NEWS AND INFORMATION FOR THE BUSY

(Furnished by the Ontario Department of Agriculture)

Rural Population During the past sixty years the other trees. increase in population in Ontario has been chiefly in the category designated urban. In 1871 the urban planting. The cost to the farmer population numbered 356,000 and is the loss of pasture and the fence rural population 1,265,000 or 78 per to keep the stock out. Planting incent of the total. In 1931 the urban cludes these and also nursery and population had the rural population was only of natural seeding is that it is more another, have developed such poor 1,336,000 or 39 per cent of the total. sure. This is especially true of posture as to be handicapped in life. The number of occupied farms in poor sites. Trees will start and grow the same sixty years showed an in- well on shallow soils, while it is posture reflects good health, and crease from 172,000 to 192,000 while very difficult to secure a stand by when conditions are such as to inthe size of the average farm rose from 93.8 acres to 118.9. These two fairly close spacing (3-4 feet) and changes indicate a decrease in the size of the farm family and an increase in the total area of occupied land from 16,162,000 acres to 22,841,-000 acres. The area improved, however, showed a much greater percentage gain, rising from 8,834,000

acres to 13,273,000. T. B. AREAS FOR ONTARIO

Ontario farmers are becoming increasingly conscious of the necessity of eliminating bovine tuberculosis from their herds. A few years ago there was open hostility in many counties to the restricted area plan fostered by Ontario and Federal Governments, but this opposition has gradually been swept away until now there are fifteen counties in Ontario in the restricted area list, Grey, Simcoe, Lanark, Victoria and Peterborough counties have signed up for tests while petitions are being circulated in Lennox, and Addington, Hastings, Wentworth, Norfolk, Rainy River, Lincoln, Essex, Welland and Bruce.

Following educational meetings in Oxford county, petitions are being signed rapidly; a complete canvass is being made in Middlesex. Brant county held a meeting last week to discuss application to county council to have Brand made a T. Haldimand B. Restricted Area. County Council has asked the Live Improvement committee to hold meetings and distribute application forms.

Two meetings have been held in Elgin county, one at Port Burwell, the other at Aylmer. Mr. F. Thomas, agricultural representative is in charge of the campaign for instructing farmers about the plan. The western part of the county will Waterloo be canvassed later. county is proceeding early next mers located in all the agricultural month to have cattle owners canvas-

REFORESTATION Planting or Natural Reproduction By I. C. Marritt

There has been an intense interest in conservation and reforestation the past two years in Southern Ontario. It is realized by many plete. that too great a thinking people percentage of the land has been cleared in the fine agricultural sections, but there are many thousands acres of sub-marginal lands that are growing practically nothing of value, but fair financial returns with several records from producers

seed trees. Floods are liable to occur on many of the rivers and creeks, wells and springs go dry, and winds have an open sweap, thus making it more difficult to grow agricultural crops.

Reforestation is a necessity in The method and the should be determined. Many think for this reason, to prepare a report only of planting when reforestation concerning milk production costs is mentioned. They do not realize in all localities and for all types of that reforestation includes natural markets and, also to present a full reproduction. An area can be re- statement relative to the success or forested naturally if there are trees of erwise, of the whole dairy farmgrowing on or adjacent to the area ing business on each farm. The farm that is to be reforested. Tree seeds ripen on the tree and fall to the will provide information relating to ground. Some of these germinate production yields per unit and will and a small tree has started to grow be particularly valuable as an aid It will grow into a large tree if it is to dairymen in increasing the net protected from stock and fire, and revenue of their farms.

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if it survives the competition of

The cost of reforestation by naplanting. in-2,096,000, but planting costs. Another advantage are persons who, for one reason or planting. Deciduous trees require the cost of planting at this spacing is very high.

> An advantage of planting over natural reproduction is that only species may be grown, valuable while the valuable and weed species grow in the woods that reproduces from seed. The reproduction of the valuable species in a woods can be secured by removing the weed trees and leaving the more valuable to seed up the open places. The more valuable species would also be favoured in thinnings.

> Many tree seeds fell and were blown around last fall and during the winter. Other species will have seed ripening in early summer. Many of these seeds will germinate and they would grow into trees if the field is protected from fire and

> Farmers who are fortunate to have woodland on the farm should plan to do their part in reforestation by fencing at least from stock. Many have only a few acres left and they think that it is hardly worthwhile. But even an acre of woodland will help in controlling floods, and will be a reservoir that will help to keep water in springs and reservoir.

