

Genuine Bayer Aspirin

Nothing Else is Aspirin—say "Bayer"

Warning! Unless you see name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances? Accept only an unbroken "Bayer" package which contains directions worked out by physicians during 21 years and proved safe by millions for Colds, Headache, Earache, Toothache, Neuralgia, Rheumatism, Neuritis, Lumbago, and Pain. Made in Canada. All druggists sell Bayer Tablets of

Aspirin in handy tin boxes of 12 tablets, and in bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Surnames and Their Origin

HOUSTON

Variation—Huston.
Racial Origin—Scottish.
Source—A locality.

The family names of Houston and Huston may in some few instances be a corruption or variation of the form Hughson, but not in many. It is easy often to account for the introduction and elimination of many letters from given and family names in the course of their development. The letter "t," for instance, is readily eliminated. But it's not easily introduced, and the change from Hughson, or Huson, to Huston is not a natural one.

Huston, or Houstun (the spellings are interchangeable) have developed as family names from the place name of Houston. It is a parish in Renfrewshire, Scotland.

Tradition has it that the name originated from one Hugh Padvinan, who, in the reign of Malcolm IV. of Scotland, about the year 1150 A.D., received grants of land at this place, in the barony of Hilpeter, from Baldwin of Biggar, who was then Sheriff of Lanark.

STRACHAN

Racial Origin—Scottish.
Source—A locality.

This family name is derived from a parish name in Kincardineshire, Scotland, and of course was borne in the first place either by those who held big lands in that place or who, upon travelling to other parts, became known by it in preference to their previous homes.

But though the family name has been formed in the English rather than in the Gaelic manner, the place name itself is Gaelic.

Its meaning is that of "little valley" or "valley-head," and it is a compound of the words "strath" or "stra" (which also gives the name Strathclyde) and "ceann" or "chan," which you'll also find in the surname of that famous Scottish historical figure "Malcolm Ceann-Mor" (literally "Malcolm Big-Head").

But in the combination the "ch" sound dominates and eliminates the

"th," giving the pronunciation "strachan" rather than "strath-chan," though more anciently the place was called "Strathæan."

RANKIN

Variations—Macrankin, Rankine.
Racial Origin—Scottish.
Source—A given name.

The family names of Rankin, Rankine and Macrankin are developments of a name borne by one of the Clan Maclean of Duart.

This sept was called in the Gaelic, "Clann Mhic Raing," from the given name of a chieftain prominent in its history. It was, however, according to tradition, known as the "Clann Dulle" in more ancient times, and the Macrankins claim to be the descendants of an Irish chieftain named "Cuduiligh."

The forms Rankin and Rankine, of course, are only Anglicized forms of "Mhic Raing," or "MacRaing," the "kin" in this case being the English equivalent of clan or family, and not a diminutive ending.

This sept of the Clan Maclean seems to have been noted principally for the number and importance of the bagpipe players that it produced, and it must be understood that under the Scottish clan system the piper was a real personage, a sort of custodian of the clan traditions and a constant attendant upon the head of the clan as well as a musician.

Headed in the Right Direction.

There is one success sign that is never lacking in the man who is made of the stuff that wins. He is always headed in the right direction, always moving forward. He may not be always going at a rapid pace but he is always facing toward his goal. No matter in what way you consider this man, his appearance, his dress, his manner of doing things, his initiative, his letters, everything about him bears the stamp of progress, shows that he is a man with a definite aim who is headed towards a definite goal.

The foolish man who built his house on the sand—

He gave an example in folly which anybody can understand.

It isn't so easy, however, to sense the mistake of trying to build the body on foods which lack essential nourishment.

Here, again, is a foundation of sand which gives away when the test comes.

Many a food that tastes good lacks honesty of nourishment to equal its taste. Thus it tempts the appetite into mistakes that often are costly.

Grape-Nuts is a food which helps build bodily endurance for life's stress and storm. The full nourishment of wheat and malted barley, together with the vital mineral salts so necessary to bone structure and red blood corpuscles, with phosphates for the brain, is retained in Grape-Nuts. The long baking process by which Grape-Nuts is made gives the food a natural sweetness and an unusual ease of digestibility and assimilation.

Served with cream or milk, Grape-Nuts is fully nourishing, and whether eaten as a cereal at breakfast or lunch, or made into a pudding for dinner. Grape-Nuts has a particular delight for the appetite. Sold by grocers.

Grape-Nuts—the Body Builder
"There's a Reason"

Classified Advertisements.

PLAYER PIANO FOR SALE.

BELL PLAYER PIANO IN GOOD condition, with a large number of music rolls, for sale at a bargain. L. Costello, 78 West Adelaide Street, Toronto.

