

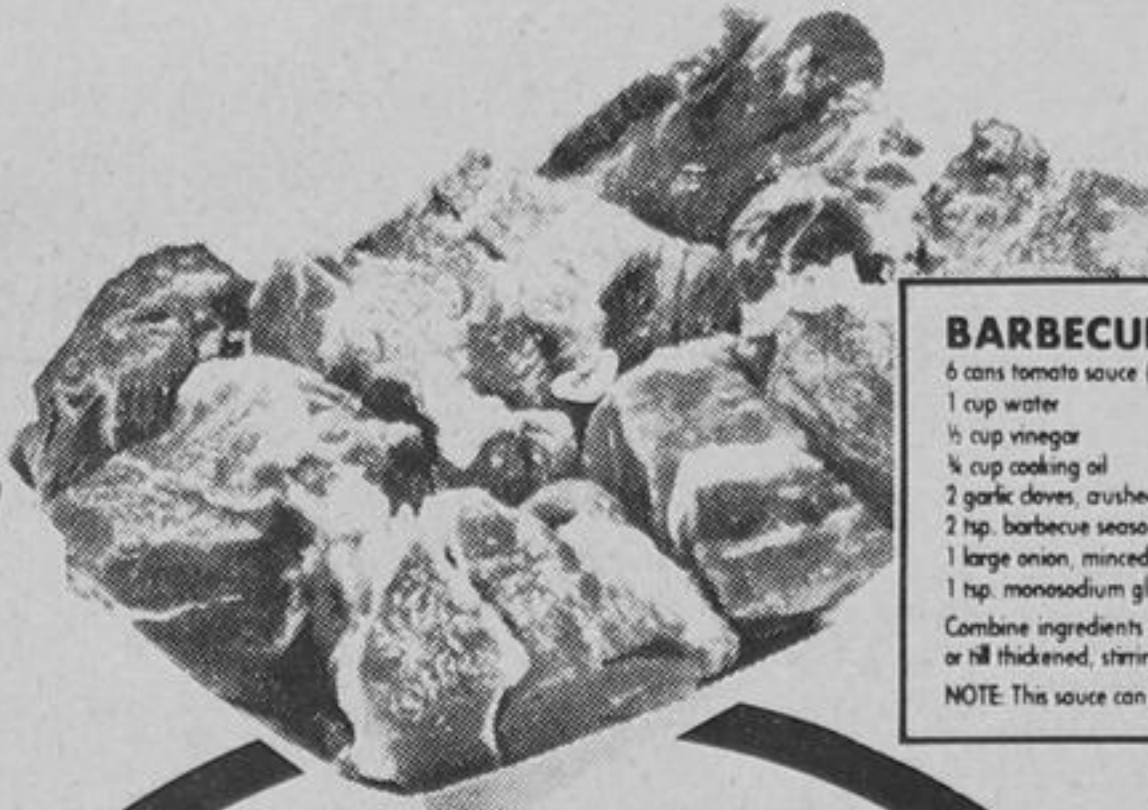
Why Are Safeway Meats



Safeway



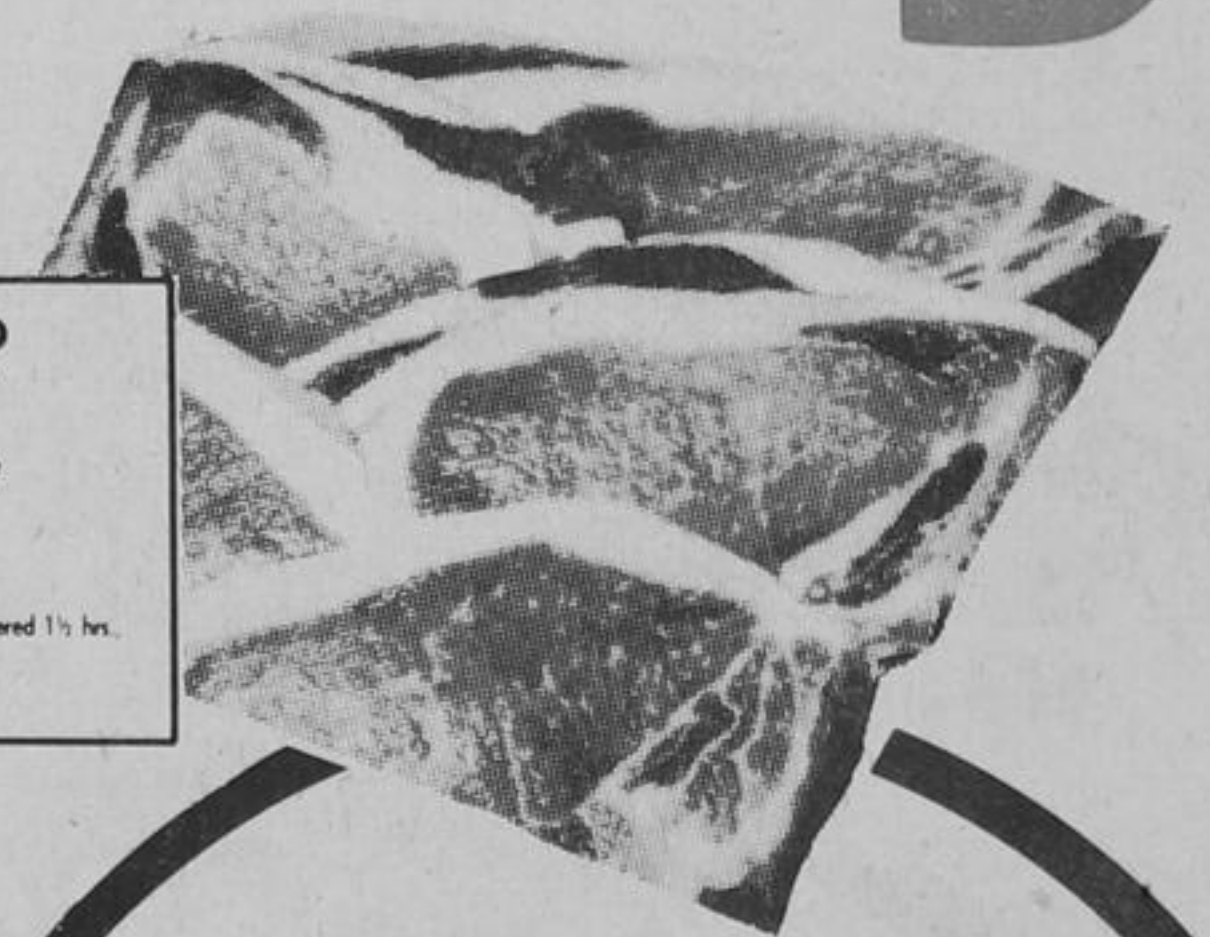
SAFEWAY



BONELESS STEW BEEF
Boneless And Cubed

SAFEWAY SPECIAL

88¢
Lb.



FRESH PORK CHOPS
Family Pack, Fresh Not Frozen

SAFEWAY SPECIAL

\$1.28
Lb.

BARBECUE SAUCE RANCHERO
6 cans tomato sauce (8-oz. size) 1 tsp. crushed red pepper
1 cup water 2 bay leaves
1/2 cup vinegar 1/2 tsp. dry mustard
1/4 cup cooking oil 2 tsp. Worcestershire sauce
2 garlic cloves, crushed 1/2 tsp. mustard seed
2 tsp. barbecue seasoning 3 tbsp. sugar
1 large onion, minced very fine 1/2 cup chili sauce
1 tsp. monosodium glutamate 1 tsp. salt
Combine ingredients and mix well. Bring to boil, simmer uncovered 1 1/2 hrs. or till thickened, stirring occasionally. Makes 4 1/2 cups.
NOTE: This sauce can be used on beef, lamb, pork and poultry.

Is This The Steak You Bought Last Week?

The Safeway Challenge!

Shop Safeway Where You Buy Steak Like This!

ALWAYS CHECK TRIM AS WELL AS PRICE

Many markets that claim to trim their meats do only a token job. To give you full value, Safeway trims steak like this.

