauer-Air Canada Championship Bauer-jackets, Bauer sport luggage and Panasonic AM-FM receiver, complete with record changer and tape deck. In addition to each player receiving the above, the Championship team's association will receive a Chrysler passenger van, compliments of Chrysler Canada. Second and third place teams will receive the Air Canada Cup silver and bronze medallions in addition to Bauer sport luggage. The fourth place team will also receive Bauer luggage.

All participating teams will receive an Air Canada Cup participation certificate, complete with colourful illustrations of antique aircraft. In addition, members of all teams will receive and take home the following: Air Canada Cup sweater and socks; Cooper hockey helmet and face mask; Cooper hockey pants and gloves; Cooper-Air Canada Cup hockey stick; Air Canada Cup souvenirs to include programme, souvenir pin and button, banquet menu and puck.

There will be six individual award trophies with each recipient receiving the trophy plus a pair of Bauer Supreme hockey skates. The winner of the MVP trophy will receive a \$1,000 Air Canada scholastic scholarship.

Last year's Ottawa District representative, the Ottawa East Voyageurs, lost out in the final game of the Wrigley Series. Hopefully area fans will get the opportunity to see this year's ODMHA representative (Yet to be decided) at the Russell Midget "A" Tournament in late January 79.

Raiders drop to third

By Garey Ris

Russell Raiders have dropped to third place in the South Carleton Intermediate Hockey League after a high-scoring 10-7 loss to Richmond Dukes.

Richmond had a 2-0 lead after the first period on goals by Robert Greer and Skip Patterson while Russell's Steve Morris was in the penalty box.

The Raiders narrowed the gap to 4-3 with three second period goals by Randy Blondin with Gord Weatherall scoring in between.

John Bonner of Russell had the only penalty. Ten goals were scored in the final frame with Russell getting four of them. Loyal Hughes, Weatherall Blondin, and Terry O'Neil scored but it was all catch-up hockey on Dec. 8 and Richmond proved to be the better team.

SCIHL STANDINGS

	GP	W	L	T	Pts.
Osgoode	14	12	2	0	24
Glencairn	16	8	6	2	18
Russell	15	8	6	1	17
Richmond	14	6	6	2	14
Stittsville	14	6	8	0	12
Kars	15	1	13	1	3

Top 5 Russell Scorers

	GP	G	A	Pts.	PIM
Randy Blondin	15	18	12	30	32
Dan Chamberlain	15	14	14	28	21
Bob Woods	15	9	10	19	24
Loyal Hughes	13	5	13	18	9
Keith McRobert	9	8	6	14	0

Russell R.A. news

By Garey Ris

Merry Christmas and a Happy New Year is the message sent by the Russell Recreation Association and its staff.

The Russell Arena will be closed at 2 p.m. on Christmas Eve right through Christmas Day and again on New Year's Eve at 2 p.m. and all day New Year's.

The Minor Hockey Christmas Tournament will be held from Dec. 26 to Dec. 30. Games commence at 8 a.m. and finish at 5 p.m. Tuesday, Wednesday and Thursday. On Friday, the games run from 8 a.m. to 9 p.m. and 11 a.m. to 8:30 p.m. on Saturday. Get out and support Russell Minor Hockey.

Danny Thompson, arena manager says he's still getting calls concerning public skating. Here

are the hours as of Jan. 1: Monday and Wednesday from 3:30 p.m. to 5:20 p.m.; Tuesday, Thursday and Friday skating is from 3:30 p.m. to 5:45 p.m.; Saturday from 9 p.m. to 10 p.m. for .50 and 2 p.m. to 3 p.m. on Sunday for .50

The students of Russell Public School and St. Joseph Separate School are using the ice during the day from Monday to Thursday. Mom's and Tot's get the ice every Thursday from 10 a.m. to 11 a.m.

All young people are invited to a children's Christmas Party to meet Jolly Santa Claus giving out candy at the Russell Aena on Dec. 18 from 7 p.m. to 9 p.m. Ho, ho, ho!

The next R.A. Meeting is scheduled for Jan. 2 at 8 p.m.

Resurgent Jets

The transfer to their new division seems to have worked wonders for the resurgent Metcalfe Jets. After a lack lustre season last year the Jets are playing with much more poise and confidence this season. They have added scoring punch and have also tightened up defensively making for a well-balanced attack. They recently qualified to represent their Division at the "Boxing Day O.D.H.L. Tournament at Richmond edging out the Winchester Hawks. They have renewed their rivalry with the Hawks, Morrisburg, Prescott and Cradinal and the team is playing with a great deal of emotion, something badly lacking last season. With veterans like Thom Racine, Frank Testa, Barry Hicks and Paul Pritchard leading the way, the Jets could prove to be very tough come play-off time.

HERE'S WHERE TO RING IN THE NEW YEAR



New Year's Eve Party

Dr. F. Kinnaird C. C.

Music by Philip McVey

Tickets limited to 100 couples
\$35.00 includes meal and drinks

Sponsored by Russell R.A.

Door Prizes — Hot and Cold Buffet

9 p.m. to 1 a.m.

Noise makers and Hats
FOR TICKETS CONTACT
Gaye Ford: 445-5400