

# Hill Guides place second in first aid competition

Part of the Girl Guide program includes learning first aid, and to put the theory to more practical use, the Guides held competitions to test their abilities. This year the Central Area Competition was held in Oshawa on Saturday, February 3, and attended by a local team

of Girl Guides from the Richmond Hill area. The 9th Richmond Hill Company sent Tina Williams, Amanda Peach, Jennifer Reed, Michelle Young and Sarah Finney to represent them. Unfortunately they got off to a bad start early Saturday morning when

Girl Captain Christine McBain asked who had brought the first aid kit. Horrified faces appeared when they realized it had been left behind at their meeting place. Luckily they were still in town when the discovery was made but it took an extra hour to finally locate someone

with a key to let them in to retrieve the box. Apologies were made and they hurried off to Oshawa Guide House to arrive only 20 minutes late for the competition. The make up on the casualties was running, they were told, so they rushed in with only

enough time to remove their coats and start working on their first victim. The St. John Ambulance people in Oshawa put on a terrific competition for the Guides. Their make up team provided very realistic explosion victims suf-

fering burns, shock, facial bleeding and other injuries. The girls were faced with some pretty gruesome casualties but they bore up well, in fact better than some of the adult spectators. Each team had to deal

with two first aid situations within an allotted time and were judged by St. John Ambulance testers on their knowledge, speed and competence. When the marks came in, the Richmond Hill team had placed second in the Junior division,

only nine points short of the first place team from Newcastle. The girls were thrilled and have already decided to enter the Intermediate competition next year. The experience gained from this event will last the girls a lifetime and they will be promoting it

throughout the year to other Girl Guides in the area. **SI-OP Liberal ADVERTISERS**

