

BAYVIEW SCHOOL OF BALLET
YONGE & FINCH
222-5111

- DISCO
- BALL-ROOM
- GROUP CLASSES
- 8 WEEKS
- \$40⁰⁰

THE Liberal Community

Section C

REALTOR
Royal Trust
THE SIGN THAT SELLS

1st in homes
1st in service

881-3232

ROYAL TRUST CORP. OF CANADA

Wednesday, August 29, 1979

Not to be left out, boys join gym club

Young boys coming to watch their sisters perform exercises and movements at the Markham Gymnastics Club, decided they wanted a little bounce in their own lives.

Upon request from about 15 parents, the club has recently set up a boys gymnastics program for active youths from 4-years-old and up.

"Our facility was really designed for girls," said co-owner Charlene Kelly, "but we're getting an increasing demand to allow some of the boys to use the equipment."

The regular program for them is only two months old. Groups of five or six tykes come once per week to the 5,000 square-foot, air conditioned facility at 333 Denison St. in Markham. Duration of instruction is five months and the cost works out to

\$3 per hour. "These boys are really too young and not strong enough for pommel horses or the rings," said instructor Paul Knudsen. "But we bring them in here for general exercise and let them get used to some of the easier equipment, like floor mats and the small trampoline."

"Many parents come to us and explain how they aren't satisfied with the phys. ed. programs in the schools. They don't appreciate minor hockey too much, either, because of the body contact and the expense."

Besides coaching, Paul handles the business end of the operation. Head coach is a former member of the Canadian Gymnastics Team at the 1972 and 1976 Olympics — Nancy McDonnell. The staff is rounded out by Susan Baier and Brenda Ness.

The girls' program, which is offered to recreational gymnasts aged three and up, is a little more expensive. Because of the high calibre of coaching, fees are \$5 per hour, \$3.90 if you come twice per week and \$3.10 per hour if participants attend three times weekly.

Adult gymnastics and ladies' fitness sessions are also offered. The club, especially the young girls section, stresses participation and performance.

"We're not too strong on pushing the competitive aspect of the sport," said Miss Kelly. "Only a small percentage of the kids who perform ever go on to high-level competitions. We cater to those who know they can't be Olympians but who still like the recreation and the participation."

There is another gymnastics club on the same street that tends to stress excellence in competition.

Markham Gymnastics plans to introduce ballet into the girls program this fall and the opening of a dance studio just south of Markham at Birchmount and Finch, is imminent.

So far, the club has arranged to perform at a Toronto Blue Jays baseball game, at the CNE, the Scarborough Civic Centre and the Markham Fair. Some of the girls recently appeared on CFTO TV's AM show as well as at various shopping malls.

Most members are from the Thornhill — Richmond Hill area but some parents have been so impressed they bring their kids from as far away as Uxbridge, Stouffville, Lakeshore Blvd. (Toronto) and North York, said Charlene.

Anyone with children interested in joining the club is welcome to call Charlene at 495-0364.



Alley Oop

Gymnastics is becoming all the rage these days, and these youngsters from the Markham Gymnastics Club show it's not as difficult as it looks. The children demonstrating their skills are: Christopher Beevers, 7 of West Borough in Thornhill; Howard Fields, 5 of Willowdale and Mark Glionna, 7 of John Street, Thornhill. (Liberal Photo by Bruce Hogg).

HELPMATE INFORMATION COMMUNITY CALENDAR

883-2234



AUGUST - SEPTEMBER



883-2234

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Your community needs you

... and is very appreciative of the way volunteers enrich community services. Volunteers bring enthusiasm, experience, and willingness to help to their volunteer tasks.

During the past few weeks, the Richmond Hill Volunteer Bureau has received letters of appreciation from agencies who are really pleased with the volunteers referred to them by the Richmond Hill Volunteer Bureau. The following are excerpts from some of these letters:

From the ONTARIO HUMANE SOCIETY —

"... thanks to the Richmond Hill Volunteer Bureau we now have several regular adult volunteers and five teenagers who have been a great help over the summer months."

From MEALS-ON-WHEELS —

"... since the Volunteer Bureau has been in operation we have been very

pleased to receive several very able volunteers."

From YORK CENTRAL ASSOCIATION FOR THE MENTALLY RETARDED —
"... This Association has made use of the Richmond Hill Volunteer Bureau Services and found them to be extremely helpful in providing good volunteers to assist in our programmes."
From YORK REGION FAMILY YMCA

"... We are very grateful to the volunteers the Richmond Hill Volunteer Bureau recruited for us this past year."

It is a credit to all of those people who have volunteered, their time and talents that so many agencies should send in their thanks. THANK YOU FOR YOUR WORK, VOLUNTEERS!