PREPARING REPORT MILK COST PRODUCTION

Carried on jointly by the Economics Branch, Dominion Department of Agriculture, Ottawa, and the Agricultural College, Guelph, the technical work of the Farm Management and Milk Cost Project is being promoted as rapidly as possible. This study was initiated by the organized milk producers of Ontario and was made possible by the co-operation of 1,673 farsections of Ontario. These farmers kept complete records of their farm business for the year ending July 1, 1937. The field staff visited each co-operator to assist n keeping the records, and again, at the year end, to check all details and to make sure that the accounts were com-

Eight hundred completed farm accounts have been received at the Ottawa office, and a representative group of completed account records has been secured from practically every County of Old Ontario, along

tailed information relative to milk most urgently appeals. Thus on Sunday, March 20th, The Salvation plete statement concerning the receipts and expenses of the whole that should do the work farm business. It will be possible, management phases of the study

CRANKMIRE ON CREEDS

Speaking, of creeds, old Crankmire "We'll know the truth when we are

But I'd prefer no creed at all Than one established as a wall To bar one friend whoe'er he be From dropping in to visit me.

"I have preferred, and well I ought, The teachings which my mother taught.

But I am glad she didn't say From all who differ turn away! Within the limits of this creed Dwell all the friends you'll ever

"I should have hated her, if she Built such a towering wall round me And cut me off from friendships

Which grace religions everywhere. If I could not spend my whole life through With Catholic, Protestant or Jew.

'No single group, how fine it be, Could narrow down this life for me. Out of all creeds our friendships

And I am glad that this is so; Clad that no church can draw a line Twixt me and any friend of mine."

Two London cabmen were glaring at each other. "Aw," what's the matter with you?" demanded one.

"You gave me a nasty look" persisted the first. "Well," responded the other, now that you mention it, you certainly have a nasty look but I didn't

give it to you.

"Nothing's the matter with me."

MEALTH

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE MISURANCE COMPANIES IN CANADA

POSTURE

The upright position has many advantages but, unfortunately, there

To a considerable extent, good terfere with good posture, it is no exaggeration to say that such conditions are likely unhealthy.

The child who spends many hours each day at a school desk which is for him and which thus too low forces him to slouch down to use his desk is likely to have stooped shoulders.

We might say that while this situation can be dealt with by having at least two or three sizes of desks, in no case should the school child be kept sitting for long periods. Long periods of sitting lead to a weariness which is expressed in drooping shoulders.

The posture of women has improved since they have given up the garments which were used to constrict the figure. At the same time, women have relieved themselves of the burden of innumerable superfluous garments.

Poor posture is often the result of ill-fitted shoes. Feet vary in size, shape and position. That is why care should be taken to fit the shoe to the foot rather than to attempt to mould the foot to the shoe. Good posture promotes good health because it allows for the or

gans of the body to function in their normal position, whereas poor posture may constrict and limit action while pressing organs out of their normal place in the body. in that it gives to the person a sense of well-being and comfort,

and a certain desirable assurance. Good health problems of the world, but it will help to prevent some of the ills which afflict mankind. Healthy muscles, well-built from proper

through exercise are essential to hold the body in good position. Weak muscles cause shoulders and protruding abdomens, with narrow chests. Good food, a reasonable amount

gether with proper clothing, promote good posture and good health. Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toron- nation. to, will be answered personally by letter.

PRISON SUNDAY

Religion in Canadian Prisons According to The Salvation Army,

would be received if trees were who sell to the whole milk markets an organization that has had great growing. Much of this poor land of Northern Ontario towns and experience in dealing with law has to be planted as there are no cities. The field staff began to breakers—there is no factor in the collect records in July, 1937, and permanent reformation of a criminal completed the task in January, 1938, so powerful as the effects of reli-The farm account records which gion, so it is to the spiritual nature have been assembled, provide de- of the prisoner that the Salvationist Army throuhout the Dominion will have its annual "Prison Sunday." Through the co-operation of Wardens and Chaplains The Salvation Army will conduct religious services in all penal and reformatory institutions. In many prisons Salvation Army bands and singing brigades will assist in these services. Dr. Lavell, noted penologist, au-

"The Convicted Criminal His Re-establishment" says: "There are criminals that all except the church and The Salvation Army might as well give up......But most fellows convicted are quite capable of rehabilitation." Governmental reports show that prison authorities freely acknowledge the practical results of religion on prison reform as will be seen by the following:

"On a religious conception of the entire prison problem, real prison reform must be based. It is a recognized fact that in order to secure a rebuilding and satisfactory reconstruction of the inmate's character his heart must be reach-

"Salvation Army Officers visited the prison on the last Sunday of each month and their presence and organized song-services were much appreciated by, and of great benefit

to the inmates who attended."
Let us hope that in this "Prison Sunday" services many thieves will look at Christ and become penitent.

