



Are you afraid to eat a hearty meal?

WHAT does meal-time mean to you? Is it the pleasure that it should be to restore the energy your work has taken from you?

Or must you pick and choose—in dread of indigestion?

Here is a remedy that has brought relief to men and women the world over. Dr. Williams' Pink Pills are taken every day in many countries, specifically for digestive troubles and stomach disorders, and have brought happiness to thousands of one-time sufferers. For, besides strengthening the digestive nerves, they invigorate and purify the entire system and lay the foundation for continued health.

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**Dr. Williams' PINK PILLS**

"A HOUSEHOLD NAME IN 54 COUNTRIES"

### An Ordered Life

Whose every breathing is unworded praise; A life that stands as all true lives have stood, Firm-rooted in the faith that God is good.—Whittier.

Blue: "Looks like a pretty old car you've got there."  
Black: "Yes; my daughter's been driving it two weeks now."

**Firestone Gum-Dipped TIRES**

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Safety & Mileage



YOUR local Firestone Dealer has a Firestone Tire for every purse and purpose. He saves you money and serves you better. See him today.

## In a Babylonian Schoolroom

Two or three score boys and girls sit on low stools in a big room. Each child holds a small tablet of damp clay in his left hand. The right hand grasps a pointed reed, with which the child dabs little wedge-shaped marks on the clay. The clay and the reed are their pencil and paper, and they are learning to write. We are in a Babylonian schoolroom, many thousands of years ago—perhaps before Abraham left this very region with his flocks and herds for distant Palestine. The newly risen run of civilization is casting its first rays on the fertile lands of lower Mesopotamia, watered by the great rivers Tigris and Euphrates.

The children bend to their task. Now and then they will glance up at the "blackboard"—which is neither black nor a board, but a large clay tablet baked in the oven until it has become a hard brick. On that tablet the writing exercise has been traced in the same queer, wedge-shaped characters, done larger, so they can be easily read by the children. The exercise consists of wise maxims, such as: "He who would excel in the school of the scribes must rise like the dawn." We know this, because modern scientists, digging among the ruins of ancient Babylonian cities, have discovered some of these old, old "copy-books," which being baked brick, have been preserved through the ages.

The brick tablet stands on a raised platform. And near it the schoolmaster sits in a comfortable chair. He is a stout, thick-set man, with straight nose, wide nostrils, and square face, which, like his round head, is clean-shaven. Most of his pupils are of the same type, though some have hooked noses and look much like modern Arabs or Jews. The ancient Babylonians were a mixed stock, made up of a very old race, the Sumerians, mingled with Semitic blood which had come in from time to time.

The children's task is not easy, for Babylonian writing is very complicated. There are a great many of those wedge-shaped characters, which look much alike and thus have to be all learned by heart. These boys and girls try hard to do their best. Their parents have emphasized the importance of learning to read and write. The Babylonians set great store by education. Even the poorest among the respect learning.

These boys and girls also know that they will need education in their business when they are grown up. The Babylonians are great business people. They are keen traders, and every important transaction, from the sale of a piece of land to the purchase of any valuable article, must be recorded on a clay tablet and personal seals. This applies to women as well as to men. The Babylonian boy or girl who cannot read and write will not get far in the world. Therefore, Babylonian children begin their schooldays at the age of six, and are usually eager to learn. The school we are now visiting is for the younger boys and girls; it is what we should call a primary school. The room itself is done in light-colored plaster, laid over walls of sun-dried bricks, with a ceiling of palm-tree trunks chinked with clay. It is lighted by narrow openings high up near the ceiling, to insure a good circulation of air.

The noon hour arrives. Laughing and chattering, the boys and girls troop homeward, pausing to peer into the little boothlike shops where merchants and craftsmen ply their trades or watching the busy street traffic—especially the heavily laden donkeys and the strings of dignified camels.—Lothrop Stoddard, in "The Story of Youth."

### The Pendulum Clock

A pendulum clock gained, owing to the increase of gravity with latitude, about one minute and twenty seconds a day when taken from Ottawa to the mouth of Mackenzie river, Northwest Territories, by the Dominion Observatory, in connection with its gravity work. Taken about five thousand feet up a mountain side in British Columbia it lost about thirteen seconds daily.

