For Long Nights

MIRROR DRAWING

and there is time for a simple diver- which is tied a small balloon, sion, set them to draw a square by looking through a mirror. Stand a other players must form in a ring little mirror on the table, with a sheet round the Jester, and then he runs of paper in front, and ask various forward and tries to hit any player on members to draw a square on the pathe head with the balloon. Of course, per. They should look only at the the others run off and dodge about; reflection of the pencil through the but if any of them happens to be hit, mirror, and probably they will be then they must give up their handgreatly surprised at the difficulty of kerchiefs to the Jester, who slips them the square accurately.

HIDDEN COUNTRIES

In the following sentences there are you can find them. 1. His words we denied, for they

were untrue. 2. Do not call it a lyre, it is a lute.

3. He saw his pa in the train. 4. Can Ada come out to play?

Sweden. 2. Italy. 3. Spain. 4. Can-beach, wouldn't it, chicks? Just a ada. 5. Greece.

SO EASY, TRY IT

Place two objects, such as an apple and orange, sweets, cotton reels, etc., on the table about 2 feet apart and 1 ber of the party if he or she can of the string. One pats the balloon foot from the edge, and ask any memchange their positions without allow- over to the other. The first one to ing them to pass or touch each other, allow it to fall to the ground falls out At first glance the problem will probably appear insoluble, and one after his place. As each player falls out another the players will confess themselves beaten. And yet how easy is the task. Stand with your back to turn, when you start all over again. the table, pick up an object in each hand, turn round, and put them in opposite positions. See!

DART RACES

This little game is ever so exciting, you must draw a long chalk line on Ships' Oil Kills the play-ground, marking it at intervals with numbers from 10 to 50.

Now the game is for each player to make his own dart out of paper and try to make it fly farther than any of the others along the chalk line. Of course, he takes the number nearest the spot where his dart falls for his

The player who is cleverest at making darts is usually the winner.

A SKEIN-HOLDER

The boy readers can easily make a little wool skein-holder for mummy if they have a box of tools and a good stout piece of wood about one inch thick and abut eight by five inches

Now there will be two large cottonreels needed and two long screws. The cotton-reels must be fastened to each end of the board, with the screws resting on two large beads so that they will rotate freely. Now when a skein of wool is placed over the reels, it can be wound off quite easily by one

A GOOD CATCH

To catch your friend with this little meat skewer and sharpen it at both as the present condition brings an ends. Now present it to a friend, together with a cent, and then say to

"Can you put this coin on either end of this stick and then rest the stick on a table?"

Of course, your friend will find it much too difficult to balance the coin on the stick, and will be sure to give it up and challenge you to do it.

Then all you need do is to place the cent on the table and press one end of the stick on to it.

"You see, I said put the penny on ner, died." either end of the stick!" you laugh .-Sent by Elsie Lane.

SINGING PROVERBS

In case you have a nasty wet day while you are on holiday from school, I want to tell you of a jolly game you can play indoors. Though I hope very much that you don't need to stay indoors at all.

One player must go out of the room and the rest stay inside. While he or she is away you think of some proverb. say 'A stitch in time saves nine.' One of the players must go round to the others and give them each one of the words in the proverb. One, you see, will have "A", another "stitch," another "in", and so on.

Call the player into the room and then all start singing your own particular word to some tune arranged, such as "Rule, Britannia;" You don't sing only "Rule, Britannia," of course, but your own word to that tune. Supposing you are "stitch," you sing "Stitch, stitch," all to the tune.

The player who has come into the room has to walk round and listen and try and guess what the proverb is. He has three guesses, and when he guesses right the player who gave him the clue is sent out of the room, and you choose another proverb and start all over again.

JESTER!

This is ever such a jolly game for popular.

the fields or the playground. Any number of players may take part in Royal Families Can Spanish King's Son the game, and first of all one of them is chosen to be the Jester. Now this When you are entertaining friends player must have a short stick to

Now, before the game begins all the so apparently easy a task of making into his pocket with just the ends sticking out. Now if the players are clever enough to dodge round the Jester while he is changing the others and slip their handkerchiefs from his number of countries hidden. See if pocket without being hit, they may join in the game again. The game finishes when the Jester has taken the handkerchiefs of all the players.

A BALLOON GAME

I know you are all very fond of 5. I agree, cement is stronger than balloons. All children are. It would be rather fun to have a game with Here are the answers in order: 1. your balloon one morning on the simple little game, where you could all join in.

Just stick your spades in the sand about twelve feet apart, with the handles uppermost. Then tie a piece of string from one handle to the other. Two players begin, one at either side of the game, and another player takes another one comes in, so you keep on playing until you have all had your

And you will find it a task getting the balloon over the string. You see, being so light, it will not always do just what you want it to. Which, of course, adds to the fun of the game.