If you would like to volunteer some of your time, call the Richmond Hill Volunteer Bureau at 883-2235.

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Thornhill Lions Bingo, Thornhill Community Centre. 7.30 p.m.

Parent Concern Meeting, 8-10 p.m. Call Joyce, 884-3503.

Counterweight, Richmond Hill Public Library 7.30 p.m. Info: 255-4421.

Richmond Hill Legion Bingo, at Richmond Hill Legion, Ohio Road. 7.35 p.m.

Co-op Babysitter meeting, 8 p.m. 385 Tyneview Avenue, Richmond Hill. Info: 884-0210.

Seniors euchre, Seniors clubrooms, 10149 Yonge Street. 1.30 p.m.

Summer Film Festival, Chas. Connor Library. 2 to 4 p.m. Ages 6 and up. Pre-register. Info: 773-5533.

Thornhill Barbershoppers at Heintzman House. All men welcome. Info: 633-5209. 8 p.m.

30

Thornhill Recycling Depot, Bayview and Green Lane. 7-8.30 p.m.

Richmond Hill Youth Concert Band rehearsal. 7.30 p.m. St. Joseph's School, Roney Avenue. Info: 884-8873.

Concert in the Park, At Mill Pond Park. 7 p.m. Craig Rehne performer.

Air Cadets 7 p.m. Legion Hall, Ohio Road. Male or female.

Weight Watchers, Concord Community Centre. 7.30 p.m. Info: 669-2173.

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August 31

In honor of the "Year of the child", Richmond Hill Rotary Club is holding a T.V. Auction on Cable 10 during the first week of December to raise money for the York Centre for Children with learning disabilities. Donations would be appreciated. Info: 884-1868.

Richmond Hill Recycling depot, Elgin Mills Road East at Leslie Street. 10 a.m. to noon.

Thornhill Recycling Depot, Bayview Avenue at Green Lane. 10 a.m. to noon.

Euchre, 1.30 p.m. at Seniors clubroom, 10149 Yonge Street, Richmond Hill. All welcome.

One Parent Families Association dance, Thornhill Community Centre.

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Union Services, Richmond Hill Presbyterian at St. John Baptist, 75 Oxford Street, 11 a.m.

Summer services for Maple United Church at St. Andrew's Presbyterian Church, Keele Street, Maple.

3

Alateen, Aurora United Church, 8 p.m.

Duplicate Bridge, St. John's Anglican Church, 12125 Yonge Street, Richmond Hill. For further information, call 884-1689.

4

Legal Aid Clinic, 7-10 p.m. Call 889-9148 for appointment.

Richmond Hill Public Library Summer Story Hour, 10 a.m. to 10.45 for ages 4 to 7. Pre-register at 884-9288.

Thornhill Community Hockey League registration 6.30 to 9 p.m. Info: 881-3313.

Benefit Exhibition Baseball Game, CFGM versus York Regional Police, Richmond Hill Town Park. Proceeds to Yellow Brick House. (Hostel for women and children).

One Parent Families Association, General Meeting, Thornhill Community Centre. 8 p.m.

Yoga Classes, Richmond Hill United Church. Beginners — 7.15-8.30 p.m. Intermediates — 8.30 to 9.45 p.m. Info: 884-2671.

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Richvale Guides and Brownies registrations, Richvale Community Centre. 6.30 p.m.

Cub and Scout Group Committee meeting, Weldrick Room, Richvale Community Centre. 8 p.m.

Thornhill Community Hockey League registrations, 6.30 to 9 p.m. Info: 881-3313.

Richmond Hill United Church Women, Evening Unit, 8 p.m. Church Parlour. Travelogue by Mildred Hucks-Trip to Alaska. Info: 884-3443.

Thornhill Barbershoppers, Heintzman House 8 p.m. All men welcome. Info: 633-5209.

St. John Ambulance Training session for members, Richvale Community Centre. 8 p.m. Info: 884-4204.

Hillcrest All-Stars, Market Court, Hillcrest Mall. 5.30 to 8 p.m.

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Yoga Classes, Richmond Hill United Church. Beginners — 9 to 10.15 a.m. Intermediates — 10.15 to 11.30 a.m. Info: 884-2671.

Richmond Hill Area Block Parent Association meeting at York Regional Police Station, Major Mackenzie Drive. 7.30 p.m. All Block Parents welcome.

Richvale Writers Club, 8-11 p.m. 79 Denham Drive, 889-6703. All welcome.

Richmond Hill Lions meeting, 6.30 p.m. Lions Hall, Centre Street.

Air Cadets, 7 p.m. Legion Hall, Ohio Road. Male and female.