### Climbers

You will never lead souls heavenward unless climbing yourself. You need not be very far up—but you must be climbing.—Bishop Walsham How.

## Department of Health

### The Fly is a Menace to Health

Summer, with the holiday pleasures which it brings, is often marred by that pest of health and comfort—the fly. The presence of flies around any dwelling means that there has been carelessness on somebody's part. A few necessary precautions taken in time is all that is necessary to prevent the annoyance and dangers to health which can be safely attributed to this pest.

### Types of Fly

The flies which bother us around the house and at summer resorts are of two main types—the house fly and the blow fly; the latter are larger than the house fly and have bright, metallic bodies and make considerable noise when flying. The stable fly is generally found around cattle and horses; in appearance it resembles the house fly, but has a distinguishing feature—it bites and sucks blood and is especially active before storms.

### Control of the Fly Pest

When we study the life cycle and habits of flies, we know beyond all doubt that to be effective, the work we do to destroy them must be aimed at the distribution point, viz., the breeding grounds. There are several methods of attack:

### Use of Larvicides

(a) Chloride of Lime applied in layers of about  $\frac{1}{4}$  inch thick on the fresh exposed contents of outdoor privies every four or five days is an effective, cheap agent for destroying the larvae of the blow fly which breeds chiefly in outdoor privies.

(b) Crude Coal Tar Distillate—proves a most effective method in the control of the house fly breeding in stable manure, garbage piles, etc. A satisfactory strength is a three or four per cent. solution; this is sprinkled on the edges of the piles wherever the larvae appear. The action is rapid and the results very marked.

The blow fly (blue bottle and green blow fly) breed also in garbage, decaying vegetable matter and pig manure. Sprinkle crude coal tar distillate (four per cent. solution) over the infested areas.

Crude coal tar distillate may be secured from your druggist.

### Supplementary Methods

(a) Trap—the cone-shaped type is best; it is so built that the fly after being attracted by bait placed underneath passes through a small opening in the top of the cone into the trap proper.

(b) Screens—wire of twenty meshes to the inch is necessary to keep out house flies.

(c) Poisoning—a cheap and effective poison may be made in the home by adding to a pint mixture of milk and water three (3) teaspoonfuls of formaldehyde. This may be poured on pieces of bread placed in shallow saucers. Place safely out of reach of young children.

Kitchen garbage should be tightly wrapped in paper or kept in fly-proof cans.

### Runaway Horse Obeys Traffic Light; Many Motorists Do Not

A wooden horse played no small part in the fall of Troy. A milk wagon steed helped write history in Stamford, Conn.

Here's the story—and the good folk of Stamford are going to stick to it. During the wee, small hours this particular horse decided to run away. The streets were wide and deserted and the going was fine for a block or so, during which time a lot of milk was delivered promiscuously.

Then came a Stamford intersection, and as old Dobbin thundered down upon it, the green light changed to red.

The noble charger dug his cleats into the pavement and stopped dead in his tracks, thereby snuffing himself as a law-abiding plug. The National Safety Council points out this little incident as an evidence of horse sense—often needed by careless drivers.

### Minard's Liniment for Summer Colds

### Failure

Failure is only postponed success so long as courage "coaches" ambition. No one wave can batter down the rocks; it's the eternal pounding away of the surf, that changes the shore line. The habit of persistence is the habit of victory.—Herbert Kaufman.

### SENSE

A little nonsense, now and then, is relished by the best of men: But seen too oft, they take offense And come straight back to common sense.

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## CHOLERA INFANTUM

Cholera infantum is one of the fatal ailments of childhood. It is a trouble that comes on suddenly, especially during the summer months and unless prompt action is taken the little one may soon be beyond aid. Baby's Own Tablets are an ideal medicine in warding off this trouble. They regulate the bowels and sweeten the stomach and thus prevent the dreaded summer complaints. They are an absolute safe medicine, being guaranteed to contain neither opiates nor narcotics or other harmful drugs. They cannot possibly do harm—they always do good. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## When Asked Are You Friz Sez Yes I Is But!