TOUGH TAIL AND EXCESS FAT TRIMMED OFF

EXCESS FAT REMOVED

- CHECK THE TRIM
- CHECK THE QUALITY
- CHECK THE PRICE

EXPERT MEAT CUTTING AND TRIMMING

Our method of trimming meat gives you more good eating meat on the table for your money, because excess fat and bone are cut off before the meat is weighed. In preparing meats for sale, we also make sure that each cut will be just right for its cooking method. The meat on every Safeway steak, for example, is all steak meat. The less tender end portion has been trimmed off to be sold at a lower price per pound. Similarly, a Safeway roast is roast meat.

SAFEWAY REGULAR PRICE

T-Bone Steak Cut From Canada Grade 'A' Beef	Lb.	1.98
Wing Steaks Cut From Canada Grade 'A' Beef	Lb.	1.98
Porterhouse Steak Cut From Canada Grade 'A' Beef	Lb.	1.98
Chuck Blade Roast Blade Bone Out Cut From Canada Grade 'A' Beef	Lb.	78¢

SAFEWAY REGULAR PRICE

Cross Rib Roast Chuck Cut From Canada Grade 'A' Beef	Lb.	1.08
Braising Ribs Cut From Canada Grade 'A' Beef	Lb.	88¢
Boneless Sirloin Steaks Cut From Canada Grade 'A' Beef	Lb.	1.98
Loin Steaks Cut From Canada Grade 'A' Beef	Lb.	1.98

SAFEWAY REGULAR PRICE

Boneless Rump Roasts Cut From Canada Grade 'A' Beef	Lb.	1.66
Boneless Round Steak Full Slice Cut From Canada Grade 'A' Beef	Lb.	1.56
Cube Steaks or Boneless Sandwich	Lb.	2.16
Rib Eye Steak Cut From Canada Grade 'A' Beef	Lb.	3.08

Kleenex FACIAL TISSUE
Assorted Colours,
2 Ply — 200 per Package

49¢
ea.

Blue Bonnet SOFT MARGARINE
2x8 oz. Tub

59¢
ea.

Heinz TOMATO SOUP
(284 ml) 10 oz. Tin
Condensed

8 FOR \$1

Whip Topping Party Pride Frozen (907 g) 32 oz. Tub	Coffee Whitener Lucern Frozen 32 oz. Carton	Roasted Peanuts Johnsons Dry (340 g) 12 oz. Package	Mini Ravioli or other Chef Boy Ar Dee Assorted Varieties (425 g) 15 oz. Tin	Green Beans or Taste Tails Cut Wax Beans Choice Grade (598 ml) 14 oz. Tin
89¢ ea.	65¢ ea.	1.09 ea.	49¢ ea.	4 FOR \$1

Shreddies Puddings

Nabisco 675 gm Package..... **79¢** ea.

Del Monte Assorted Flavours (567 g) 4 x 5 oz. Tin..... **99¢** ea.

- SCARBOROUGH — Huntingwood & Brimley Road
- RICHMOND HILL — Yonge Street & Trayborn
- BRAMPTON — Highway 10 and Steeles
- MISSISSAUGA — Highway 10 and King Street
- ETOBICOKE — Rathburn & The East Mall
- THORNHILL — Yonge & Doncaster
- WESTON — Finch and Weston Road
- WILLOWDALE — Leslie North of Finch
- WILLOWDALE — Victoria Park & Van Horne
- EAST YORK — Dawes Road and Gower
- TORONTO — Mount Pleasant and Soudan
- TORONTO — Runnymede and Dundas

Toothpaste Macleans Mint 50 ml Tube	ea.	79¢
Deodorant Arrid XX Dry Aerosol (255 g) 9 oz. Aerosol Tin	ea.	1.79
Shower to Shower Johnson & Johnson (227 g) 8 oz. Plastic Bottle	ea.	1.89
Bromo Seltzer (150 g) Family Size Bottle	ea.	1.55
Baby Shampoo Johnson 350 ml. Bottle	ea.	1.99

Q Tip Swabs Cotton 400 per Package	ea.	1.99
Sanitary Napkins Confidets 12 per Package	ea.	89¢
Crackers Busy Baker Salted or Unsalted (454 g) 16 oz. Package	ea.	69¢
Fresh Wipes Scotts Baby Wipes Pkg. 40	ea.	1.59
Cheese Slices Lucerne Process Cheese Regular (453 g) 16 oz. Package	ea.	1.69

SAFEWAY

CANADA SAFEWAY LIMITED

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Safeway Meats.. CHECK AND