

Safeway's Low Prices



Serving Suggestion

GROUND BEEF
Regular Quality

\$1.28
Lb.

SAVE Lb. 40¢ WAS Lb. \$1.68

Limit 2 Packages Per Family Purchase



TOWELS
Paper Facelle Royale White, and Yellow, 2 Ply, 2 Roll Package

89¢
ea.

SAVE 30¢ WAS \$1.19



COCA COLA
Regular Family Pack 6x750 ml Bottle

\$1.89
ea.

Plus \$1.50 Bottle Deposit

SAVE 76¢ WAS \$2.65



STRAWBERRIES
Ontario Canada No.1 Grade

68¢
Qt.

SAVE 51¢ WAS Qt. 1.19

LOIN ROASTS
Fresh Canadian Pork Boneless Rib and Tenderloin Portion

\$2.29
Lb.

WAS Lb. \$2.98

CHICKEN
Maple Lodge Fresh, Breast Quarters Wing On Or Legs Backs Attached

\$1.09
Lb.

WAS Lb. \$1.24

DOG FOOD
Ken-L-Ration Cheese Burger 1 kg Box

\$1.69
ea.

WAS \$1.87

COFFEE
Chase & Sanborne Regular Grind (454 gm) 1 lb. Bag

\$2.99
ea.

WAS \$3.49

CORN
Limit 2 Packages Per Family Purchase
Green Giant Frozen Fancy Niblets (907 gm) 32 oz. Package

89¢
ea.

WAS \$1.34

MARSHMALLOWS
Kraft Jet Puffed White Or Coloured (312 gm) 11 oz. Package

2 FOR \$1

WAS ea. 64¢

LETTUCE
U.S.A. or Ontario Grown Canada No. 1 Grade Head

49¢
ea.

GRAPES
Red Cardinal, Mexican Grown.

99¢
Lb.

INFLATION FIGHTING ideas

'Bag It'

Brown bagging isn't just for school kids any more. Office workers, blue collar workers, even business executives have caught on to the many advantages of packing their own lunches. Brown bag lunches provide greater flexibility in scheduling lunch hours; menus can be much more elective; and, of course, there is a sizeable economy value in bringing lunches from home instead of paying for restaurant meals.

Safeway has everything for the Brown Bagger: breads, spreads, luncheon meats, soups, cheese, as well as lunch bags, lunch boxes, thermos bottles. Get into the brown bagging routine and strike another blow in the fight against inflation!

... together, we can be INFLATION FIGHTERS!

Garden Cocktail \$1.35
E.D. Smith (796 ml) 48 fl. oz. Bottle WAS \$1.44 ea.

Cottage Rolls
Maple Leaf Sweet Pickled WAS Lb. \$1.68 Lb. **\$1.58**

Spareribs
Fresh Canadian Pork Side WAS Lb. \$1.88 Lb. **\$1.69**

Butt Steaks
Fresh Canadian Pork Shoulder WAS Lb. \$1.58 Lb. **\$1.39**

Smoked Picnics
Maple Leaf Ready To Serve WAS Lb. \$1.58 Lb. **\$1.39**

Wieners
Swifts Premium 1 lb. Package WAS \$1.68 ea. **\$1.48**

Cooked Ham
Fully Cooked Store Sliced WAS Lb. \$2.59 Lb. **\$1.99**

Side Bacon
Swifts Lazy Maple Sliced 1 lb. Package WAS \$1.78 ea. **\$1.39**

Ice Cream
Lucerne Assorted Flavours 2 ll Carton WAS \$1.89 ea. **\$1.59**

Safeway Cheese
Safeway Cheese Medium Chunk Cheddar, Or Kuminol Stick 12-14 oz. Avg. Wt. **10¢ OFF Pkg. Price**

Peanuts
Johnson's Blanched, Spanish or B.B.Q. 400 gm Cello Package ea. **99¢**

Spaghetti
Creamette Large, And Ready Cut Macaroni 907 gm Box WAS \$1.05 ea. **89¢**

Margarine
Fleishmann's Regular Or Unsalted (454 gm) 2x8 oz. Tub, ea. **\$1.19**

CHEESE WHIZ
Kraft Processed (35.3 oz.) 1 kg Jar

\$3.29
ea.

WAS \$3.69

RAGU SAUCE
Spaghetti Extra Thick & Zesty With Meat And Soya (796 ml) 28 fl. oz. Jar.

\$1.59
ea.

WAS \$1.69

WATERMELON
Fresh Cut

25¢
Lb.

WAS Lb. 29¢

PEACHES
U.S.A. Grown Canada No. 1 Grade

59¢
Lb.

WAS Lb. 89¢

Safeway Inflation Fighter Items Comparable In Price To Generic No-Name Products

Sour Cream Lucerne 500 ml Tub ea. 88¢	Cream Cheese Lucerne (227 gm) 8 oz. Package ea. 86¢	Cottage Cheese Lucerne 2%, Large Curd, Or Small Curd 500 gm Tub ea. 99¢	Yogurt Lucerne Plain 1 kg Tub ea. \$1.23
Green Peas Bel Air Fancy Frozen (907 gm) 2 lb. Bag ea. 88¢	Cream Corn Best Pac Standard (398 ml) 14 fl. oz. Can 3 99¢	Whole Potatoes Cudney Canada Choice (540 ml) 19 fl. oz. Can 3 99¢	York Stew Irish or Beef (880 gm) 24 oz. Can ea. \$1.19
Lemonade Picnic Frozen Concentrated White Or Pink 12.5 fl. oz. Can ea. 31¢	Orange Juice Kent Frozen Concentrated 6.5 fl. oz. Can 3 \$1	Gem Rice Long Grain 5 Lb. Bag (2.27 Kg) ea. \$1.69	Bathroom Tissue Push 1 Ply 8 Roll Package ea. \$1.41

Diapers
Baby Scott Regular Or Super 30's And 24's Package WAS \$2.69 ea. **\$1.99**

Toothpaste
Crest Regular Or Mint 100 ml Tube WAS \$1.19 ea. **99¢**

Mouth Wash
Listermint Bonus Pack 33 fl. oz. Bottle ea. **\$2.55**

Ladies' Clogs
Exercise Blue Or Beige Sizes 5 to 9 WAS \$6.99 pr. **\$5.99**

Torcan Fan
20" Box 3-Speed Or KDS 9" Oscillating ea. **\$27.88**

Motor Oil
Gulf 10W 30 1 l Can WAS 96¢ ea. **69¢**