

Radio Shack plans muscular dystrophy \$100,000 campaign

Robin Munro, of Radio Shack's Richmond Heights Plaza location, and Reg Crawford, manager of the location at Hillcrest Mall, have released plans of a store-wide campaign to raise \$100,000 to help fight muscular dystrophy. The campaign will get underway next week and

run until August 18. During that time, every dollar raised by Radio Shack store sales of "New Formula" batteries will be turned over to the Muscular Dystrophy Association of Canada for its work with those afflicted with muscular dystrophy. Muscular dystrophy is

a permanently paralyzing, muscle-wasting disease which attacks male and female, young and old. Passed on by one or both parents, it can strike at any age. But by far the most common and one of the most tragic of the 35 types of muscular

dystrophy is "Duchenne". Duchenne, carried by the mother, affects only boys. First diagnosed at age two or three, this disease becomes progressively worse — boys afflicted have no hope of life beyond their teens. So far there is no cure

for Duchenne or for any of the other forms of muscular dystrophy. All the money raised during this two-week campaign at Radio Shack will be turned over to the Muscular Dystrophy Association of Canada during a nation-wide telethon on the Labor Day weekend.

Loblaws

more meat values

Tasty King Brand, vac pac corned beef brisket	lb.	was 2.48	1.98
frozen Ponderosa Steak House all beef steakettes fresh boneless	2 lb. pkg.	was 3.58	3.38
chicken breasts	lb.	was 3.38	2.98
Swifts Sizzlean	12 oz. pkg.	was 1.89	1.69
Claussen Brand dill pickles whole or halves	32 oz. jar	was 1.88	1.68
Buddig, 6 specified varieties, sliced smoked meats regular or thick	71 g pkg.	was .95	.79
Loblaws bologna	1 lb. pkg.	was 1.58	1.38
Ziggys frankfurters	1 lb. pkg.	was 1.78	1.58
Ziggys, 8 specified varieties cooked meat chubs	8 oz. each	was 1.49	1.09
Z & W Foods, store packaged Polish sausage	lb.	was 1.89	1.59
Loblaws, 3 specified varieties cooked meat chubs	lb.	was 1.98	1.68
Cliffside Brand meat pies	30 oz. pkg.	was 1.89	1.75
frozen Nickerson Brand cod fillets	20 oz. pkg.	was 2.99	2.39