### Five Districts in Province of Quebec Report Snow in Summer

Quebec—Five different places reported snow in the Province of Quebec during the month of June. The Goyin Dam in the Lake St. Peter region, headed the list, with a two inch fall during the 30 days of the month.

Amos, in the Abitibi, had one-tenth of an inch, while Thetford reported traces of snow. Manouane, also in the Lake St. Peter district, experienced one inch of snow during the month, while Metis, in the Lower St. Lawrence, a famous summer resort, also had one inch.

On the other hand Thetford ranged to the other extreme, for, in addition to recording traces of snow, it also registered the hottest day of the entire month, the mercury soaring to 96 degrees on June 20. Temperatures of 90 degrees were common during the month, while so were below freezing marks, no less than 14 sectors reporting temperatures between 24 and 31 degrees above zero.

Montreal experienced normal weather during the month, with a maximum temperature of 88.5, a minimum of 38.2 and an average of 64.5, while the rainfall of 5.75 inches was 2.19 below normal.

### Minard's Liniment for Neuralgia.

### Depth

Before our life can get depth, it, it must get God into it. A life with no intention of God in it must be shallow.—Phillips Brooks.

### Daily Needs

We are to dignify to each other the daily needs and offices of man's life, and embellish it by courage, wisdom, and unity.—R. W. Emerson.

## LUXO FOR THE HAIR

Ask Your Barber—He Knows

## Simonds Saws

For cleaner—faster cutting  
The steel used is made and specially tempered in the Simonds plant and we can do guarantee every Simonds Saw.  
THE SIMONDS CANADA SAW CO. LTD.  
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## Classified Advertisements

### BABY CHICKS

BABY CHICKS: JULY AND AUGUST, Rocks 12c, Brown Leghorns and Anconas 11c, White Leghorns 10c, assted chicks 9c. Express paid on 200 or over; free catalogue. A. H. Switzer, Granton Ontario.

### Valor

If a man's desire be wholly after valor, and he give thereto both wealth and toil, meet is it that to such as attain unto it we offer, with ungrudging heart, high need of praise. For an easy gift it is for a son of wisdom, by a good work spoken in recompense for labor manifold, to set in high the public frame.—Pindar.

## FREE! FARM AND STOCK ACCOUNT BOOKS

This valuable book was compiled to advertise CARHARTT OVERALLS—the best farmer's overalls in the world. One farmer wrote that he would not take ten dollars for his book. Write for yours to-day. Hamilton Carhartt, Manufacturer, Ltd., Toronto Over twenty thousand Agencies

## AEROXON

With The Pin

### The Honey Fly Catcher

You Must Do Your Bit in the war against the fly, carrier of germs and breeder of disease.

It is proven that AEROXON is one of the most convenient and most efficient means of combating this fly evil. It is convenient, because of the push-pin. It is hygienic: flies never get away when once caught. Each spiral gives three weeks' perfect service.

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### Cuticura

Soap and Ointment have afforded the purest, sweetest and most satisfactory relief for the skin and hair.

## Sprains

Use Minard's immediately. It soothes the pain and draws out the inflammation.

## MINARD'S "KING OF PAIN" LINIMENT

## Feeling Run Down?

Over 400,000 women and girls who were weak, "blue," nervous, run-down, and unable to do their work properly, have improved their health by taking Lydia E. Pinkham's Vegetable Compound. By accurate record, 98 out of every 100 report benefit. You can be almost certain that it will help you too.

Lydia E. Pinkham's Vegetable Compound

## Indigestion

What most people call indigestion is usually excess acid in the stomach. The food has soured. The instant remedy is an alkali which neutralizes acids. But don't use crude helps. Use what your doctor would advise. The best help is Phillips' Milk of Magnesia. For the 50 years since its invention it has remained standard with physicians. You will find nothing else so quick in its effect, so harmless, so efficient.

One tasteless spoonful in water neutralizes many times its volume in acid. The results are immediate, with no bad after-effects. Once you learn this fact, you will never deal with excess acid in the crude ways. Go learn—now—why this method is supreme.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

## FERTILIZERS FOR FALL WHEAT

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