Birds in England

The Royal Society for the Protection of Birds of Great Britain has begun a campaign to protect the birds that fly about the coastal waters from the menace of oil discharged by passing ships. A recent discovery of tion of carrying a weight of the oil eleventh century." paganda, and many public protests have been registered. The fisheries also have complained.

years save in oil the cost of installing the device.

that sentimentality is not the only or tired nerves." reason for wishing to save the birds, unpleasant clutter on the shores. One of the typical letters of protest reads:

"A gentleman called at my house last week with a young Guillemot which could not fly because its wings were clogged with oil. My wife washed it with soap and water and my little boy took it down to the sea; it went off quite happily. few hours later the same gentleman brought another helpless bird, but this, though treated in the same man- greyhounds that bark and green bay

Trace Ancestors to **Eleventh Century**

Research Shows That Aristocracy Continues Line in Health and Wealth

Royalty and old families do not die out because of their age, neither do they become degenerate and sterile because of their wealth and power. Facts taken from the history of the British peerage furnish proof of this, in contradiction to popular notions about inherited wealth and position.

continue only in the male line, many arch is an open question. old families have become extinct only ly as the year 1450.

Every instinct and desire of power- ance in Spain. ful and wealthy families would tend, the family.

families of to-day can trace their des- taught with difficulty to speak. cent from it in the male line. An exaristocracy as a whole, as well as royalty, does not die out because of its rank or wealth.

every one, through the male line, paratively young. "shows a continuous position of nobileighty birds dead from the exhaus ity or royalty traceable as early as the Three or four Board of Trade has made several at- are living in Europe to-day and they

Better to Rest

The British Admiralty, it is pointed "If a certain day on the road has out, uses an oil separator which been a particular hard one with desends overboard not more than one tours, slow travel, etc., says Robert pint of oil to 200,000 parts of water. Page Lincoln in the December issue of Many persons are demanding that all "Forest and Stream," then lay over oil-driven steamers be compelled to the succeeding day and rest up. You use such a device. It is pointed out, will find that your outlook o nthe incidentally, that its use would in two world will then be the rosier and you will re-enter upon your adventure with the same zest as when you set The Royal Society makes it plain out. The road is no place for frayed

To-day

Around to-day, the space with loving work, And therein stay.

Upon to-morrow; will help thee bear what comes

Of Joy and Sorrow. -M. S. Butts

Add to animal rarities: Ocean

May be Educated in English School

Owing to Ill Health of Older Reclamation of 250 Square Brothers, Don Juan Carlos May Succeed Father

London.—Queen Victoria of Spain is in England investigating the possi-Don Carlos, in one of the famous British schools. Whether or not the youngest boy will be educated as the by T. B. Macaulay, president of the future king of Spain or merely as Sun Life Assurance Co. of Canada. Since families and family names one of the sons of the present mon-

eration were girls. It is not fair to support his father on the throne cent in the direct male line to as ear- made the question of succession to existed in Stornoway. the crown one of great political import-

The first boy, the Prince of the Ausbiologically, toward their growth in trias, who is now twenty-one years able to add that, nevertheless, by strength and numbers, Dr. Woods old, has been ill for the greater part draining and removing the top surpoints out, mentioning the desire for of his life. He suffers from haemo- face the peat land had been made children, particularly sons, and the philia. The slightest cut on the skin into the most productive on my farm. selective mating of aristocratic fami- may cause a person so afflicted to The French Canadians have thoulies, a matter designed to strengthen bleed to death, as the blood, lacking sands of acres of land like it. They a necessary element, refuses to con-While nine out of a certain ten old geal and close the wound. The prince, families may have died out, due to a therefore, has to be particularly carepreponderance of girl children, the re- ful with knives and forks. The king's conducting experiments at Locharmaining one will have branched out second son, Don Jaime, is afflicted with Moss, near Dumfries. and ramified until fully ten important a disorder of the ear, and he was

The third son, however, is a healthy ample of this is the great number of boy. Don Juan is fifteen years old aristocratic familites, including twelve and has been able to take part in peers, descended from the old Stewart every form of sport. The King of family of Scotland, the originator of Spain and the nobility of Spain opthe family line being the first steward pose the dictator's idea of declaring of the King of Scotland. Thus in av- Don Juan the Crown Prince. His tual numbers, a balance is kept, and majesty says that Don Juan is too young to be made the formal heir yet. by 10.
The Spanish nobles feel that delicate "All kinds of root and leaf crops The Spanish nobles feel that delicate any degeneracy or weakness due to health should not bar the two elder sons to succession. They also argue Of the royal families of to-day, both that no decision need be made at the reigning and non-reigning, nearly moment, as the King of Spain is com-

Another stumbling block to settlement of the question is the ancient loyalty of the royal house to the Parhas caused a wave of complaint. The thousand members of various royalties liament. His majjesty would prefer tempts to remedy the situation, private individuals have spread proas the Italian Chamber of Deputies a sregards actual power, to debate the matter and thus give the new heir, when chosen, the support of its approval.



