

SAVE, SAVE, SAVE ON FOOD COSTS

COMPARE OUR EVERYDAY NO FRILLS DISCOUNT PRICES

Jubilee or Eversweet bacon 1 lb. .99	Royal Island Par Boiled Rice 10 lb. pkg. 2.99	Club House P.P. Manzanilla Olives 5oz. btl. .39
Hi-C Citrus Cooler Juice 48 oz. tin .29	Vachon Chocolate or Jelly Rolls 255 g .49	Five Roses All Purpose Flour 20 lb. (+2 lb. Free) bag 3.25

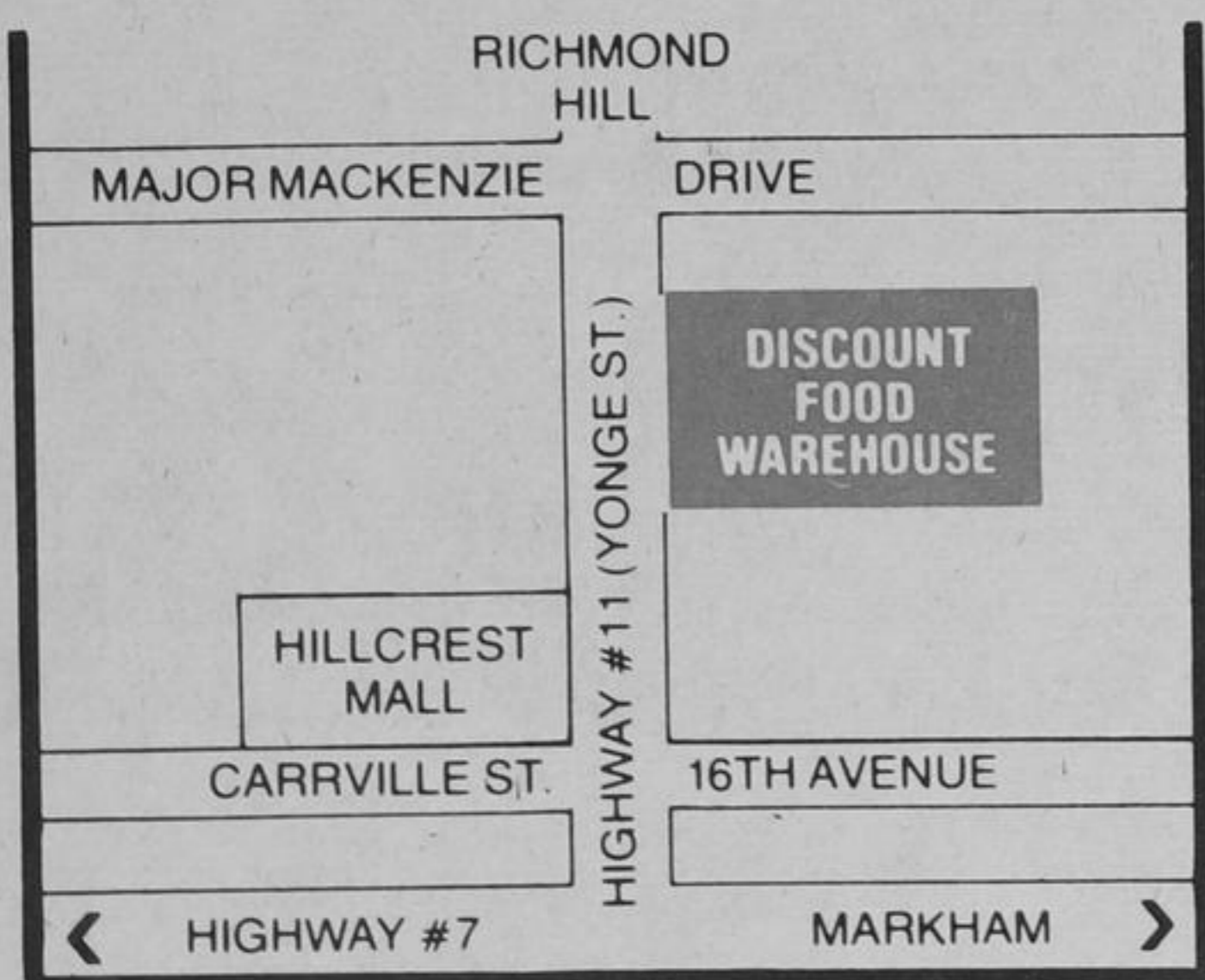
Compare the prices on the groceries you have at home with these everyday low prices from Discount Food Warehouse.

