

**SAVE THE COUPONS**  
Get this  
*Beautiful Silverplate*  
(Wm. Rogers & Son)  
**FREE!**  
COUPONS IN EVERY POUND AND HALF POUND PACKAGE



**LIPTON'S TEA** Full Flavoured

## The Michigan Kid

by Rex Beach

Synopsis

Jimmy Rowan was hopelessly in love with Rose Morris, the prettiest girl in Dover, Michigan. Of course, that was years ago, in early school days . . . but it was hopeless for Jimmy because he was just "that Rowan kid," desperately poor, while Rose's family was rich. While Jimmy was working his way through college, Rose Morris moved away and the home sold for barely enough to pay the mortgage . . . Jimmy vowed to himself he'd get rich . . . and find Rose. Easier vowed than done and years passed before Jim Rowan finally landed in the Klondike . . . there to gain wide reputation as a gambler, known as "The Michigan Kid."

On his way out at Nome, Rowan came upon a meeting of Michigan folks scheduled so he attended. There he came upon Hiram Morris, old, worn and hungry. Morris, with his daughter Rose, is prospecting a claim. Rowan hires as helper and goes out to the claim, ordering supplies sent. From Rose he learns of the father's struggle. Now go on with the story.

CHAPTER VI

Young Hayward was in Nome, but Jim got one of the Bonanza men to go to Rose's assistance and also he borrowed a horse for himself. It was not many miles to town, but it was a wretched night and he was glad when the animal wallowed out of the icy mud and he felt the plank pavements under its feet. The first doctor he found was ill; another had been called to Fort Davis; the third was engaged on a confinement case, but promised to accompany Jim in perhaps two hours. There was nothing to do but wait.

Jim was wet and cold. He stabled his horse, returned to the main street, and entered the first saloon he came to. It was late; there was nobody at the bar, but some of the games were still running and there were a few figures at the lunch counter in the rear. Thither Jim made his way in search of a cup of coffee.

There was a stage at the end of the place where, in the earlier hours of the night, a vaudeville show was given, and at the piano were gathered several weary women of the dance-hall type. One of them saw Jim and spoke to her companions, whereupon they turned and stared curiously at his back.

Young Hayward rose from the faro table and approached the lunch counter. He had been drinking some and losing considerably. There was an unpleasant curl to his lips.

Jim had hitched himself upon one of the high stools; he had raised his mug to drink when Hayward pushed it away from his lips and called to the white-aproned waiter, saying:

"Here! Give this fellow a square meal." At the same time he crashed a twenty-dollar gold piece upon the counter.

## British Remedy for RHEUMATIC ACES

It becomes increasingly obvious that the Rheumatic Sufferers of Canada have for long been seeking a new remedy for their nagging aches and pains. How else can you account for the enthusiastic welcome given to Fynnon Salt, a combination of natural salts of the Earth?

"Whenever anyone who is subject to the tortures of Rheumatic Pains decides to take Fynnon Salt regularly, life for him begins to wear a brighter aspect. No longer do the pain-racked joints defy his efforts to secure longed-for relief because the corrective ingredients in Fynnon Salt—Sodium, Potassium, Lithium—just won't be defied. Uric Acid can't remain in the system—it has to move on, move out.

And sufferers who have turned to Fynnon Salt have had good cause to bless the day they gave it a trial. Wherever the subject of Rheumatic Pains crops up, you will hear the praises of Fynnon Salt sung. Take a ½ teaspoonful of Fynnon Salt in a tumblerful of water every morning for your Rheumatic Pains, Sciatica, Lumbago, etc., and you will soon be rejoicing that life has become bright and cheerful again. Your druggist sells Fynnon Salt, the proven British remedy, 75¢ a large package. If you have any difficulty getting supplies, write: Laurentian Agencies, St. Gabriel St., Montreal.

## Catalog Of Don'ts For Perfect Wife

Here's what the perfect wife should not do, according to Dr. Ethel Dukes, co-director of a child psychology institute in London.

Dr. Dukes, in a speech on "The Successful Wife," listed these "don'ts" for a woman who wants to make a good job of marriage. Such a woman, she said, will not:

Domineer her husband.  
Criticize him in presence of others.

Insist on changing him.  
Refuse to be friends with his friends.

Try to show him off.  
Make him a cushion carrier or an additional servant.

Insist on constant entertaining in the house and out of it when he is tired and wants his cosy slippers.

Despise his homespun qualities when she has had time to improve her cultural and social qualities while he has been hard at work.

Run down his mother or other relatives.

Get into debt.

Neglect him while she runs after "higher things."

Refuse to have children if he wants them and there is no medical reason why she should not.

Use any feminine wiles or neurotic illnesses to make him subservient to her.

