

Prices Effective December 7th - December 13th, 1977.  
 Except Bakery, Fish and Produce items Effective Till  
 December 10th, 1977. Sales in Retail Quantities Only.

# Pre Christmas

**Splendor**  
**Macaroni**  
 or **Spaghetti**  
 2 lb. Package

**2 FOR \$1**

**Five Roses**  
**White**  
**Flour**  
 All Purpose 5 lb. Package

**\$1.00**

Stock up for Xmas

**Libby's**  
**Green**  
**Peas**  
 Fancy 14 fl. oz. Tin

**3 FOR \$1**

**Libby's**  
**Kidney Beans**  
 Red 14 fl. oz. Tin

**3 FOR \$1**

**Kitchen Craft**  
**Trash Bags**  
 Home 12 per Package

**2 FOR \$1**

**Sara Lee**  
**Cakes**  
 Layer Frozen Assorted Varieties 13-13.5 oz.

**\$1.00** ea.

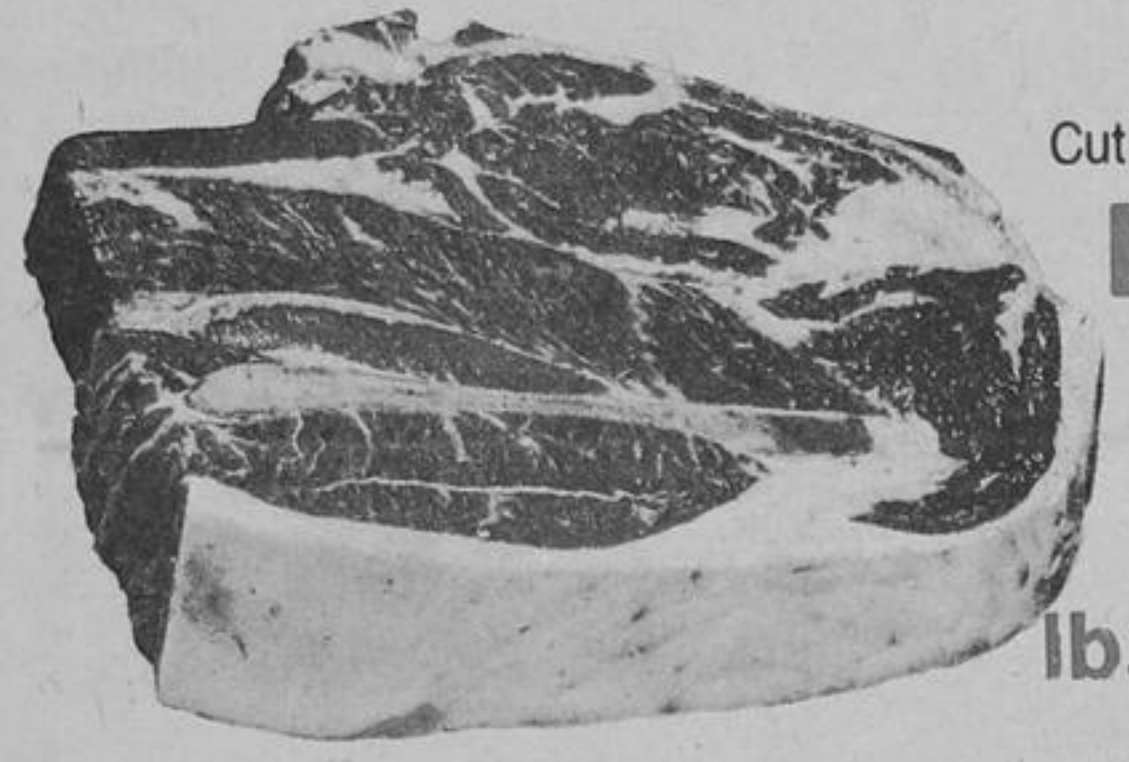
- Pepsodent** Toothpaste Regular 100 ml Tube ..... **99c** ea.
- Brylcreem** Hair Cream King Size 128 ml Tube ..... **\$1.29** ea.
- Shampoo** Faberge Wheat Germ & Honey 450 ml Btl. .... **\$1.79** ea.
- Conditioner** Faberge Wheat Germ & Honey Conditioner 450 ml Btl. .... **\$1.79** ea.
- Right Guard** Unscented and Scented Double Protection 255 gm Aer. Tin ..... **\$1.69** ea.