Weight Watchers, Concord Community Centre. 7.30 p.m. Info: 669-2173.

Thornhill Recycling Depot, Bayview and Green Lane. 7-8.30 p.m.

7

Senior Citizens Bowling League, ABC Lanes. 1.15 p.m. Info: 773-5433.

Pioneer Girls, 10-12 years old. Registrations, Hillcrest Mall, all day. Info: 889-6789.

Rotary T.V. Auction in honor of "Year of the Child". Money will go to York Centre for Children with learning disabilities. For donations, please call 884-1868 or 884-6274.

Richmond Hill Hockey registrations, Arena from 2-8 p.m. Skate and equipment resale centre open at same time. Info: 884-7353.

St. Mary's Anglican Church Annual Rummage Sale, 1-3 p.m. Wrixon Hall.

Round Up Day for all children in the community, At St. John Baptist Church, 75 Oxford Street, 2 to 5 p.m. For transportation or info call 884-8038.

Pioneer Girls 10-12 years old. Registrations all day at Hillcrest Mall. Info: 889-6789.

Euchre, Seniors Club room, 1.30 p.m. 10149 Yonge Street. All welcome.

Richmond Hill Recycling Depot, Elgin Mills Road East at Leslie Street. 10 a.m. to noon.

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Art in the Park, Mill Pond Park, Richmond Hill Group of Artists and guest artists. Noon to dusk.

Richmond Hill Hockey Registration, Richmond Hill Arena, 1-5 p.m. Skate and equipment resale. Info: 884-7353.

10

4-H Homemaking Club leadership workshop for needlepoint project. St. Andrew's Presbyterian Church, Newmarket. Info: 895-4519.

Craft evening, St. Paul's United Church, Oak Ridges. 7.30 p.m. Info: 773-5603.

Cantabile Chorale, 8 p.m. Thornhill Baptist Church. Info: 881-1105.

York Philharmonic Choir, 7.30 p.m. Richmond Hill Baptist Church. Info: 884-4032.

Duplicate Bridge, St. John's Anglican Church, 12125 Yonge Street. 884-1689.

Richmond Hill Lions Club, Bingo at Lions Hall, Centre Street. 7.40 p.m.

11

Curtain Club General Meeting, Curtain Club, Newkirk Road. 7.30 p.m.

Golden Era Club Euchre, Patricia Kemp Community Centre, Concord. 8 p.m. Info: 669-1851.

Yoga Classes, Richmond Hill United Church. Info: 884-2671.

Richmond Hill Hockey Registrations, Richmond Hill Arena 6.30 to 9 p.m. Skate and equipment resale. Info: 884-7353.

Mothers Break, Richmond Hill United Church. 9.30 to 11.15. Info: 884-4294.

Legal Aid Clinic, 7 to 10 p.m. Call 889-9148 for appointment.

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Cub and Scout Registrations, Weldrick Room, Richvale Community Centre. 7 to 9 p.m. Info: 889-1627.

George Sawa & Arabian Nights, Market Court, Hillcrest Mall. 5.30 to 8 p.m.

Thornhill Barbershoppers, Heintzman House. All men welcome. Info: 633-5209.

St. John Ambulance Brigade training session, Don Head School cafeteria, 8 to 10 p.m. Info: 884-4204.

Canadian Progress Club, York Central. 7 p.m. Call Dave Amos, 884-3888.

Euchre, Seniors Club room, 10149 Yonge Street. 1.30 p.m.

13

Thornhill Recycling Depot, Bayview and Green Lane. 7 to 8.30 p.m.

Richmond Hill Youth Concert Band rehearsal, 7.30 p.m. St. Joseph's School. Info: 884-8873.

Weight Watchers, Concord Community Centre. 7.30 p.m. Info: 669-2173.

Air Cadets, 7 p.m. Legion Hall, Ohio Road. Male and female.

Civic Improvement meeting, Town offices, Committee Room B. 8 p.m.

Yoga Classes, Richmond Hill United Church. Info: 884-2671.

14

Benefit Variety Night for Yellow Brick House (York Region's Hostel for women and children). 8 p.m. Aurora High School.

Thornhill Village Festival, Various activities, All Day.

Oak Ridges Minor Hockey Registration, Bond Lake Arena.

Benefit Variety Night for Yellow Brick House, 8 p.m. Aurora High School.

Thornhill Figure Skating Club registrations, Thornhill Community Centre. 9 a.m. to noon and 7 to 9 p.m. Info: 881-3313.

Euchre, 1.30 p.m. Seniors Club room, 10149 Yonge Street. All welcome.

Richmond Hill Recycling Depot, Elgin Mills Road East at Leslie Street. 10 a.m. to noon.

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