A GOOD IDEA

(Bowmanville Statesmen) Orillia, along with the rest of Ontario, has been suffering from a minor business recession. Orillia merchants however, were not content to sit back and wait for business to stage a come-back. Seventy-two of them banded together and put on a great Co-operative Sale, for nine days. Because it was cooperative and the merchants entered into it with a will it was an out-standing success, the Orillia Packet-Times agreeing it was one of the outstanding shopping events in

The prisoner had just been convicted of being drunk and disorderly and at the particular moment, the elderly magistrate, feeling a draught from the back of the bench, put on his skull cap.

"Blimey," came a hoarse female voice from the back of the court, " 'e ain't going to 'ang ole Bill, is

NEW CATTLE CLASS FOR NEXT ROYAL WINTER FAIR

A new class for Market Cattle, which will, it is believed, begin a new trend in the exhibition of farm stock in Canada, is to be introduced at the next Royal Winter Fair in November.

The exhibits must consist of ten polled or dehorned steers, weighing not more than 1,000 pounds each, and among which uniformity in the weights of individuals will be a scoring point.

The cattle may be grade, crossbred, or purebred, but of the same breed type all through. They must have been owned by the exhibitor for fully sixty days before the Royal

Winter Fair. They shall not be eligible for entry in any other class and must be sold at public auction during the Fair. Five money prizes are offered, ranging from \$150 down to \$50.

VESTIBULES OF HEAVEN

The country needs good homes; not boarding-houses or headquarters where a mail and laundry are de livered, but homes that are what they should be-vestibules of heaven.

As much as it needs an army and a navy, says Howard Gist, does this country need homes and homemakers. As much as it needs a police force, a fire department, a does the country need homes.

The youthful bandit, the wayward girl, the lawbreaker, the divorce court, and a hundred evils may be traced to a home where there was no moral background, no conception

of t ings as they should be. People are fond of fine homes. Not so many try to build a home. It requires more than four walls, and a few articles of furniture to make a home. A house of fifty rooms may be the annex of hell. A house of four rooms may be the entryway of heaven.

Homemakers are nation builders. The country seems safer because of these folk. But, alas, many are not homemakers. They are home break-Good posture is a personal asset ers. There is the father who is never a companion to his children, who seldom speaks a kind word at home, and the wife or mother who posture will not solve the boasts that she "despises housework" - they are weakening the foundations of our civilization.

A thousand times happy is that home where there is a complete unfood and kept strong derstanding between the various members; where the principle of "each for all, all for each," is never slouching allowed to die; where the latchstring is always on the outside, and where the troubled may come for a warm welcome and helpful counsel. of exercise and sufficient rest, to- From such a home radiates a wholesome influence that permeates the entire community. That home is a beacon light for the weary. homemakers are the home of the

INVENTOR OF MACADAMIZED ROADS

The civilized world has become familiar with "macadamized" roads, but it is doubtful if many of the millions who use them know the origin of the term.

John Loudon McAdam, pioneer 1756. He died at Moffat in 1836. father was a local landowner and banker in Ayr. At the age of fourteen he joined an uncle in business in New York, and did not return to Scotland until 1783. Thereafter for fifteen years, he served as Deputy Lieutenant for the County of Ayr, devoting much attention to improvement of local roads. Subsequently he removed to Faimouth, where he was concerned in the victualing of the navy, though he also made a hobby of studying roads in that part of England. In 1816 he was appointed surveyor of the Bristol Turnpike Trust and a year later demonstrated his system of road construction in London. This system was based upon the prinicple that, with proper drainage, broken stone of suitable size can be laid on the natural sub-soil, thus eliminating the expensive stone-paved foundation previously considered necessary.

A HAPPY THOUGHT (Amherstburg Echo)

Governments all the way down from Federal to Municipal should advertise more, in the opinion of William E. Mosher, director of the School of Citizenship and Public Affairs, Syracuse University. He de-clares there is a dearth of interpreting to the public what the governments are doing and that public authorities are almost entirely lacking in appreciation of the necessity of informing the public of plans or accomplishments. condition is contributing to the growing apathy shown by most citizens toward affairs of their country.

THE TRICK

Joe Rines, who radiocasts for a watch company, does a magic stunt to amuse his audiences. He calls a man upon the platform, borrows his hat, stirs eggs. flour, and water in it, and says, "Would you like to see me pull out a watch? The man says yes; Rines looks in the hat, mutters "Something wrong," and hands back the hat-which has a fine mess of eggs, flour and water in it. Then he leaves his helpless victim sitting there while the radiocast goes on. Afterward he gives him \$10 for a

When this happened the other night the victim said, "Whew! \$10 for a \$3 hat?" Rines nodded.

"My brother's on relief," said the man with the eggs in his hat. "Can he come next week?"

Modern girls are far more in-terested in mending a man's ways than in mending his socks.



I am agent for Bray Chicks in this locality. Phone or call for catalogue and price list. The Bray Chick does the trick.