- Panty Hose** Safeway Stimulegs Assorted Colours & Sizes ..... **\$2.59** pair
- Weetabix Cereal** 14 oz. pkg. .... **85c** ea.
- Sour Cream** Lipton's 10 oz. Tub. .... **39c** ea.
- Cheddar** Safeway Medium Cheese 16 oz. Avg. Wt. .... **20c** OFF PACKAGE PRICE
- Margarine** Monarch Soft Tub 1 Lb. Tub ..... **89c** ea.



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## BLADE ROAST



Chuck Blade Bone-In  
 Cut From Canada Grade "A" Beef

**78c** lb.

## CROSS RIB



Roasts Chuck Cut From  
 Canada Grade "A" Beef

**\$1.18** lb.



- Blade Roast** Chuck Boneless Cut From Canada Grade "A" Beef ..... **\$1.08** lb.
- Side Bacon** Sliced Canada Packers Devon Brand 1 lb. Pkg. .... **\$1.29** ea.
- Cross Rib** Roasts Chuck Boneless Cut From Canada Grade "A" Beef lb. .... **\$1.28**
- Back Bacon** Pasmaleed by the pcc. Centre Cut lb. .... **\$1.89**
- Ground Beef** Lean Quality lb. .... **\$1.19**
- Wieners** Schneider's V.P. Red Hots, Dutch Treat and All Beef 1 lb. Pkg. .... **89c** ea.
- Mini Deli** Schneider's V.P. 8 oz. Pkg. .... **99c** ea.
- Corned Beef** Schneider's V.P. 3 - 2 oz. Pkgs. .... **\$1.09** ea.
- Mini Sizzlers** Schneider's frozen Regular, Maple or Beef — 1 lb. Pkg. .... **\$1.29** ea.

- Blade Steaks** Chuck Cut from Canada Grade A Beef ..... **88c** lb.
- Cooked Ham** Schneider's V.P. Sliced 6 oz. pkg. .... **\$1.29** ea.
- Meat Spreads** Schneider's 8 oz. .... **57c** ea.
- Cottage Rolls** C.O.V. Maple Leaf lb. .... **\$1.28**
- Breakfast Sausage** Maple Leaf 1 lb. Pkg. .... **\$1.09** ea.
- Wieners** Cocktail Shopsy's V.P. 8 oz. Pkg. .... **69c** ea.
- Potato Salad** Shopsy's or Cole Slaw 24 oz. Tub. .... **89c** ea.
- Sausage** Shopsy's Frozen All Beef 1 lb. Pkg. .... **\$1.09** ea.
- Fish and Chips** Fraser Vale Cod Frozen 24 oz. Pkg. .... **\$1.59** ea.
- Flip & Fry** Rupert Brand Frozen Sole 16 oz. Pkg. .... **\$2.49** ea.
- Cod Fillets** Frozen lb. .... **\$1.39**
- Ocean Perch** Frozen lb. .... **\$1.29**
- Sole Fillets** Frozen lb. .... **\$1.99**
- Haddock Fillets** Frozen lb. .... **\$1.78**
- Cooked Shrimp** Frozen Brilliant 6 oz. Pkg. .... **\$1.39** ea.

**Valid Only With Coupon Below**

**Genuine Japanese Mandarins**  
 Oranges  
 Average 8 lb. Case

**Save 60c**

**\$4.89** With Coupon Below

**Valid Only With Coupon Below**

**Pennyworth Bath Tissue**  
 Assorted Colours 2 Roll Package

**Save 30c**

**\$3.99c** With Coupon Below

**SAVE 60c**

**Mandarins \$4.89** ea.

Genuine Japanese Oranges Avg. 8 lb. Box. Limit One Coupon With a \$10 Purchase and Over With This Coupon Only. Effective Till Closing Tuesday, December 13th, 1977. Cash Value 1/20th of One Cent. One Coupon Per Family. (Valid Only at Safeway)

**SAVE 30c**

**Bath Tissue \$3.99c** ea.

Assorted Colours Pennyworth 2 Roll Package Limit One Coupon With a \$10 Purchase and Over With This Coupon Only. Effective Till Closing Tuesday, December 13th, 1977. Cash Value 1/20th of One Cent. One Coupon Per Family. (Valid Only at Safeway)