Then think what you can save on your week's food shopping with us. Prices effective while quantities last.

HOW CAN WE SELL FOR LESS? NO FRILLS . . . AND YOU DO THE WORK.

- You mark the prices on your purchases.
- Bring your own bags, and parcel your own groceries.
- No cheques or credit cards.
- Shorter store hours.
- Labour saving displays — we just open the cases.
- Limited variety of any one item.
- Simple, inexpensive shelving.
- No sales gimmicks.
- We buy in volume and sell in volume.
- Cleanliness and merchandise are our only decoration.

COMPARE — THEN COME AND SAVE.



	EVERYDAY LOW PRICE	COMPARE
FROZEN FOODS		
Freezer Queen, Entrees	2/1.00	
Booth, Ocean Perch Fillets 1 lb. pkg.	1.19	
Calf Liver, frozen package each	1.25	
Schneider's, frozen, whole, cut up Chicken, 2 lb. box	2.99	
York Vegetables, 6 varieties 2 lb. bag	.89	
OTHER EVERYDAY LOW PRICES		
Maple Leaf Ham 1 1/2 lb. tin	2.99	
Bovril Corn Beef 12 oz. tin	.99	
Clover Leaf Sockeye Salmon 7 3/4 oz. tin	1.29	
Catelli Mac & Cheese Dinner 7 1/4 oz. pkg.	5/99	
York, Beef or Irish Stew 15 oz. tin	.59	
Campbell's Chunky Soups 19 oz. tin	.71	
Aylmer Tomato Soup 10 oz. tin	.20	
Aylmer Vegetable Soup 10 oz. tin	.20	
Pampers, Daytime 30's	2.69	
Maple Leaf or Black Diamond Cheese Slices 1 lb.	1.65	
Maple Leaf or Black Diamond Cheese Slices 1/2 lb.	.85	
Lancia pasta, 3 varieties 1 lb. box	.19	
Dainty Quick Cooking Rice 24 oz. pkg.	.99	
Primo, Bravo, Gattussi Oil 128 oz. tin	3.79	
Tenderflake Lard 1 lb. pkg.	.69	
Chefmaster Margarine, soft tub 1 lb.	.45	
Five Roses Flour 5 lb. bag	.89	
Beaver Nuts: 4 varieties, 16 oz. bags each	.89	
Beaver Mixed Nuts 13 oz. tin	1.39	
McLarens Sweet Mixed Pickles 32 oz. jar	.99	
Society Dog Food, 14 3/4 oz. tin	4/99	
Ken-L Ration Dry Dog Food 22 lb. bag	3.99	
TEA, COFFEE, BEVERAGES, JUICES		
Nestle Quick 1 lb. pkg.	1.33	
Hershey Hot Chocolate 1 lb. pkg.	.99	
Red Rose Tea, bags 60's pkg.	1.89	
Sanka Instant Coffee 8 oz. jar	5.99	
Maxwell House Coffee 1 lb. tin	3.99	
Orange Crush, Wilson's Ginger Ale 24 tins	3.49	
7-Up, Pepsi, Wilson's 750 ml btl.	.29	
E.D. Smith Garden Cocktail 48 oz. jar	.99	
Aylmer Tomato Juice 48 oz. tin	.59	
Heinz Tomato Juice 48 oz. tin	.69	
Jolly Miller Orange Crystals 3 x 3 3/4 oz. pkgs.	4/1.99	
PUDDINGS, CAKE MIXES		
Monarch Cake Mixes, pouch pac 9.8 oz. pkg.	6/1.99	
Duncan Hines Cake Mixes 18.5 oz. pkg.	.77	
Ambrosia Pudding: Chocolate, Rice or Tapioca 15 oz. tin	.43	
Dainty Instant Rice, 6 varieties, 12 oz. pkg.	2/89	
CANNED PRODUCTS		
York Peaches, choice 14 oz.	.59	
Aylmer Pineapple 14 oz.	5/1.99	
Rio Mandarin Oranges 10 oz.	3/1.00	
Aylmer Corn, choice 14 oz.	.29	
Aylmer Tomatoes 28 oz.	.55	
Aylmer Boston Brown Beans 19 oz.	.39	
York Kernel Corn 12 oz.	6/1.99	