America's Pioneer Dog Remedies
Book on
DOG DISEASES
and How to Feed
Mailed Free to any Ad-
dress by the Author.
H. Clay Glover Co., Inc.
118 West 31st Street
New York, U.S.A.

COARSE SALT LANDSALT

Bulk Carlots
TORONTO SALT WORKS
C. J. CLIFF TORONTO

Wailing for a Living.

Few people know that wailing outside the wall of the Old City of Jerusalem, beneath the site where once stood the Temple of Solomon, is systematically done by proxy.

Pious Jews abroad, who cannot hope to visit Jerusalem in person, send funds to local Jews, who go to the Wall and give expression to the absent one's grief. This money, known as "Halaka Money," is one of the mainstays of the Jewish colony in Jerusalem. There are Schools of Wallers, and if sorrow at the Wall of Wailing expresses itself in tears, these are collected and sold abroad as precious relics.

When the Zion Commission was established in Palestine, the "Halaka Money" from Jews abroad was diverted largely into its coffers, and the financial support of the wallers fell away seriously. But it has been restored since, either by subsidies from the Zion funds, or by a renewal of direct subscriptions.

Cascarets To-Night for Liver, Bowels, if Bilious, Headachy.

Get a 10-cent box now.

You're headachy! You have a bad taste in your mouth, your eyes burn, your skin is yellow, your lips parched. No wonder you feel mean. Your system is full of bile not properly passed off, and what you need is a cleaning up inside. Don't continue being a bilious nuisance to yourself and those who love you, and don't resort to harsh physics that irritate and injure. Remember that most disorders of the stomach, liver and bowels are gone by morning with gentle, thorough Cascarets—they work while you sleep. A 10-cent box will keep your liver and bowels clean; stomach sweet, and your head clear for months. Children love to take Cascarets too because they never gripe or sicken.

What She Wanted.

The housekeeper walked into the shop and rapped smartly on the counter.

"I want a chicken," she said.

"Do you want a pullet?" asked the shopkeeper.

"No," replied the housekeeper, "I want to carry it."

Ask for Minard's and take no other.

Belgians Dig Fifty Feet for Shell.

In the last year of the war a formidable shell dropped from a height of 6,000 feet on the village of Havay, between Mons and Maubeuge, says a Brussels despatch. It did not explode, but it made a hole in the earth about 50 feet deep, where it had remained.

This shell weighs two tons, and the charge of explosive is estimated to weigh from 16 cwt. to a ton. The Germans, who regarded the shell as of much importance, tried to extract it, but were unable to do so.

The Belgian authorities succeeded in pulling out the shell after making a large excavation about it. The work demanded great precaution as a shell of a similar kind to the one buried at Havay fell not far from the French frontier and made a crater more than 100 feet in diameter.

International Court of Justice.

The League of Nations has constituted the international court of justice provided for in the Treaty of Versailles. As a matter of record we give the names of the judges: Viscount Finlay, Great Britain; Dr. Yorogo-Oda, Japan; Dr. Andrew Weiss, France; Commendatore D. Anzilotti, Italy; Dr. Ruy Barbosa, Brazil; Dr. B. T. C. Loder, Holland; Antonio S. de Bustamante, Cuba; Judge Didrik Nicolm, Denmark; Dr. Max Huber, Switzerland; Dr. Raphael y Crevea, Spain; Dr. John Bassett Moore, United States. Four deputy judges were also elected: Dr. Negulesco of Roumania, Dr. Jovanovic of Jugoslavia, Mr. Wang of China and Judge Beichmann of Norway.

BITS OF HUMOR FROM HERE & THERE

Not Lost At All.

Mike (to his son)—"Now, you've been fighting again. You've lost yer two front tathe."

Finn—"Naw, I ain't lost 'em; I got 'em in me pocket."

Got Her Answer.

Hearing a faint rustle in the dark hallway below, the elder sister, supposing the young man had gone, leaned over the balustrade and called out: "Well, Bessie, have you landed him?" There was a deep, sepulchral silence for some moments. It was broken by the hesitating, constrained voice of the young man: "She has!"

Be Very Careful.

The Sunday school treat was in full swing, and after the games the youngsters all sat down to a good feed. Little Johnnie, unaccustomed to such rich fare, had eaten unsparingly. And now, at the end, he was feeling rather uncomfortable.

"Can I lift you down?" asked the kind old lady.

"Yes, ma'am, you can lift me down," replied Johnnie; "but"—and he looked pleadingly up into her eyes—"please don't bend me."

How He Won Her.

Now Hortense was very proud of her small feet. This fact was quite well known to young Wilkins, one of her numerous suitors, and he determined to make good use of it.

