

This Centre offers help for troubled teens

Dr. James Allen, a teacher at Thornlea Secondary School since 1970, is the managing director of a new service called the Motivational Learning Centre.

The unique counselling service, which helps troubled and drifting teenagers, is a non-profit foundation located in the

Unitarian Church at 175 St. Clair West in Toronto.

A former teacher at St. Andrews College in Aurora, Dr. Allen is a specialist in motivational counselling and education.

He describes why such a counselling service is needed:

"There are thousands of bright but bored middle-class kids out there, who have rejected the goals urged on them by their parents and society, and have not yet found their own. We call them the marginals, the misfits, the meanderers. The statistics are staggering — 50 per cent

school drop-out rate, adolescent suicides up 35 per cent in seven years, 50 per cent of all unemployed are in this age group. Clearly, these kids need help coping, and so do their parents."

The centre is intended to be a bridge, says Mr. Allen, "midway between the existing school

guidance system and institutions offering crisis intervention and psychotherapeutic help."

Some of the thorny issues the Centre is prepared to tackle include: drug and alcohol abuse; obesity; sex hang-ups; poor self-image; social shyness,

rebelliousness; unemployment; and lack of a purpose and direction in life.

The Centre brings about changes in teenage clients by employing a four-step treatment method in individual and group counselling sessions. Potential users of the

counselling service are invited to arrange for a free assessment and orientation interview.

Candidates who are accepted for enrollment, are expected to commit themselves to a sequence of eight one-hour counselling sessions. The fee per session is \$35.

For an appointment, or additional information 9747. about the Centre, contact Dr. Allen's office at 921-9747.

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