

CLOSED VICTORIA DAY, MAY 21, 1979 AND OPEN REGULAR HOURS MAY 22

Safeway's Low Prices



Serving Suggestion

GROUND BEEF
Regular Quality

\$1.28
LB.

SAVE 40¢ LB. WAS \$1.68 LB.

MIRACLE WHIP
Kraft 1 Lt. Jar
Limit 2 Jars Per Family Purchase

\$1.19
EA.

SAVE 50¢ WAS \$1.69

CHARCOAL
Hi Country Briquettes or Grill Time
10 lb. Bag
Limit 2 Bags Per Family Purchase

99¢
EA.

SAVE 90¢ WAS \$1.89

TOMATOES
U.S.A. Grown Canada No. 1 Grade

49¢
LB.

SAVE LB 20¢ WAS LB. 69¢

STANDING RIB
Chef Style Roasts 1-5 Ribs Cut From Canada Grade "A" Beef

\$2.68
LB.

WAS LB. \$3.18

BUTTERBALL TURKEY
Or Young Butter Basted Canada Grade "A" Frozen From 6-16 lbs. Avg. Wt.

\$1.28
LB.

WAS LB. \$1.48

MAPLE LEAF HAM
Tendersweet Butt Or Shank Portion Vacuum Packed

\$1.58
LB.

WAS LB. \$1.78

KRAFT DINNERS
Macaroni & Cheese (225 gm.) 7.9 oz. Package.
Limit 10 Packages Per Family Purchase

5 FOR \$1

WAS ea. 33¢

COCA COLA
Regular 1.5 Lt. Bottle
Limit 2 Bottles Per Family Purchase

49¢
ea.

WAS 85¢ + Bottle Deposit

TIDE POWDER
Laundry Detergent (12 Lt.) 4.8 kg. Box

\$6.19
ea.

WAS \$6.59

HEAD LETTUCE
U.S.A. Grown, Canada No. 1 Grade

39¢
ea.

WAS 59¢

NEW WHITE POTATOES
California Grown, Canada No. 1 Grade New

19¢
LB.

WAS LB. 29¢

INFLATION FIGHTING ideas

'Substitute

4 and Save — Part I

Substituting lower priced, plentiful foods for out-of-season or high priced food items is a good Inflation Fighting Idea.

Take advantage of seasonal buys in produce. When such items as corn, onions, squash, tomatoes, potatoes, melons, peaches, plums and all the other favorites come to market in large quantities, the price naturally goes down. That's when Inflation Fighters make their move. By featuring these plentiful fruits and vegetables often in their family's menus throughout the year, they save substantially!

Next week's Inflation Fighting Idea: 'SUBSTITUTE AND SAVE — PART II'

together, we can be **INFLATION FIGHTERS!**

COTTAGE ROLLS
Maple Leaf, Sweet Pickles in C.O.V.

\$1.48
LB.

WAS LB. \$1.78

CHICKEN
Maple Lodge, Fresh Breast Quarters, Wing On And Legs, Backs Attached

98¢
LB.

WAS LB. \$1.28

WING RIB STEAKS
Standing Rib 1-5 Ribs Cut From Canada Grade "A" Beef

\$2.78
LB.

WAS LB. \$3.08

SIDE BACON
Devon Brand Sliced Vacuum Packed 1 lb. Package

\$1.29
ea.

WAS ea. \$1.68

WIENERS
Safeway Brand Regular Or Beef Vacuum Packed 1 lb. Package

\$1.29
ea.

WAS \$1.58

BOLOGNA
Safeway Brand Sliced 16 oz. Package

\$1.28
ea.

WAS \$1.58

CANNED MEAT
Tulip (350 gm) 12 oz. Can

99¢
ea.

CHEESE WHIZ
Kraft Processed (454 gm) 1 lb. Jar

\$1.85
ea.

WAS \$1.91

CHEESE SLICES
Kraft Processed Single Thins (454 gm) 16 oz. Package Limit 2 Packages Per Family Purchase

\$1.49
ea.

WAS \$1.73

PEANUT BUTTER
Kraft Crunchy And Smooth (13.2 oz) 375 gm Jar

99¢
ea.