After months of ardent toil he approached her with his small savings. "Hortense," he cried, "I lay the whole of my fortune at your feet!"

"Fortune!" gasped Hortense. "I wasn't aware that you had any."

"It certainly isn't much," gallantly responded Wilkins, "but it would look immense beside those tiny feet of yours!"

MONEY ORDERS.

Send a Dominion Express Money Order. They are payable everywhere.

Pauper Invented Blanket.

Poverty is responsible for the invention of the blanket. Years ago a man in England lost all his wealth and became very poor. One cold winter night in 1340 he used a piece of rough unfinished cloth for a bed covering to keep himself warm, and from this makeshift bed covering he invented the blanket. The name of this man was Thomas Blanket, and the new kind of bedding has been known under the name of blanket ever since.

Fine-edged weapons should not be used on rough timber.

Mother! Move Child's Bowels With California Fig Syrup.

Hurry mother! Even a sick child loves the "fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful to-day may prevent a sick child to-morrow. If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

A Health Saving REMINDER: Don't wait until you get sick—USE

MINARD'S "KING OF PAIN" LINIMENT

USE SLOAN'S TO EASE LAME BACKS

YOU can't do your best when your back and every muscle aches with fatigue.

Apply Sloan's Liniment freely, without rubbing, and enjoy a penetrating glow of warmth and comfort.

Good for rheumatism, neuralgia, sprains and strains, aches and pains, sciatica, sore muscles, stiff joints and after effects of weather exposure.

For forty years pain's enemy. Ask your neighbor. Keep Sloan's handy.

At all druggists—35c, 70c, \$1.40. Made in Canada.

Sloan's Liniment Pain's enemy

TORONTO WOMAN GAINS 35 POUNDS

ONLY WEIGHED NINETY POUNDS, SHE SAYS.

Now Feels Fine and Strong and Gratitude to Tanlac is Unbounded.

"Tanlac has built me up from a mere frame weighing only ninety pounds to a strong woman weighing one hundred and twenty-five pounds and my gratitude is unbounded," said Mrs. Lydia Pickup, 12 Ramsay Lane, Toronto, Ont.

"My stomach troubled me so much during the past three years that my life was a perfect burden. My appetite was gone entirely, gas would form and nearly set me wild with pain in the pit of my stomach. The gas nearly smothered me and my heart acted so queerly that it alarmed me. I could get scarcely any sleep and was tired and dull and all worn out. I often turned so dizzy I could hardly stand up, and at times my head hurt like it would burst open. I lost weight until my clothes were entirely too large and I was so weak I could hardly move.

"One day I saw a statement about Tanlac and I determined to try it. I have now taken ten bottles in all and my appetite has come back, I eat anything I want and as much as I want at every meal without pain or any uncomfortable feeling afterwards. I do not have headaches or dizzy spells any more, I sleep soundly every night and get up feeling fine and strong in the morning."

Tanlac is sold by leading druggists everywhere.

Quite So.

Teacher—"What is the plural of man?"

Pupil—"Men."

"Right. Now, what is the plural of child?"

"Twins."

Minard's Liniment Lumberman's Friend

CUTICURA HEALS SKIN TROUBLE

In Pimples On Face Itched So Had To Rub Them. Burned and Hurt.

"My face was a mass of pimples and I had an unusual amount on my forehead and chin. They were hard and red and later they came to white heads. They itched so I would rub them, and then they started to burn and hurt.

"I saw an advertisement for Cuticura Soap and Ointment and I tried them and found they helped me. I purchased more and when I had used three cakes of Cuticura Soap and one and a half boxes of Cuticura Ointment I was completely healed." (Signed) Miss Anna Fyalka, Carrolls, Wash., Dec. 6, 1919.

Give Cuticura Soap, Ointment and Talcum the care of your skin.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lyman, Limited, 344 St. Paul St., W., Montreal.

Cuticura Soap shaves without mug.

TO WOMEN OF MIDDLE AGE

This Woman's Letter Tells You How To Pass The Crisis Safely.

Lascalles, P. Q.—"During the Change of Life I felt so weak and run down I could hardly do my work. The perspiration would pour over my face so that I couldn't see what I was doing. We live on a farm, so there is lots to do, but many who felt as I did would have been in bed. I took Lydia E. Pinkham's Vegetable Compound and it did me a world of good. I tried other remedies but I put Vegetable Compound ahead of them all, and I tell every one I know how much good it has done me."—Mrs. DUNCAN BROWN, Lascalles, Prov. Quebec.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ear, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and dizziness should be heeded by middle-aged women, and let Lydia E. Pinkham's Vegetable Compound carry them safely through this crisis as it did Mrs. Brown.

You are invited to write for free advice

No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass.