

Safeway's Low Prices




REGULAR QUALITY GROUND BEEF
"Delicious in Chili"

\$1.38
Lb.

SAVE Lb. 20¢
WAS Lb. \$1.58

Limit 10 Lbs. Per Family Purchase



ROMAINE LETTUCE
Fresh U.S.A. Grown

59¢
Ea.

SAVE 20¢
WAS 79¢



2% MILK
Partly skimmed 3 qt. pouch pack

98¢
Ea.

SAVE 52¢
WAS \$1.50

Limit 2 per Family Purchase



With this coupon and the purchase of one package of 2.5 kg. (5.5 lb.) All Purpose **FIVE ROSES WHITE FLOUR**

80¢ OFF
One 2.5 kg. bag-Five Roses flour

Limit One Coupon Per Family Purchase. Coupon Expires Closing Tuesday, March 13, 1979. Cash Value 1/20th of One Cent.

Safeway . . . the place to buy meat . . . **great selection . . . great eating**

PORK SHOULDERS **98¢** **CAULIFLOWER** ^{WAS 99¢} **ea. 79¢**
Whole Picnic Fresh Canadian Pork WAS Lb. \$1.48 Lb. U.S.A. Grown, Canada No. 1 Grade

BUTT ROASTS ^{WAS Lb. \$1.68} **1.19** **APPLES** ^{WAS 1.48} **ea. 1.19**
Pork Shoulder Fresh Canadian Pork Lb. McIntosh Ontario Grown, Fancy Grade Controlled Atmosphere 3 Lb. Bag

Ice Cream
Lucerne Deluxe Assorted Varieties 2 Litre Paper Tub

SAVE 60¢
WAS \$2.59

\$1.99
ea. **Stock Up!**

Alymer Corn
Cream Style Canada Choice (398 ml) 14 fl. oz. Can

SAVE 44¢
WAS 48¢

3 FOR \$1

Heinz Beans
in Tomato Sauce (398 ml) 14 fl. oz. tin.

SAVE 68¢
WAS 56¢

3 FOR \$1
Limit 6 per family purchase

Heinz Ketchup
Tomato (909 ml) 32 fl. oz. Bottle

SAVE 26¢
WAS \$1.25

99¢
ea. **Limit 2 Per Family Purchase**

SEAFOODS

ARCTIC CHAR **\$1.49**
Dressed Frozen Lb.

DOVER SOLE **\$1.69**
Pacific Frozen Lb.


LAKE TROUT **\$1.19**
Dressed Frozen Lb.

HADDOCK **\$1.79**
in Batter Highliner Frozen 14 oz. Package ea.

FISH STICKS **\$1.99**
Highliner Frozen 14 oz. Package ea.

LEMON SOLE **\$1.29**
Pacific Frozen Lb.

WHOLE MACKEREL **39¢**
Frozen Lb.



EGGPLANT ^{WAS EA. 69¢} **59¢**
U.S. Grown ea.

POTATOES ^{WAS 98¢} **78¢**
Ontario Grown, Canada No. 1 Grade 10 Lb. Bag ea.

TOMATOES ^{WAS LB. 69¢} **59¢**
U.S.A. Grown, Canada No. 1 Grade Lb.

YUCCA PLANT ^{WAS \$5.99} **\$4.99**
6" Pot ea.

GREEN PEPPERS ^{MEXICAN WAS LB. 99¢} **69¢**
Sweet U.S.A. Grown, Canada No. 1 Grade Lb.

POTTED TULIPS **\$2.99**
6" Pot - 5 Blooms WAS \$3.49 ea.

COOKIES ^{WAS \$2.25} **\$1.99**
Christies Fudge-O's (24.7 oz.) 700 g. Bag ea.

ARROWROOT ^{WAS \$1.29} **\$1.19**
Christies Biscuits (12.3 oz.) 35 g. Box ea.

GREEN PEAS ^{WAS 43¢} **3 FOR \$1**
Alymer Canada Choice (398 ml) 14 fl. oz. can

SNACKIN CAKES ^{WAS \$1.09} **95¢**
Betty Crocker Assorted Varieties (397 g) 14 oz. Package ea.

RICE-A-RONI ^{WAS 61¢} **57¢**
Fried Rice Assorted Varieties 6.75 oz - 8 oz. Package ea.

SPAGHETTI SAUCE ^{WAS 79¢} **69¢**
Chef Boyar-Dee. Assorted Varieties 412 ml. (14.5 oz.) Bottle ea.

Prices Effective March 7-13, 1979. Except Bakery and Fresh Fish Products Effective Until March 10, 1979. Sales In Retail Quantities Only.

10620 YONGE ST. RICHMOND HILL **7171 YONGE ST. THORNHILL**

SAFEWAY

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