WAS \$1.09

POTATO CHIPS
Humpty Dumpty, Assorted Varieties, (7.9 oz.) 225 gm. Bag

89¢
ea.

WAS 99¢

ICE CREAM
Snow Star, Assorted Flavours, 2 Lt. Carton

\$1.49
ea.

WAS \$1.69

GREEN ONIONS
Fresh Bunch or Radish, 6 oz., Cello Package

59¢
ea.

WAS 3 FOR 89¢

RED GRAPES
From Chile

.89¢
LB.

WAS LB. 99¢

Safeway Inflation Fighter Items Comparable In Price To Generic No-Name Products

Sliced Bologna Mary Miles Vacuum Packed Sliced 16 oz. Package \$1.18	Luncheon Meat Mary Miles Macaroni & Cheese Vacuum Packed 16 oz. Package \$1.18	Chicken Loaf Mary Miles Sliced Vacuum Packed 16 oz. Package \$1.18	Package Wieners Mary Miles Vacuum Packed 1 lb. Package \$1.18
Frozen Sausage Canadian Queen 1 lb. Package \$1.18	Side Bacon Canada Packers Brand By-The-Piece Any Cut \$1.18	Fish & Chips Sea Fresh 16 oz. Package 99¢	York Stews Irish And Beef (680 gm) 24 oz. Can \$1.19
Gem Rice Long Grain (227 gm) 5 lb. Bag \$1.69	Green Peas Bel Air Fancy Frozen (907 gm) 2 lb. Bag 88¢	Whole Potatoes Cudney Canada Choice (540 ml) 19 fl. oz. Can 3 for 99¢	Instant Coffee Airway (283 gm) 10 oz. Jar \$4.78
Bar B.Q. Weber Black Kettle Style 22 1/2" ... \$78.88	Lawn Chairs Nylon Web 6 x 8 Web Green, Orange and Brown ... \$8.88	Snack Tables Plastic White, Yellow And Orange ... \$3.89	Fire Starter Zip 15 oz. Package 79¢
Oil Lamp Pioneer \$6.99	Iced Tea Nestle's Nestea (680 gm) 24 oz. Jar ... \$2.19	Corn Oil St. Lawrence 1 lt Plastic Bottle ... \$2.19	Orange Juice Bel Air Frozen Concentrated (355 ml) 12.5 fl. oz. Can ... 79¢
Cake Mix Duncan Hines Deluxe 8 Layer Cake Assorted Varieties (524 gm) 18.5 oz. Package ... 97¢	Grapefruit Juice Old South Frozen Concentrated (355 ml) 12.5 fl. oz. Can ... 85¢	Bathroom Tissue Swan's Down 1 Ply White And Yellow 4 Roll package ... \$1.15	Frozen Peas Green Giant Bell In Bag (283 gm) 10 oz. Package ... 79¢
Yogurt Pies Mrs. Smith's Raspberry And Strawberry 17 oz. Package ... \$1.79	Broccoli Canada Fancy Bel Air Frozen Chopped 2 lb. Package ... \$1.39	Shortening Crisco All Vegetable (454 gm) 1 lb. Package ... 79¢	

COOKED HAM
Fully Cooked Store Sliced ...
\$1.99
LB.

WAS \$2.59

Marshmallows
Kraft Jet Puff White And Coloured (312 gm) 11 oz. Bag ...
2 for \$1

Party Ice
Lake Simcoe 7 lb. Bag ...
95¢

Bicks Relishes
Assorted Varieties 12 oz. Jar ...
69¢
WAS 73¢

10620 YONGE ST. RICHMOND HILL
7171 YONGE ST. THORN HILL

KRAFT CARAMELS
Mixed (297 gm) 14 oz. Bag ...
99¢

Bar B.Q. Sauces
Kraft Assorted Varieties (455 ml) 16 fl. oz. Bottle ...
89¢
WAS 93¢

Prices Effective May 16-22, 1979. Except Bakery And Fresh Fish Items Effective Until May 19, 1979. Sales In Retail Quantities Only.

SAFEMWAY

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