## Links Disease And Emotions

Doctor Says Tense Feelings Over Lengthy Period Are Dangerous

Abnormal emotions over a lengthy period of time will bring on disease of an organ, Dr. Franz Alexander, the director of the Institute of Psychoanalysis, Chicago, told a meeting of the Detroit branch of the American Association of Medical Social Workers.

Lengthy abnormal emotions will produce diseases such as stomach ulcers, toxic goiter, diabetes and permanent high blood pressure, he said. Continuous fears, aggressions, repressed wishes, result in permanent chronic emotional tensions which "turb the functions of vegetative organs, he added.

"Increasing knowledge of emotions in relation to normal and disturbed functions required that our modern physician treat emotional conflicts as just as real and tangible issues as visible organisms," he said. "Emotional conflicts arise during our daily life in the social contact with the environment."

## "Golden Apples of Hesperides"

Do you remember the old Greek legend about Hercules and the golden apples of Hesperides? It is generally believed now that those golden apples were really oranges, the oranges of Spain which were remote and mysterious wonders to the Greeks at that time. It is a very picturesque story—how Hercules was sent to get the golden apples from the Hesperides but had to ask the help of Atlas, the mighty man who held the heavens on his shoulders. But Atlas was pretty well tied up with supporting the heavens so a bargain was struck whereby Hercules took over the burden while Atlas went after the prize.

The casualness with which they tossed the heavens from one to another in those days seems amazing, but no more amazing than the casualness with which we obtain oranges today would have seemed to the Greeks. This once rare fruit comes to us now from much greater distances than the Greeks ever conceived of. Besides the fruit from the United States which Canadians have been eating for many years, we get beautiful oranges from Palestine and the Orient.

Here are two desserts made with a basis of quick-cooking tapioca cream combining eggs, milk, tapioca and oranges to make a wonderfully nutritious dish. Among other food values, oranges contain iron, one of the few elements which milk lacks, so altogether the balance is perfect.

## Soft Frock In Festive Mood Delightful For Summer



PATTERN 4745

By Anne Adams

What a thrill to wear a pretty frock that you've made all by yourself—and when the pattern is as simple as this one is, you can have your new dress finished in record time! Anne Adams offers you choice of two lengths in Pattern 4745—one for dress-up afternoon wear, and a longer, more formal version for your evening parties. Note the pointed-up waistline—it fits to perfection—and there's nothing quite so flattering as the dainty sleeves, soft bodice, and V-neckline. For fabric, choose a colorful synthetic print, or a shad-owy sheer. Illustrated step-by-step sewing instructions included.

Pattern 4745 is available in misses' and women's sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38 and 40. Size 16 takes 3 3/4 yards 39 inch fabric, and 2 1/4 yards lace edging. Send Twenty Cents (20c) in coins (stamps cannot be accepted) for this Anne Adams pattern. Write plainly size, name, address and style number. Send your order to Anne Adams, Room 425, 73 West Adelaide Street, Toronto.

## A Modern Cloth Made Of Glass

Fabric of Great Beauty and Utility Is Now Being Manufactured

Every woman knows what a glass cloth is—a cloth for drying or cleaning glass. The description is taking on a new meaning, for the latest kind of glass cloth is just that—a fabric made of glass.

Five years ago the Owens-Illinois Glass Company, at their Newark, Ohio, laboratory, began certain experiments and discovered a process which is wholly new and invaluable. They spun glass so fine that a human hair is four times thicker and wove fabrics out of it which are soft, flexible, durable—incredibly so. Coming into every-day use are ribbons for electric insulations, cloth for air-filters of air-conditioning units, for industrial filters, for wallpaper, curtains, tablecloths, even wearing apparel—all fabricated by familiar textile machines from lustrous thread spun from filaments of pure glass.

Won't Break When Dropped  
If the new glass cloth is dropped it will not break, it will just crumple up like ordinary cloth. Many designs can be worked into it; it will wear a long time and it can be washed with soap and water.

The lustrous quality of glass cloth permits its use as "paper" on the walls of otherwise dim places—stair wells, hallways, apartments. Moisture-proof, it is perfect for the bathroom. Its fire-proof nature makes it desirable for draperies, tablecloths in restaurants, furnishings aboard ship.

Remarkable Permanence  
But industrial applications make fibrous glass a true, large industry. Heat-insulation in stoves, refrigerators, and walls already consumes vast quantities.

Thin glass thread and tape, wound around electric wires, mean resistance to heating effects, to moisture, rot, and attacks of insects. They mean also remarkable permanence.

All of which looks as if a new fabric of great beauty and utility had been discovered for home, office and industry. And that is exactly what has occurred.

