

E. J. MURPHY
VETERINARY SURGEON AND
 Dentist, Metcalfe, will be at his
 Russell Office, Gormley's Hotel, every
 day

ARTHUR FLYNN
 Barrister, Solicitor, Notary
 Conveyancer, Etc.
RUSSELL ONT
 Russell Office open on Wednesdays
 in new Flynn Block, Broadway.
 Money to Loan on Easy Terms on
 Farm Property

JOHN JAMES
 Licensed Auctioneer for the three
 United Counties, Stormont, Dun-
 das, and Glengary, Prescott and
 Russell, for dates call at the
 Russell office, or phone me at my
 expense,
 John James,
 R. R. No. 1, Edwards

LICENSED AUCTIONEER,
 Licensed Auctioneer for the three
 United Counties, Stormont, Dun-
 das and Glengary, Prescott and Ru-
 ssell, for dates call at the Russell
 office or phone me at my exp-
 ence.
 James Currie,
 Crysler Ont.

LICENSED AUCTIONEER
 For Provinces of
ONTARIO & Quebec
 In future I intend to devote all
 my time to auctioneering. Sales of
 all kinds handled. Pure bred stock
 a specialty. Terms reasonable
THOS. IRVING
 33 Cleary Ave., Ottawa.
 Phone Carling 176

PHYSICIAN and SURGEON
 Dr. D. Wallace, F. A. C. S., for-
 merly of Kemptville,
 62 Park Avenue (corner) of Elgin,
 Street, Ottawa Ont.

HOUSE FOR SALE
 Residence of the Late George
 Blair, Metcalfe. Apply to
 R. A. F. Blair, Metcalfe

STRAYED.
 To the premises of the undersign-
 ed on or about the 1st of Decem-
 ber, a black and white heifer calf.
 Owner can have same by prov-
 ing property and paying expenses
 S. A. Park.
 Kenmore.

Your Column

Help to make it interesting

The law requires that every box
 holder on a rural mail route must
 shovel the snow around the box so
 that the mail driver may drive right
 up to the box, and provides a pen-
 alty for not doing the work.

Mrs. Wm. Watson, who lives
 on First avenue, just east of the
 arena, owing to ill health is hold-
 ing an auction sale of her house-
 hold effects on Saturday, Feb. 10th
 at one o'clock. At the same time
 the house and lot will be offered
 for sale, subject to a reserved bid.
 John W. James, Auctioneer.

Mr. George Patrick, of Chester-
 ville, is spending a few days with
 his aunt, Mrs. H. L. Yord

The District L. O. L. held their
 annual meeting in Russell on Tues-
 day, being presided over by Mr.
 Jas. McShea D. D. G. M. We ex-
 pect to have a report of the pro-
 ceedings for next week's issue.

Owing to our extra advertising
 we are unable to publish a good
 deal of interesting news, honor
 rolls etc., which will be held over
 till next week.

Russell Hockey Team played its
 last home game of the regular
 schedule last night against the
 greatly improved Ashmar team and
 won out 2-1. The game was even-
 ly matched and interesting through-
 out. Now, if the boys can win one
 of the games on the road, they will
 have a good chance for the cup.
 Here's hoping.

Boru—On Saturday, Feb. 1,
 1923, to Mr. and Mrs. Lawrence
 Brown, a son.

Mrs. Bisley, of Ottawa, has
 been spending several days the
 guest of Mrs. Murray Reid

We are pleased to report that
 Mrs. D. P. Gormley, who has been
 seriously ill, is now on the way to
 recovery.

Miss Orpha Carson, of Ottawa,
 spent the week-end at her home
 here.

Mrs. L. MacEwan returned
 home Friday, after spending a
 couple of weeks in Montreal.

Mrs. Craig, of Metcalfe, spent a
 few days this week with her par-
 ents, Mr. and Mrs. Hugh Her-
 rington.

Two Osgoode boys, Hilton Mc-
 Keown and Lynn Morrow won
 high marks at McGill University
 in Organic Chemistry, second year
 medicine. They were second in an

honor list of 38, out of a class of
 146.