M. Rolland La Madelaine

R. R. 1, ST. ONGE ONT.

WHITE CROSS SAFE

DRIVING MOVEMENT "Honestly Now What's Hurry" is the suggestive and attention-arresting sentence being dis-played on over four hundred billboards this week throughout On-

This safety design directed to the motoring public has been made available by a donation of the neces sary billboard space by E. L. Ruddy Company Limited to the White Cross Safe Driving Movement. The posters carry a large reproduction of the White Cross emblem, in colors, in addition to the message quoted, and the well-known slogan of the church, and a school in every town Movement "Be a White Cross Driver" across the bottom.

According to a statement issued by Dalton J. Little, Secretary of the White Cross Safe Driving Movement, to members of the Ontario Advisory Committee, 253,487 White Cross emblems have been distributed from his office since the com-mencement of the Campaign, August 27th last, at the Safe Driving Clinic, Imperial Oil Limited, Canadian National Exhibition, to March 2nd inclusive. This safety effort became a public movement on September 2nd when, with the co-operation of the Ontario Department of Highways, Ontario Safety League and other public bodies, the personnel of the present representative Committee was, in part, enlisted, with the balance of the twenty-four members in different parts of the Province subsequently becoming actively associated. The Campaign is at present confined to the Province of Ontario.

TO-DAY

Never mind about to-morrow, It always is to-day; Yesterday has vanished. Wherever, none can say.

Each minute must be guarded, Made worth the while somehow, There are no other moments, It always is: "Just now."

Just now, the hour that's golden, The moment to defend, Just now,-without beginning, Just now, can never end.

Then never mind to-morrow. 'Tis to-day you must endow With all that's true and noble, And the time for this is-Now!

-Dorothy Sproule. "CANADA 1938"

"Cnada 1938" the popular series of road-makiny, was born at Ayr, in of broadcasts sponsored by the Imperial Tobacco Company, and heard each Friday evening at 10 o'clock E.S.T., will be of special interest to its listeners on March 18th when Walter Bowles, the Roving Reporter, will speak from Sudbury, in the heart of one of the largest mining districts in Ontario. The great mineral resources and the tremendous development of this part of the It isn't the cost of living that has development of this part of the litisn't the cost of living that has country will be the subject of his increased but the number of "necestalk and interviews."

FIGURES WITH A MORAL

A recent news' story from Washington contained the following sentence......"Canada, which took merchandise valued at \$510,000,000 (in 1937) or 33 per cent more than in 1936, was the second largest foreign market (for American exports)" At the other end of the scale American imports from Canada were worth \$399,000,000 or six per cent more than in 1936.

An adverse trade balance with the United States of \$111,000,000 in one year is one which should give Canadians cause for thought and analysis Those imports are equivalent to a per capita expenditure of practically a dollar a week for every man, woman and child in this country. That, of course, is theoretical because the American goods included raw materials necessary to manufactures in Canada. However, it is interesting to speculate that if the dollar a week had been spent on Canadian merchandise, wherever possible, it would have meant a tremendous increase in sales and lead to the absorption of many of our unemployed by industry.

ANNUAL MEETING FRUIT GROWERS ASSOCIATION

On Wednesday, March 23rd, the annual meeting of the St. Lawrence Valley Fruit Growers Association will be held in Morrisburg with the annual business meeting from 10 to 12 in the morning at the office of the Agricultural Representative. At 12.30 there will be a banquet at the St. Lawrence hall at a cost of 25c to members and at the regular price for non-members. Speakers will be C. E. Petch, of Hemmingford, Que., and F. S. Browne, of the Experimental Farm, Ottawa. Moving pictures of orchards and spraying operations will also be shown at the afternoon session.

BUSINESS IS GOOD

'There isn't any business" wailed the sad and gloomy man. "I haven't made a dollar since these

troubles here began," But I couldn't help reflecting, as I heard his story through,

That the hopeful, cheerful hustler seems to have a lot to do. I've been in business places where the air was thick with gloom,

And the men were sad and solemn like the mourners at a tomb, And there wasn't any business or an order coming in;

And, what's more, there never will be till those fellows start to grin. "There isn't any business"-aren't

you tired of the cry? Men have caught the gloomy habit and they sit around and sigh;

But the hustler, I have noticed, who has quit his office chair. And is confidently working seems to

gather in his share, It is time to get to business, it is time to hustle out, With a man's faith in the future of

this country without doubt. Much too long we've sobbed and whimpered, much too long we've

talked of woe; Now it's time for optimism and the hopeful phrase: "Let's go."

The proper measure of a man is the size of the things he worries

Contest in bedlam: Bridge players talking louder to be heard above the radio; making the radio louder to be heard above the bridge players. Soaking the rich is fun, but anyone should know that a tree can't keep bearing fruit if you cut off

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