Blossom choice reconstituted apple juice

48 fl. oz. tin

.59

save .36

was .95



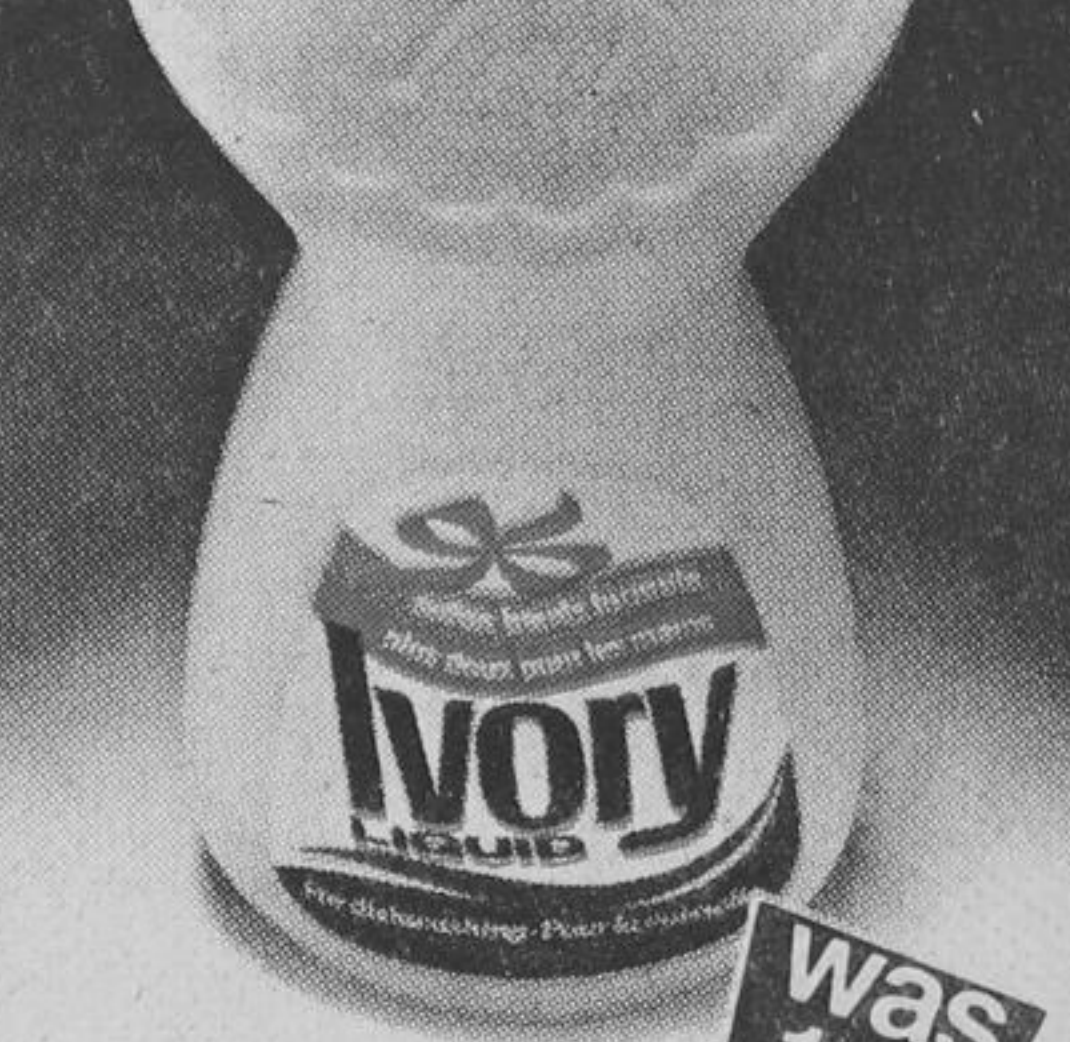
pure Crisco vegetable oil

750 mL btle.

1.19

save .64

was 1.83



Ivory liquid detergent

24 fl. oz. btle.

.89

save .52

was 1.41

Turkey on the Spit

1 (under 10 lbs.) pre-dressed young turkey, defrosted salt and pepper
 1/4 cup of clarified butter juice of 1/2 lemon
 1 teaspoon worcestershire sauce

Since the turkey will cook for several hours it is essential that there be a sufficient amount of coals. During the cooking, you may find it necessary to add charcoal so as to maintain a constant heat level.

Wash the defrosted turkey inside and outside under cold running water and dry it thoroughly with paper towels. If you wish, stuff the turkey with your favourite stuffing recipe. Secure the bird with skewers or sew closed with a trussing needle and kitchen string. Mix together the butter, the lemon juice and the worcestershire sauce and brush the turkey generously with the mixture. Season the turkey with salt and pepper. Insert the spit through the turkey lengthwise and secure the drumsticks and wings to the spit. Insert the meat thermometer in the inner thigh. Position the spit and place a small aluminum foil pan under the turkey to catch the drippings. Start the spit and roast the turkey for approximately 18 to 22 minutes per pound. The thermometer should read 185°F when cooking is complete. Brush the turkey with the basting mixture occasionally. When the turkey is cooked, transfer the bird to a service platter and let it stand 10 minutes before carving.

frozen, deep basted, young under 10 lbs. Canada grade A

Swift's predressed butterball

Swifts Lazy Maple sliced **bacon** side

save .50

1.28

1 lb. pkg.

Swifts Lazy Maple pork **sausage**

save .34

1.58

1 lb. pkg.

Swifts Premium **wieners**

save .40

1.28

1 lb. pkg.

Swifts dinner boneless, cooked smoked **hams** sugar plum

save .40

2.18


lb.

more grocery values

all varieties Clark stew	24 oz. tin	was 1.66	1.55
Libby's, in tomato sauce, with pork or vegetarian deep browned beans	14 fl. oz. tin	was .58	.55
McLarens sweet mixed pickles	24 fl. oz. jar	was 1.07	.99
McLarens bread 'n butter pickles	24 fl. oz. jar	was 1.05	.95
Purina Tender Vittles, all flavours cat food	340 g box	was .85	.77
Derby, beef, chicken or liver dog food	2 15 oz. tin	was .35 ea.	.63
Royale 2 ply, pink, white, or yellow bathroom tissue	4 roll pkg.	was 1.29	1.18
Royale 2 ply, printed white paper towels	2 roll pkg.	was 1.27	1.19
laundry soil and stain remover Shout	10 oz. aeo tin	was 1.51	1.36
Tide, laundry detergent	12 litre box	was 6.75	6.45
Canada Brand white vinegar	80 fl. oz. btle.	was 1.21	1.14
Kraft mayonnaise	500 mL jar	was 1.31	1.26

join Loblaws all out effort this summer to raise money & help whip muscular dystrophy for Jerry's kids in Canada.

4 ways you can help



1 buy a no-name product

to help Jerry's kids Loblaws will contribute 1¢ for every no-name product you buy between now and the Labour Day Muscular Dystrophy Telethon



2 help fill our cure penny cannisters

help Jerry's kids by helping fill the cash cannisters located at all Loblaws cash registers