TO STOP HER, OF COURSE

stop after the sentence. "The woman standing position, stretch your arms Look not through the sheltering bars said she was going after him with straight above your head, clasp your a stick?"

going too far.

Thanks

Thanks are justly due for things got without purchase .- Ovid.

Plan to Convert Lewis Island Bog Into Fertile Land

Miles in Hebrides Proposed by Visitor From Canada

London.-Two hundred and fifty square miles of barren peat-bog in the island of Lewis, one of the Hebilities of educating her third son, brides off the coast of Scotland, are promised conversion into fertile agricultural land by a scheme disclosed

Mr. Macaulay's parents went from Stornoway, Lewis Island, to Canada, The Spanish dictator, General Primo and he has made several gifts to because all the children of one gende Rivera, has picked Don Juan to their native town In an interview in London, where he has been on a visit, say that old families are dying out when the proper time comes, but King Mr. Macaulay said he had about 20 because certain names are no longer Alfonso has not yet agreed to the acres of peat land growing fine crops found in the peerage. On the other plan. The tragedy of hereditary ill on his Canadian farm. Sir Robert side of the picture, it was found that health in the Spanish royal family, Greig, chairman of the Scottish Board over half of the British peers of 1921 which is responsible for the delicate of Agriculture, had visited the farm, trace a continuously aristocratic des- condition of the two elder sons, has and asked if it was the same peat as

"I told him it was, but more fibrous and therefore less useful for agriculture," said Mr. Macaulay. call it 'black-land.'

"Sir Robert saw the importance of this discovery, and has since been

"He now believes that with draining, the Lewis Island peat soil can be made as productive as mine.

"There are about 1,000 square miles of land in Lewis, of which 950 are worthless at present. Suppose we could out of that save 250 square miles-I believe we could reclaim at least 400 square miles—then you have a bit of agricultural land 25 miles

flourish on the soil. Vegetables of every kind grow on it, and the hay crop is splendid."

Good Advice

Protect Your Heart Through Proper Exercise

When that heart of yours enters the field meet for the running hop, skip and jump don't be greatly alarmed says Walter E. Colby in the current issue of "Physical Culture." It's probably not heart palpitation but intestinal trouble all of which is your own fault, he says.

Most everybody who gives exercise the gody has intestinal stris in some form. He suggests a remedy that is homemade, economical and guaranted to cure.

"Comes the morning. A couple of glasses of water, not too cold, taken slowly," advises Colby. "You will find that your torsal gyrations will urge this water through your troublesome big intestine and be almost as good as a physic. Stand with your t about eighteen inches apart, hands on hips, rotate your torso seven times in one direction and seven eacher: Why should we put a full times in the other. In the same fingers and rotate your torso or Pupil: Why-er-to keep her from upper part of your body in the same way.

"In the same standing position, with hands on hips, bend from the hips backward and forward as far as you can, seven times in each direction. In all these exercises, remember to tense and relax your muscles alternately as you proceed. Keep your mind on the pit of your stomach continually. Rest a moment or two between each exercise, relaxing completely and taking a few deep breaths, slowly. "Then, inevitably, comes the time-

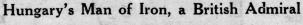
worn trick of bending over and trying to touch the floor with the tips of your fingers. This in itself has always been accepted as a good exercise, but as an integral part of our system tor the cure of intestinal stasis, it is particularly effective." This all applies to the farmer as well as the city man.

Advice for the Ignorant

When a physician orders you to keep away from cigarettes, he is not suggesting that you purchase a long ciarette holder.

The initial cost of an automobile has nothing whatever to do with the engraved initials placed upon doors. Many who are thinking about a trip abroad have little intention of leaving home this year. The world always has had its great thinkers.

Gushing Lady Visitor-"How sweet to see the tender green of the young snowdrops pushing up through the brown earth." Cottager-"Yes'm, but what you're a-looking at is the autumu spring onions."





INDULGED IN A SMILE AT POLO MATCH IN BUDAPEST

An unusual glimpse of Admiral Horthy, regent of Hungary, who is seldom seen smiling or laughing. He is conversing with a society lady during a polo match, a new sport for Hungary, but one which is becoming extremely