

Letters 'Community' important

It's not too old fashioned to say that the vitality of a community is reflected in the activities of its service clubs, churches, citizen groups, recreational and cultural organizations.

Richmond Hill is blessed with many individuals who contribute greatly through such associations.

Located as we are, on the periphery of a major Metropolitan area, it is important indeed that "community" in the broadest sense of the word is nurtured and encouraged.

For that reason the Town's Civic Improvement Committee was asked "To plan, arrange, publicize coordinate a week of displays, meetings, entertainments and other events that would create

increased awareness by residents of the attributes of the Town and its people".

The results of their endeavours are now unfolding as "Discovery Days."

The "Days" are ones during which we should all attempt to begin anew and discover ourselves and our neighbours.

The benefits to each of us will contribute to the community of all of us.

To those who have laboured on behalf of the Civic Improvement Committee and on behalf of the many organizations taking part in this unique event we owe a continuing debt of gratitude.

We residents will feast on your labours knowing well that as we do we grow.
H. DAVID SCHILLER Mayor.



900 attend

Maple Lions sixth annual "Septemberfest" attracted 900 people to the Maple Arena Saturday night, an increase of 150 over last year. From left, are past president Walter Kunst; Septemberfest chairman Rick Soderberg; Weston Leos' president Sandy Ross and president Michael Granger.

Committee continues study meeting

The Richmond Hill Study Committee will meet tonight to continue its study of school accommodation in Richmond Hill. The meeting will take place in the Area 3 office of Beverley Acres Public School, 283 Neal Drive, and will begin at 7.30 p.m.

BIG BROTHERS would like you to ring their chimes. Call 727-1251.

THE 1st RICHMOND HILL BROWNIE PACK Yearly Rummage and Bake Sale.

Saturday Oct. 1, 1977 at the Presbyterian Church 10058 Yonge St., time 9:30 a.m. to 1 p.m. Donations may be left at the Church Hall Thursday and Friday. For any pick ups please phone 884-4255.



yesterdays
by mary dawson

Some superstitions remain alive today

Our pioneer forefathers were very superstitious and some of their beliefs are still held by some people today.

Perhaps you will find your favorite superstition among the following:

It is bad luck if a black cat crosses your path. Of course many people have found that they have had bad luck in trying to avoid the path the black cat chose — a trip and a fall could result in extensive bruising at the least and often in broken bones.

White horses brought good luck in several superstitions. If you passed one when out driving, you stood in the cutter or buggy, crossed your fingers and chanted, "White horse, white horse, bring me good luck. Today or tomorrow I'll pick something up." A simpler version was that if you saw a white horse before breakfast you would have a good day.

The most appealing white horse superstition was that when one was sighted a quick kiss of the person nearest you ensured good luck!

New shoes were never placed on a table because bad luck and disappointment were sure to follow.

Soap was not cut with a steel knife but with a twisted string to prevent a dose of unfavorable luck.

It was believed to be bad luck to give a brooch as a present unless the recipient gave the donor a pin of any kind in return.

Similarly a gift purse should always contain a new penny or two to ward off bad luck from both giver and receiver.

It was considered bad luck to return borrowed salt, and if salt was spilt, the ensuing misfortune could be prevented, it was believed, by tossing a pinch of salt over the left shoulder. I wonder what would have happened if some of that thrown salt had hit someone in the eye.

To take the last piece of food from a plate or tray

was also said to bring bad luck. Not only that, it was claimed this gluttony would ensure the taker would remain a spinster or bachelor for all time.

If you see the new moon over your left shoulder, make a wish and it will come true, was another belief. The first star of the evening was also a good luck charm when one recited "Star light, star bright, first star I've seen tonight. I wish I may, I wish I might, have the wish I wish tonight."

Never, never walk beneath a ladder is another old superstition with a great deal of truth in it, as the walker might be hit on the head by an article dropped by the worker on the ladder.

More superstitions next week.

Our trip abroad really worth it

I was pleased to see in a recent edition of The Liberal, an article entitled "Near London, England; Richmond Hill Students Back from Course".

I was one of those fortunate enough to attend that course and I would like to take this opportunity on behalf of myself and the other 11 students to thank Mrs. Esther Beaupre, our teacher, counsellor, and more importantly, friend during those five weeks.

Mrs. Beaupre was able to overcome the many obstacles she encountered in organizing such a trip.

There were a number of schools in the county from which we had no expression of interest, and although an article was written and submitted to The Liberal in May by Mrs. Beaupre, it was never published.