	EVERYDAY LOW PRICE	COMPARE
York Pork and Beans 19 oz.	.43	
Van Camp Pork and Beans 14 oz.	.41	
Van Camp Pork and Beans 19 oz.	2/1.00	
Rio Mushrooms 10 oz.	.67	
SPREADS, JAMS, ETC.		
Schwartz Peanut Butter 1 lb. jar	.67	
Schwartz Peanut Butter 3 lb. jar	1.99	
York Peanut Butter 2 lb. jar	1.79	
Kraft Orange Marmalade 24 oz. jar	1.33	
Billy Bee Honey 2 lb.	1.69	
Vachon Jams 24 oz. jar, 3 varieties	.99	
CEREALS		
Quaker Ready to Serve Oatmeal (3 varieties) 11 oz. pkg.	.63	
Kellogg's Special K 7.05 oz.	.65	
Kellogg's Corn Flakes 15.9 oz.	.72	
HEALTH AND BEAUTY		
New Freedom Maxi Napkins 12's	.99	
Tampax 40's	2.09	
Colgate Toothpaste 2-50 ml tubes	.59	
HOUSEHOLD SUPPLIES, CLEANING, LAUNDRY ETC.		
3 Star Fabric Softener 128 oz.	1.09	
3 Star Bleach 128 oz.	.99	
Javex 64 oz.	.71	
Bold 5 lb. pkg.	2.49	
Comet Cleanser 14 oz.	.37	
Sunlight, Liquid Soap 24 oz.	.69	
Lux, Liquid Soap 32 oz.	1.14	
Ivory, Liquid Soap 24 oz.	1.05	
Sifto Water Softener, Regular 20 kg	1.69	
Light Bulbs, 40, 60, 100 watt	.19	
PICKLES, SAUCES, ETC.		
McLarens, or Paxo Stuffing 8 oz. pkg.	.59	
Ragu Spaghetti Sauce 14 oz. jar	.59	
Primo Spaghetti Sauce 28 oz. tin	.69	
La-Vita Tomato Paste 5 1/2 oz. tin	5/1.00	
Aylmer Catsup 11 oz.	.35	
Heinz Ketchup 20 oz.	.83	
CAKE, COOKIES, CRACKERS, BISCUITS, SNACKS		
Grissol Bread Sticks, 3 varieties 4 oz. pkg.	.45	
Fruit Cake 1 lb.	1.20	
Fruit Cake 4 lb.	4.00	
Maple Leaf Potato Chips 8.8 oz. pkg.	.59	
Christie's Oreo Cookies 15.9 oz. bag	1.13	
David Empress Cookies 14.1 oz. bag	1.69	
Dad's, 6 varieties 16 oz. bag	1.09	
Christie's Premium Crackers 1 lb.	.77	
Christie's Ritz Crackers 8 oz.	.61	
PAPER PRODUCTS		
Kleenex 200's	.58	
Delsey 4 roll pkg.	.99	
Plush Toilet Tissue 4 roll pkg.	.59	
MISCELLANEOUS		
Esso Drive and Save Motor Oil, 10W30 Quart	.75	
Esso Fire Logs each	.89	

GUARANTEE:

We guarantee you'll be fully satisfied with our prices and foods. If not, we'll refund your money. Cheerfully and instantly. When you're satisfied, we know you'll be back.

REMEMBER OUR HOURS:

Mon. — Closed
 Tues. — 10:00 am — 6:00 pm
 Wed. — 10:00 am — 6:00 pm
 Thurs. — 10:00 am — 9:00 pm
 Fri. — 10:00 am — 9:00 pm
 Sat. — 8:00 am — 6:00 pm

DISCOUNT FOOD WAREHOUSE