

Church column

# Liberty - make sure it's not a selfish trip

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Words are interesting. Let's look at LIBERTY. What a free wheeling noun. Everybody and his or her cousin is looking and asking for liberty. But what is it?

Does it find its complete definition in existentialism? All right, you're

asking what that enormous word means. In short, someone is operating their lives by the moment at hand. Feelings, motives, pressures from outside, and a host of other factors can fashion the outcome of standards you are presently operating by.

The problem with existentialism is that you might be manipulating your

lifestyle completely different tomorrow. Why? Because you have no common denominator other than yourself. Someone has said, "a person wrapped up in himself is a very small package".

Liberty — oh yes, that sounds very patriotic. We Canucks don't have a Liberty bell loudly reminding us of very heroic past events. Do we

really have any rallying point to draw us to respect and loyalty?

Everyone wants to be free — there, I think we have finally hit the nail on the head. Free to live where and in what we want. Free to say and do what we want. Freedom to earn as much as possible and spend as much as possible. Freedom to exercise our "rights" to the limit

even though it causes economic and social upheaval.

Freedom, liberty, and rights is our cry!

We need a common denominator in our lives or we'll end up "throwing the baby out with the bath water." "So what," you say. "So yes," it has happened.

For example, in the Old

Testament days of the Bible. In Judges Chapter 21, verse 25, we read, "In those days Israel had no king; everyone did as he saw fit."


A law or standard was in existence, but nobody took the initiative to enforce it.

Whose liberty are you pursuing? Make sure you are not on a selfish trip!

# beef sale



cut from Canada  
**grade "A" beef** ~~was 3.08~~  
**beef rib bone-in steaks**  
**2.18** lb.  
Limit 6 rib steaks per family  
**save .90** lb.



sold only as packaged  
previously frozen ~~everyday low price~~  
**whole beef rib eyes**  
**2.99** lb. while supplies last  
**save** slice your own Delmonico Steaks



sold only as packaged  
previously frozen ~~everyday low price~~  
**whole beef tenderloin**  
**3.99** lb. while supplies last  
**save** slice your own Filet Mignon Steaks



**China Lily**  
PIECES & STEMS  
MUSHROOMS  
10 fl. oz. 284 ml  
~~was .85~~  
**.49** 10 fl. oz. tin  
**save .36**



Del Monte  
fancy **tomato juice**  
48 fl. oz. tin  
~~was .89~~  
**.59**  
**save .30**



**ALLEN'S**  
apple drink  
vitamin C added  
Allen's all flavours **fruit drinks**  
48 fl. oz. tin  
~~was .69~~  
**.49**  
**save .20**



**Granny's**  
butter tarts  
12's box  
~~was 1.49~~  
**1.09**  
**save .40**



2 ply **Royale**  
yellow or white **bathroom tissue**  
8 roll pkg.  
~~was 2.49~~  
**1.97**  
**save .52**




**Loblaws**  
potato chips patates  
plain, ripple, b-b-q or salt and vinegar  
225 g bag  
~~was .89~~  
**.69**  
**save .20**



**rose**  
sweet, hot dog or hamburger **relish**  
12 fl. oz. jar  
~~was .69~~  
**.49**  
**save .20**



Ontario grown no. 1 grade **onions**  
2 lb. bags for  
~~was .48~~  
**1.00**  
**save .92**



produce of U.S.A. no. 1 grade **cantaloupes**  
ea.  
~~was .88~~  
**.69**  
**save .19**

**more meat values**

Maple Leaf sliced **side bacon** 1 lb. pkg. ~~was 1.78~~ **1.38**  
sweet pickled, pork shoulder butt  
Maple Leaf **cottage rolls** vac pac ~~was 1.68~~ **1.38**  
whole or split for dressing  
previously frozen **pork tenderloin** lb. ~~was 3.68~~ **2.99**  
previously frozen **pork hocks** lb. ~~was .68~~ **.55**

Loblaws **pork sausage** 1 lb. pkg. ~~was 1.83~~ **1.48**  
new Swifts Premium **wieners** 1 lb. pkg. ~~was 1.68~~ **1.48**  
Maple Leaf smoked, 5 varieties **meat sticks** 10 oz. pkg. each ~~was 1.98~~ **1.68**  
5 specified varieties sliced **Loblaws cooked meat** 6 oz. pkg. each ~~was .82~~ **.69**  
Loblaws **salami or summer sausage chunks** lb. ~~was 2.28~~ **1.98**

regular or thick **Loblaws bologna** 1 lb. pkg. ~~was 1.58~~ **1.38**  
Ziggys sliced **cooked ham** lb. ~~was 1.49~~ **1.29**  
regular **Loblaws wieners** 1 lb. pkg. ~~was 1.68~~ **1.38**  
Nickerson Brand frozen **sole fillets** 20 oz. pkg. ~~was 3.99~~ **3.59**  
Nickerson brand frozen **haddock fillets** 20 oz. pkg. ~~was 3.35~~ **2.99**

**more grocery values**

regular **Pride of Arabia instant coffee** 10 oz. jar ~~was 5.79~~ **5.49**  
flaked **Clover Leaf white tuna** 6 1/2 oz. tin ~~was 1.51~~ **1.47**  
Del Monte - dessert bits, crushed or unsweetened sliced **pineapple** 14 fl. oz. tin ~~was .62~~ **.58**  
St. Lawrence **corn oil** 1.5 l. plas. btl. ~~was 3.59~~ **3.38**

plain, with onion or tenderizer **Heinz barbecue sauce** 16 fl. oz. btl. ~~was .86~~ **.77**  
Heinz prepared **mustard** 16 fl. oz. jar ~~was .57~~ **.57**  
Bick's sweet **mixed pickles** 32 fl. oz. jar ~~was 1.35~~ **1.09**  
choice **Aylmer fruit cocktail** 2 10 fl. oz. tins ~~was .53 ea.~~ **.99**  
concentrated **Fleecy fabric softener** 176 fl. oz. plas. jug ~~was 2.89~~ **2.59**

# try a summer no-

no-name choice 48 fl. oz. tin reconstituted **apple juice** value .75  
**free**

no-name 24 fl. oz. glass jar **relish** and 24 oz. glass jar prepared **mustard** combined value 1.31  
**free**

no-name 13 oz. box frozen **vanilla or chocolate cake** value .99  
**free**

no-name 1800 mL carton **assorted popsicle** 24's value 1.89  
**free**

no-name **paper plates** 9" white, 70's pkg. value 1.19  
**free**

no-name **iced tea mix** 24 oz. bag value 1.39  
**free**