# stock-up sale

<p><b>pork</b></p> <p>save <b>.24 lb.</b></p>  <p>fresh family pack includes 9 chops - 6 centre cut, 2 rib portions and 1 tenderloin portion</p> <p>was <b>1.92</b></p> <p>loin pork chops <b>1.68</b> lb.</p> <p>fresh boneless, centre cut pork loin chops <b>2.68</b> lb. (was 3.18)</p> <p>whole or split for dressing previously frozen pork tenderloin <b>3.38</b> lb. (was 3.68)</p>	<p><b>chickens</b></p> <p>save <b>.20 lb.</b></p>  <p>fresh predressed Canada grade 'A' roasting chickens <b>1.08</b> lb. (was 1.28)</p> <p>over 5 lb. size</p> <p>fresh chicken drumsticks or chicken thighs <b>1.59</b> lb. (was 1.68)</p> <p>fresh boneless chicken breasts <b>2.98</b> lb. (was 3.28)</p>	<p><b>vegetables</b></p> <p>save <b>.30</b></p>  <p>Ontario grown no. 1 grade, top quality potatoes <b>.58</b> 10 lb. bag (was .88)</p> <p>fresh &amp; tender from Mexico eggplant <b>2.00</b> ea. (was .69)</p> <p>firm &amp; green produce of U.S.A. brussels sprouts <b>.58</b> lb. (was .99)</p>	<p><b>salads</b></p> <p>save <b>.31</b></p>  <p>no. 1 grade California grown crisp celery stalks <b>.68</b> each (was .99)</p> <p>crisp &amp; flavourful produce of U.S.A. green onions <b>1.00</b> 4 bunches (was 3.99)</p> <p>firm &amp; tender produce of U.S.A. radishes <b>1.00</b> 2 1 lb. bags (was .59 ea.)</p>	<p><b>fruit</b></p> <p>save <b>.40</b></p>  <p>from Florida sweet and juicy red or white grapefruit <b>1.19</b> 5 lb. bag (was 1.59)</p> <p>easy to peel from Florida temple oranges <b>.99</b> dozen (was 1.39)</p> <p>Ontario grown or U.S.A. grown fancy grade ida red apples <b>.99</b> 3 lb. bag (was 1.38)</p>
<p><b>paper</b></p> <p>save <b>.28</b></p>  <p>Babies Only Please all colours bathroom tissue 2 ply <b>.99</b> 4 roll pkg. (was 1.27)</p> <p>all colours White Swan facial tissue <b>.67</b> 2 ply 200's box (was .76)</p> <p>Wet Ones moist towelettes <b>1.59</b> 70's pkg. (was 1.75)</p> <p>no-name white, 180 sheets paper towels <b>.85</b> 2 roll pkg. everyday low price</p>	<p><b>baby needs</b></p> <p>save <b>1.00</b></p>  <p>Johnson's baby powder <b>.99</b> 1/2 price 14 oz. plastic bottle (was 1.99)</p> <p>strained - all meatless varieties Heinz infant foods &amp; juices <b>.89</b> 4 1/2 fl. oz. jars (was .27 ea.)</p> <p>Pampers overnight diapers <b>1.65</b> 12's box (was 1.85)</p> <p>no-name baby shampoo <b>1.04</b> 650 ml plas. btl. everyday low price</p>	<p><b>dairy</b></p> <p>save <b>.34</b></p>  <p>Schneider's medium wedges cheddar cheese <b>1.39</b> 12 oz. pkg. (was 1.73)</p> <p>1/4 lb. squares Imperial margarine <b>2.19</b> 3 lb. box (was 2.44)</p> <p>all flavours Weston family Sealtest yogurt <b>.39</b> 175 g cup (was .47)</p> <p>no-name sour cream <b>.88</b> 500 g tub everyday low price</p>	<p><b>bakery</b></p> <p>save <b>.20</b></p>  <p>Weston's english muffins <b>.69</b> 8's pkg. (was .89)</p> <p>granola or chocolate sugar daddy <b>1.09</b> 14 oz. tin tie bag (was 3.35)</p> <p>Dad's biscuits <b>.69</b> 10 oz. pkg. (was .75)</p> <p>no-name chocolate or vanilla frozen cake <b>.93</b> 13 oz. pkg. everyday low price</p>	<p><b>honey &amp; jam</b></p> <p>save <b>.47</b></p>  <p>no. 1 Billy Bee liquid honey <b>.89</b> 16 oz. jar (was 1.36)</p> <p>smooth Squirrel peanut butter <b>2.99</b> 3 lb. jar (was 3.35)</p> <p>all varieties Robertson's marmalade <b>.89</b> 12 fl. oz. jar (was 1.05)</p> <p>no-name with pectin raspberry or strawberry jam <b>.99</b> 24 fl. oz. jar everyday low price</p>

**triple value offer**  
**save & fly** travel vouchers  
 Act now. Your unused Save & Fly travel vouchers are worth triple value up to 50% of your CP Air fare if you fly before March 18, 1979.

**save & fly** travel vouchers  
**triple value offer**  
 Have this coupon validated by your Loblaw's store manager. Present this coupon with \$5.00 travel vouchers to any CP Air ticket office or your local travel agent and they will allow you three times the value for every travel voucher up to 50% toward the CP Air flight of your choice (except Hawaii, Mexico and Friday, Saturday, or Sunday to California). You must travel and return by March 18, 1979 or the triple value special offer will not be valid.  
 Loblaw's Store Manager

If you have collected \$100 in Loblaw's cash tapes, dated from March 15, 1978 to Dec. 31, 1978, print your name, address and phone number on a tape saver envelope (available in all Loblaw's stores), sign it, then for only 1¢ and your envelope of \$100 in tapes you can purchase one \$5.00 'save & fly' voucher at any Loblaw's store. These travel vouchers can be applied to the purchase of air transportation at individual fares anywhere on CP Air scheduled services. The total value may not exceed 50% of the applicable transportation.  
**clip coupon for triple value offer**

Prices effective to Tues. Feb. 20 except bakery effective to Sat. Feb. 17, 1979. Stores reserve the right to limit quantities. Richmond Hill only

**Loblaw's**  
 low prices plus...  
 a whole lot more