The Mutual Life of Canada has
 just issued its 53rd Annual State-
 ment. The Company has experi-
 enced a record year in more ways
 than one, and the result in figures
 will prove a surprise even for those
 who had from previous showings
 made by the Mutual Life, expected
 an equally favorable report of the
 Company's operations for 1922.
 The policy holders of the Mutual
 Life of Canada have reason for sat-
 isfaction in every section of the
 statement.

A new high record for surplus
 earnings has been set by the state-
 ment under review. In each of
 the department of the Company's
 operations exceptionally favorable
 reports are made.

Youth Severely Burned

On Monday last Mr. Ralph
 Sparks, second son of Mr. Thos.
 Sparks of Vars, narrowly escaped
 being burned to death.

Just how the accident occurred
 is not definitely known, but the
 young man had gone to the well
 house to pump water.

The pump jack was in the habit
 of freezing during the recent cold
 spell, and a gasoline torch was
 used to thaw it out.

It is supposed that he was doing
 this when something went wrong.

His cries attracted his father,
 who found him trying to get out
 the window, his clothes ablaze

The fire was extinguished, and
 medical aid summoned. It was
 thought best to rush him to the
 hospital, and the G.T.R. took the
 engine and van off a freight and
 rushed him to St. Luke's, Ottawa.

On close examination it was
 found that while badly burned on
 the body, chest, neck, face and
 head, his eyes are not injured.

He is now resting, and while we
 wish for a speedy recovery, we fear
 it will be slow and painful.

NOTICE

The Annual Meeting of The
 Osgoode Mutual Fire Insurance
 Company will be held on Saturday,
 Feb. 17th, at the hour of One
 O'Clock p.m. in the Forester's
 Hall, Kenmore.

CARD OF THANKS

Mrs. Russell Booth and his
 family take this means to express
 their gratitude for the kindnesses
 shown and the many expressions of
 sympathy given during the illness
 and death of their husband and
 brother.

**Vital
 T E A
 News**

THE World's shortage of Tea is 75,000,000 pounds
 This means that Tea is going up. In fact it has gone up.
 We have been able to keep our Teas at low figures by buy-
 ing in large stocks before the advance.

**We Have
 Black and Green Tea
 in Bulk or Package
 At Popular Prices
 Get yours now before this
 Stock is gone
 This is your last chance**

**FRESH FISH
 OF ALL KINDS**
 Halibut Haddock
 Cohoe Salmon
 Fresh Herrings Fillets
 Finnan Haddie

McArthur & Burns

PHONE 20

**The Restaurant
 Main St. Vars
 ICE CREAM
 In Bulk, Cone or Brick
 Ice Cream Sundaes and Sodas**

All ingredients will be absolutely pure and of the finest
 quality. Choice Fruits, Selected Nuts and Pure Syrup will make our
 Sodas and Sundaes famous. Daintily served.

GOOD GOODS MAKE GOOD CUSTOMERS

We keep that kind. Goods delivered to all parts of the town.
 Special attention to phone orders.

Mrs. Ford Hitsman

PHONE 610-R 1, VARS

PROMPT DELIVERY

Our Stock is Complete

A FULL LINE OF
Winter Overcoatings and Suitings
 Of the Latest Designs and the best quality
 You have been putting off getting your Winter Suit and
 Overcoat, and the weather has favored you.
 Call and look at these goods, and you will find what you are
 looking for.

**R. S. PACE
 Merchant Tailor**

TRY OUR BAKER'S RECIPES

Our expert baker has some excellent recipes for home-made bread, which we will gladly supply to you, free of cost.

Write us for them today.

It Has to Pass Our Baker First

EVERY "milling" of Quaker Flour must satisfy our baker before it leaves the mills.

The wheat is analyzed by our chemists for protein, gluten and ash; the perfect grains are selected and cleaned. The product is tested at every stage of milling. A perfect flour is the result.

But the supreme test takes place in our own bakery. Every day's "milling" of Quaker Flour must receive the O. K. of our expert baker. It must produce bread perfect in size, flavour, colour and texture, before it can leave the mill: Nothing is left to chance in producing Quaker. You will make far better bread and cake with



Quaker Flour

Always the Same—Always the Best

Just try Quaker:
THE QUAKER MILLS
 PETERBOROUGH and SASKATOON

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