It was not until June that many students of Richmond Hill High School were aware of our venture, and many I have spoken with since our return had never heard of such an opportunity.

Fortunately, in spite of lack of interest from those from whom we might have expected, we found a tremendous booster and promoter in the federal member of parliament, the Hon. Barnett Danson who contributed immeasurably to the success of our trip both before and during our stay in England.

I would highly recommend this course to students in high school considering going.

It would be impossible to begin to tell of the value of this trip.

So I trust that next summer's session in England will receive support and publicity

from such local enterprises and The Liberal.

LINDA KENNY, 235 Montell Road, Richmond Hill

Open house

We would sincerely appreciate any form of advance publicity on an Open House planned by the Ontario Humane Society for Sunday, September 25, from 2 to 5 p.m., in Thornhill.

Here's our story: Last year, the OHS began an appeal to the public to raise \$250,000 for a new headquarters building.

Simply renting office space downtown (696 Yonge Street) was unacceptable, and on January 1, we moved into our present home, at 8064 Yonge Street, Thornhill.

(We purchased two acres of land on which stands the Rectory of Rev. E.H. Dewar, 1860.)

Our appeal for funds continues; we are half-way toward our objective.

On Sunday, the public is invited to visit the OHS headquarters during an open house and garden party.

A display of wildlife photography will be on hand.

Signs will indicate the location of nearby parking.

We truly appreciate the Liberal's co-operation in publicizing our open house and garden party.

T.I. HUGHES Ontario Humane Society

Horse Show was success

On behalf of Coca Cola Canada Ltd., the Canadian Jumping Derby, and the Junior International Horse Shows; I would like to express our appreciation of your advance and post coverage of these im-

portant equestrian events.

Due to your efforts, and excellent weather conditions, our show this year was an unqualified success.

H.B.J. LE MAITRE, Administrative Committee

Reaching skyward

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ANNOUNCEMENT

THE WEIGHT CONTROL INSTITUTE announces the following class openings.

DAY	TIME	LOCATION	CONSULTANT
Wednesday, Sept. 21	7:30 p.m.	King City Community Centre Doctor's Lounge	Cathy Patrick
Thursday, Sept. 22	7:30 p.m.	Kettleby York Pines Church	Cathy Patrick
Tuesday, Sept. 27	7:30 p.m.	Stouffville United Church North Wing off Duchess St.	Clara Jones
Wednesday, Sept. 28	7:30 p.m.	Aurora Community Centre Aurora Heights Drive	Brenda Wood
Wednesday, Sept. 28	7:30 p.m.	Bradford Knights of Columbus Hall Fredrick St.	Clara Jones
Thursday, Oct. 6	7:30 p.m.	Kaswick United Church Church St.	Clara Jones

THE WEIGHT CONTROL INSTITUTE

believes that:

- One meal plan cannot work for all people and the requirements of individuals are as varied as the individuals themselves.
- Weight problems are the result of a caloric intake in excess of the individual's basic maintenance level and that there are no magical or mystical solutions.
- Weight problems are not necessarily the result of weak character but could be the result of an inherited body type (ectomorphic, endomorphic or mesomorphic) or the lack of knowledge and information about weight control and you should not feel guilty.
- Interesting and varied diets have been developed to suit the life styles of individuals and include such things as brownies, ice cream and beer. You do not have to change your life style or go hungry to lose weight!
- Weight control is a predictable science and not an art, and as a result all individuals have the ability to learn how to control their own weight and do not have to cut corners to be successful.
- People must be treated with respect and information and positive reinforcement to achieve their targets.

YOU ARE INVITED TO ATTEND ANY OF THE WEEKLY MEETINGS WITH NO OBLIGATION TO HEAR ABOUT THE WEIGHT CONTROL INSTITUTE'S FIVE PART PROGRAM ON WEIGHT CONTROL.

ASK THE CONSULTANT HOW IS THE WEIGHT CONTROL INSTITUTE DIFFERENT. NO CONTRACTS - NO REGISTRATION FEE - NO MISSED MEETING CHARGES - ONLY 15 MEETING.

Qualified Weight Control Instructors may apply to Mrs. Clara Jones, Sr Consultant, Central District, 1-416-473-3116.

FOR FURTHER INFORMATION CONTACT: CLARA JONES (416) 473-3116 CATHY PATRICK (416) 939-7380

The Weight Control Institute