## Mandarin Nails An Extravagance

New Yorker Contends They Mark Decline of Our Civilization

In the old days Chinese mandarins let their fingernails grow and Chinese women bound their feet. The object in each case was to show that the possessors of the fingernails or feet did no useful work, and this was thought to be a credit to them. The American women do not bind their feet—and for that matter neither do modern Chinese women—but something which is called a "mandarin fingernail" does flourish in these parts. A New York Times reader wants to "do something about the practice." One sympathizes with her, but sympathy is as far as one can go. The minority of women who wear mandarin fingernails cannot play a piano or operate a typewriter or look after a baby very efficiently, and they cannot wash dishes at all. They do feel, however, that they have gained something and as long as they feel that way we shall have to put up with them.

### Be More Individual

The reader who brought this subject up is afraid the long nails are one of "the manifestations of a moral regression toward the extravagant follies apparent in declining stages of civilization." Certainly no civilization could long survive if every one, male and female, allowed the nails to grow an inch beyond the ends of the fingers. But civilization can stand a good deal of nonsense from minorities. The dear ladies are merely trying to follow fashions in looks just as their husbands and brothers so often try to follow fashions in opinions. In each case the compulsion of the crowd is felt. The cure for that, and the cure for many of the world's troubles, is more individualism—and not individualism of the rugged kind, either.

The greatest number of ships visiting Argentina last year were British, with Greek second, German third, Italian fourth, and American fifth.

**NERVES**  
**STOP THEM SCREAMING!**  
If you worry—with that queer taut feeling in your stomach—take PHOSFERINE. A few tiny, economical drops each day will help steady those ragged nerves, improve your appetite, build up your strength. At druggists, 50c, \$1.00 and \$1.50.

**PHOSFERINE THE GREAT NERVE TONIC**



**HEALTHY CHILDREN**  
and  
**Happy CHILDREN**

CHILDREN of all ages thrive on "CROWN BRAND" CORN SYRUP. They never tire of its delicious flavor and it really is so good for them—so give the children "CROWN BRAND" every day.

Leading physicians pronounce "CROWN BRAND" CORN SYRUP a most satisfactory carbohydrate to use as a milk modifier in the feeding of tiny infants and as an energy producing food for growing children.



## Being Hostess, Cook Combined

Advice Contains Many Kitchen Tips That Result In Smart Serving

Many women have to play the role of hostess and cook at the same dinner. They realize the necessity for serving meals without the constant bobbing up and down from the dinner table to the kitchen that is disconcerting to guests as well as the hostess. Dorothy B. Marsh suggests in Good Housekeeping ways to serve efficiently and cut down on these trips to and from the kitchen.

Save Steps  
"Suppose, for instance, you're to have tomato or fruit juice for the first course," she says. "Save steps by serving it with the main course. Then when it comes to vegetables, choose two that you can combine in one serving dish or arrange side by side on it. Serve one vegetable on the meat platter when you can. Or make vegetables a part of a homey main dish in a casserole."

Also, suggests Miss Marsh, share honors with the host in serving everything from the table. In this way you'll save many kitchen trips. And always dine with a small table or tea wagon on hand. Use it to serve from, or for dessert things, or water pitcher.

## Iodine Named Best Germicide

Iodine is the most efficient of nine leading germicides in the elimination of bacteria, the Department of Bacteriology of the University of California has determined.

Dr. A. J. Salle, assistant professor of bacteriology, directed the work, which covered a wide range of germicides.

Of all the germicides studied, iodine showed the least toxicity for healthy tissue and mercurochrome the highest.

For this reason, Dr. Salle said, iodine appeared to be the germicide "par excellence," because it was highly efficient and did not destroy tissue.

Next best was Hexylresorcinol.

Rose oil produced in Bulgaria last year weighed 6,105 pounds.

Laurentian lakes that teem with **TROUT**



Step into the GRAY ROCKS plane—half an hour over myriad lakes and virgin forest—then Cold Lake, Commandant or La Cerge—and TROUT, bass, fool gray and northern pike. GrayRocks-owned camps—excellent equipment—good guides.

Write for folder, F. H. WHEELER, 15R Mg. Dir.

**GRAY ROCKS INN**  
St. Jovite, Quebec

## WAKE UP LIKE A CAVE MAN

Feel Full of Life—No More Tired, Dull, Heavy Mornings

Keep your liver healthy and you'll feel great every morning. When you wake up feeling "rotten" your liver is out of order. Your liver clears the blood of poisons, separates the nourishing part of your food from the waste. Supplies energy to muscles, tissues and glands—gives out bile, the body's laxative, helps stomach, kidneys and intestines to work properly. A mere bowel movement isn't enough. "Fruit-a-tives" made from fruits and herbs, will strengthen and build up your liver like nothing else will. You'll be amazed how well you are every morning. Try Fruit-a-tives. All druggists.

**FRUIT-A-TIVES LIVER TABLETS**